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History & Current Affairs
Hitler’s Harlots

Tony Booth

The true story of how the SS used sex as a weapon against their own leaders.

All over the world, the word ‘whore’ is widely thought to be the most degrading name for prostitution. Not so in Germany, where it means ‘one who desires’ – and after the horrors of World War One, many forms for desire were readily available.

Like all totalitarian regimes, as the Nazi Government grew in power, its leaders became paranoid about internal division and dissent. And so, in an ironic reversal of the party’s strict principles of moral and sexual rectitude, a plan was developed to take over a famous, high-class brothel, known to be frequented by the party elite.

The brothel was Salon Kitty, the prostitutes carefully selected to elicit – during pillow talk – any murmurs of disloyalty. These girls’ weapons were their bodies, and they were just as deadly.

Rigorously researched, with some first-hand interview material, Hitler’s Harlots is thrilling, fascinating, shocking and touching, and an indispensable addition to the canon of non-fiction about Nazi Germany.

Imprint: HQ
Editor: Charlotte Mursell
Publication: 28 Nov 2019
Format: Hardback
Extent: 384pp

Genre: History, narrative non-fiction
Themes: Sicherheitsdienst, SS, WWII, Nazi Party, espionage

The author: Tony Booth has written three meticulously researched non-fiction books, Thetis Down, Admiralty Salvage in Peace & War, and Cox’s Navy. After completing a post-grad course at Sheffield College he worked for several years as a freelance journalist.
Untitled

David Cameron

The much-awaited autobiography by one of the world’s leaders - set to create headlines and provoke debate across the world.

Imprint: William Collins
Editor: Arabella Pike
Publication: 2019
Format: Hardback
Extent: 324pp

Genre: Memoir
Themes: British politics, Conservative Party, Brexit, Syria conflict…

For: Readers of high-profile political memoirs such as Mikhail Gorbachev's, John Major’s, Margaret Thatcher’s, Peter Mandelson’s.

Of note: HarperCollins will publish simultaneously in the US.

The author: David Cameron was UK Prime Minister for six years during some of the most momentous times in recent history. At a time when British, European and international politics is undergoing seismic change, David Cameron will draw on his experiences as leader of the world’s 5th largest economy to explore some of the reasons for this.

David Cameron's autobiography, as yet untitled, will offer a frank and personal account of his time in power in Number 10 Downing Street, as leader of the first Coalition Government in the UK since 1945, the first Conservative Leader to be elected to a majority administration since John Major and the youngest Prime Minister since 1812.

The book will draw on over 50 hours worth of audio tapes recorded with *Times* columnist Daniel Finkelstein during Cameron's time in power. It will be an historic account of his time in government and how he managed the challenge of being Prime Minister while raising a young family at Number 10. He will address all the key issues and decisions he made as Prime Minister, including critical reforms to the economy, welfare and education, the bombing of Libya, and the Parliamentary vote on Syria. The book will cover in depth the Scottish and European referendum campaigns, as well as his work in modernising and turning around the fortunes of the Conservative Party.
Pliny’s Oyster

The Boy Who Survived Vesuvius

Daisy Dunn

An in-depth biography of one of the best-documented figures of the first century AD, Pliny the Younger, lawyer, author, senator, collector of villas and writer of letters, by one of the most promising young historians in the UK, Daisy Dunn.

One of the best documented figures of the first century AD, Pliny the Younger was a lawyer, senator, collector of villas, writer of letters and he counted among his friends and acquaintances the Emperor Trajan, the famous historian Tacitus, and the poet Martial. His uncle was Pliny the Elder, whose monumental 37-book encyclopaedia of *Natural History* is still studied by scientists and artists today. This biography of the Younger Pliny brings to life the world as he knew it, from the catastrophic eruption of Vesuvius near Pompeii, which he survived, through the dark days of terror in Rome under Emperor Domitian, to the gentler times of the ‘good’ Emperor Trajan.

Selected praise for Daisy’s previous book, *Catullus’ Bedspread*:

‘A triumph of modern classical scholarship made accessible through lucid writing.’ *Independent*

‘Superlative translation…beautifully written… a superb portrait of this most human of poets who leaps to life… before our 21st-century eyes.’ *Sunday Times*

‘Aficionados of lively, finely crafted biography are well-served…Weaving well-researched social history with a compelling account of political machinations in Rome...’ *Guardian*

“…a moving introduction to the greatest love poet of all time.” Robert Harris, *New York Times* bestselling author of *Fatherland, Imperium and Dictator*

‘Marvelous…a remarkable telling of the life of Catullus through the poet’s own words...’ *Kirkus Review*

‘Dunn’s work is sure to entice intrigued readers to her worthy subject… Dunn’s exploration provides fascinating nuggets of knowledge, social history, and poetry.’ *Publishers Weekly*

‘Dunn’s undoubted strength is as a sure-footed and elegant literary critic.’ *Spectator*

“A bold undertaking...Dunn has skillfully fashioned a full and persuasive biography from meagre records... Any reader of Catullus will want to have this book.” Allan Massie, *Literary Review*

“The task of piecing together a biography from verse alone is one that Daisy Dunn performs with admirable creativity and diligence.” *Times*

“Daisy Dunn’s brilliant new biography of the Roman master will shine beams of light on his darkly passionate poetry.” Professor Paul Cartledge, University of Cambridge

Imprint: William Collins
Editor: Arabella Pike
Publication: 13 Jun 2019
Format: Hardback
Extent: 324pp

Genre: Literary biography

Themes: Classic history, Greco-Roman history

For: Readers of Mary Beard, Edith Hall, Barbara Graziosi, Helen Morales

Of note: Daisy was named by the *Guardian* as a leading female historian in 2016.

The author: Dr Daisy Dunn is an author, classicist, and cultural critic. She read Classics at the University of Oxford, before completing a Master’s in the History of Art at the Courtauld, where she was awarded a scholarship for her work on Titian, Venice and Renaissance Europe. She is the recipient of the AHRC doctoral award, the Gay Clifford Award for Outstanding Women Scholars, and an Italian Cultural Society scholarship. She contributes to a number of newspapers and magazines, and works as an historical consultant.
Science
In the fields, men and women are getting the harvest in. Sunlight, or rain. Scudding clouds and backbreaking labour. Three hundred feet underground, young Charles Hutton is at the coalface. Cramped, dust-choked, wielding a five-pound pick by candlelight. Eighteen years old, he's been down the pits on and off for more than a decade, and now it looks like a life sentence. No unusual story, although Charles is a clever lad – gifted at maths and languages – and for a time he hoped for a different life. Many hoped.

Charles Hutton, astonishingly, would actually live the life he dreamed of. Twenty years later you’d have found him in Slaughter's coffee house in London, eating a few oysters with the President of the Royal Society.

By the time he died, in 1823, he was a fellow of scientific academies in four countries, while the Lord Chancellor of England counted himself fortunate to have known him. Hard work, talent, and no small share of luck would take Charles Hutton out of the pit to international fame, wealth, admiration and happiness. The pit boy turned professor would become one of the most revered British scientists of his day. This book is his incredible story.
Zequals

Maths on the Back of an Envelope

Rob Eastaway

Rob Eastaway’s latest maths book, teaching you mental arithmetic, brimming with tips and tricks, anecdotes and interactive quizzes.

Armed with nothing more than a pencil and the back of an envelope, and with the help of a simple estimation technique called Zequals, Rob Eastaway takes an entertaining look at how to figure without a calculator. From spotting bad deals and misleading statistics in the news, to estimating how much a round of drinks is going to cost you before you offer to buy one, this book is packed with charming everyday anecdotes, quirky historical stories and interactive quizzes, and is a welcome reminder that sometimes our brain is the best device we have for dealing with numbers.

Imprint: NonFiction
Editor: Holly Blood
Publication: 17 Oct 2019
Format: Hardback
Extent: 160pp

Genre: Brain training
Themes: Maths, arithmetic

The author: Rob Eastaway is a consultant, writer and speaker. He specialises in popular maths, creative problem-solving, innovation and memory. He does talks for adults, teenagers and children ranging from keynote lectures to workshops. He also speaks on national and local radio. He has appeared numerous times on Radio 4’s Today, You and Yours, Open Book and Broadcasting House. He is probably best known for appearances on More or Less, presented by Tim Harford. He has been writing books for over twenty years and his titles include cricket book What is a Googly?, popular maths titles Why do Buses Come in Threes?: The Hidden Mathematics of Everyday Life; How Long is a Piece of String?: More Hidden Maths of Everyday Life; Mindbenders: Where Maths Meets Creativity amongst many others.

www.robeastaway.com
The Ultimate Mathematical Challenge

Over 365 Puzzles to Test Your Wits and Excite Your Mind

The UK Mathematics Trust

The perfect way to liven up your day, The Ultimate Mathematical Challenge has over 365 puzzles to test your wits and excite your mind.

‘Be warned: cracking puzzles releases a very addictive drug.’ Marcus du Sautoy

Do you consider yourself a puzzle pundit or leading logician? Well, look no further!

The perfect way to liven up your day, The Ultimate Mathematical Challenge has over 365 puzzles to test your wits and excite your mind. From easy problems to intermediate brainteasers, stretching puzzles to pressure builders, this book is the ideal forum to get your brain into gear and feed it with the challenges it craves.

Specially curated from the UK Mathematics Trust’s puzzle programme, most of these problems can be cracked using no more than a little numerical knowledge, logical thinking and native wit. Including interludes of cross-number conundrums and shuttle challenges, space for your working out, and a handy glossary for those obscure mathematical terms, this book has everything you need to solve captivating problems all year round.

Gather your friends and family, put your thinking cap on and see if you have what it takes to conquer the ultimate mathematical challenge!

Praise:

‘In this book you can immerse yourself in the joys of […] the amazing buzz you get when you’ve struggled to crack a challenging puzzle and then suddenly you see a clever way to unlock the enigma.’ Marcus du Sautoy
The Planets

Professor Brian Cox and Andrew Cohen

We're living through an extraordinary time of exploration. A fleet of space probes are continually beaming data from their sensors back to Earth. Hidden in this stream of code are startling new discoveries about the worlds we share with the Sun. We will piece together these remarkable and often surprising findings to tell the greatest science story of them all – the life and times of the Solar System.

What emerges is a dramatic tale chronicling the adventures of eight planetary siblings. Born from violence, they grow up together, in time becoming living and breathing worlds, only to fade away one by one as they age. Along the way each world takes on its own unique character which we will come to know as we cross the vastness of space and time to visit them. We'll place our cameras on the surfaces of these worlds at moments of heightened drama. We'll give the audience ringside seats for the most memorable moments in the evolution of our star system.

Each chapter will focus on the story of a single planet and even our star itself. Along the way we will meet all eight of the major planets, plus a supporting cast of moons, asteroids and comets – even a mysterious as yet unseen world than many believe to exist way out beyond the Kuiper belt.
Moongazing

Beginner’s Guide to Exploring the Moon

Royal Observatory Greenwich and Tom Kerss

Written and illustrated by moon experts and officially approved by the Royal Observatory Greenwich, this is an in-depth guide with detailed moon maps.

Imprint: Collins Reference
Editor: Jethro Lennox
Publication: 1 Nov 2018
Format: Paperback
Extent: 96pp

Genre: Practical science
Themes: Astronomy, the Moon and the Solar System

For: Enthusiastic moon watchers, from beginners to seasoned astronomers

The authors: The Royal Observatory, Greenwich is the home of Greenwich Mean Time and the Prime Meridian of the World, making it the official starting point for each new day and year.

Tom Kerss is Lead Astronomy Education Officer at the Royal Observatory in Greenwich and lead expert on the Moon.

Moongazing covers the history of lunar exploration, the properties of the Moon, its origin and orbit. It provides ideal guidance for all keen moon observers covering essential equipment, and the special events to look out for.

The book comes with a full photographic atlas of lunar features, with plates and annotated maps, and contains detailed advice on astrophotography and how to capture the moon in sketches and without a telescope. A full glossary of key terms, index of lunar features and software reference are also provided.
Natural History
The Wolf Within

The Astonishing Evolution of the Wolf into Man’s Best Friend

Professor Bryan Sykes

By bestselling geneticist Bryan Sykes, this is the fascinating genetic history of the co-evolution of man and wolf to each other’s mutual benefit.

The genetic history of the dog is a sensational example of the co-evolution of two species, man and wolf, to each other’s mutual benefit. But how did this ancient partnership begin? To answer this question, Professor Bryan Sykes identifies tantalising clues in the recently mapped genetic makeup of both species.

Sykes paints a vivid picture of the dog as an ancient and essential ally. While undoubtedly it was the mastery of fire, language and agriculture that propelled Homo sapiens from a scarce, medium-sized primate to the position we enjoy today, Sykes crucially credits a fourth element for this success: the transformation of the wolf into the multi-purpose helpmate that is the dog. Drawing upon archaeology, history and genetics, Sykes shows how humans evolved to become the dominant species on Earth, but only with the help of our canine companions.

Praise for Prof Bryan Sykes:

‘A terrific book, written with humour and humanity’ Sunday Times

‘An engrossing, bubbly read, a boy’s own adventure in scientific storytelling that fairly bounces along … a thumping good read’ Observer

‘Sykes’s wonderfully clear book should be compulsory reading for politicians … an eye-opening guide to the new branch of science that is changing the human race’s view of itself’ Literary Review

Imprint: William Collins
Editor: Myles Archibald
Publication: 1 Nov 2018
Format: Hardback
Extent: 304pp

Genre: Science
Themes: Genetics, evolution, dogs, mankind
For: Readers of John Bradshaw’s In Defence of Dogs and Matt Ridley’s Genome

Of note: Professor Bryan Sykes is the best-selling author of The Seven Daughters of Eve, Adam’s Curse, Blood of the Isles and DNA USA: A Genetic Portrait of America.

The author: Professor Bryan Sykes is Emeritus Professor of Human Genetics at the University of Oxford and a Fellow of Wolfson College, Cambridge. Originally a medical geneticist specialising in inherited bone disease, Prof Sykes has in recent years been researching what DNA can tell us about the human past. His work has encompassed the first recovery of DNA from ancient bone, the colonisation of Polynesia, the fate of the Neanderthals and how genetics and surnames are linked.

Rights sold to:
Klett-Cotta (German)
Life on Earth

40th Anniversary Edition

David Attenborough

By one of the world’s leading naturalists and broadcasters and a national treasure, Sir David Attenborough, a new, augmented and beautifully illustrated edition of his ground-breaking book Life on Earth.

David Attenborough’s unforgettable meeting with gorillas became an iconic moment for millions of television viewers. Life on Earth, the series and accompanying book, fundamentally changed the way we view and interact with the natural world setting a new benchmark of quality, influencing a generation of nature lovers.

Told through an examination of animal and plant life, this is an astonishing celebration of the evolution of life on earth, with a cast of characters drawn from the whole range of organisms that have ever lived on this planet. Attenborough’s perceptive, dynamic approach to the evolution of millions of species of living organisms takes the reader on an unforgettable journey of discovery from the very first spark of life to the blue and green wonder we know today.

Now, to celebrate the 40th anniversary of the book’s first publication, David Attenborough has revisited Life on Earth, completely updating and adding to the original text, taking account of modern scientific discoveries from around the globe. He has chosen beautiful, completely new photography, helping to illustrate the book in a much greater way than was possible forty years ago.

This special anniversary edition provides a fitting tribute to an enduring wildlife classic, destined to enthral the generation who saw it when first published and bring it alive for a whole new generation.

Praise for Sir David Attenborough:

‘A marvellous book … unputdownable … utterly engaging.’ Telegraph

‘An elegant and gently funny writer.’ Times

‘His writing is as impressive and as enjoyable as his TV programmes and there can be no higher praise.’ Daily Express

‘A great educator as well as a great naturalist.’ Barack Obama

‘Sir David is a wizard of television, and, like Gandalf or Dumbledore, he has a near-magical gift for combining warmth and gravitas . . . the man who, for me, exemplifies the best in British broadcasting.’ Louis Theroux

‘When I was a young boy I used to love turning on the television and watching David’s programmes and really feeling like I was either back out in Africa or I was learning about something magical and almost out of this planet.’ Prince William

Imprint: William Collins
Editor: Myles Archibald
Publication: 4 Oct 2018
Format: Hardback
Extent: 352pp

Genre: Natural history, TV tie-in

Themes: Wildlife, wonders of the blue planet

Of note: The original Life on Earth series has been completely remastered in High Definition and will be re-broadcast on BBC2 in 2019, to celebrate the 40th Anniversary. His most recent TV series, Blue Planet II, regularly drew over 14m viewers.

The author: Sir David Attenborough is one of the world’s leading naturalists and broadcasters. His distinguished career spans more than sixty years, and his extraordinary contribution to natural history broadcasting and film-making has brought him international recognition, from Life on Earth to Frozen Planet, Planet Earth to Blue Planet. He has achieved many professional awards, honours and merits, including the CBE and OM, and was knighted in 1985.

Rights sold to:
CNG (Chinese)

Previous rights sold: in 22 languages, details available upon request
Birds of the World

Collins Field Guide

Norman Arlott

The ultimate bird guide: illustrated by the world’s leading bird illustrator, this is the first ever volume with illustrations for all 10,000 bird species in the world.

This is the first single volume that will illustrate every single one of the over 10,000 species of bird found in the world.

Illustrated by some of the world’s leading bird illustrators, this is the ultimate reference work for anyone remotely interested in birds – wherever in the world they are.

Imprint: William Collins
Editor: Myles Archibald
Publication: 7 Mar 2019
Format: Hardback
Extent: 640pp

Genre: Natural history, practical guide

Themes: Ornithology

For: Natural history lovers, bird-watchers, or anyone with an interest in birds

The author: Wildlife artist Norman Arlott has illustrated over 100 books and his artwork regularly appears in magazines. He has designed special bird stamp issues for countries including Jamaica, the Bahamas, Seychelles, British Virgin Islands, The Gambia, Malawi and Christmas Island. He has also led ornithology tours to East Africa.
There is beauty in the natural world, and for centuries people have believed that the secret of health and happiness can be found in plants and flowers. While the twenty-first century is increasingly digital and manufactured, people are turning more and more to the natural world, relearning the artisan skills of old and benefitting from botanicals.

The Botanical Bible begins by outlining the history of plants and flowers, and then gives an overview of how plants are grown, where and when to plant them and how they can be used every day. The book features over 100 recipes for food and drink, including botanic-infused cocktails and delicately flavoured floral treats. There is also a section that teaches you step-by-step methods of creating sweet-smelling perfumes and natural cosmetics with plants and flowers.

This stunning gift book is a part history, part beauty book and part cookbook, and will appeal to anyone wanting to use flowers in modern life, whether they are an accomplished gardener or tend a small yard or simply yearn for a more natural life. Teaching the old skills to a contemporary audience, this comprehensive guide to flowers and botanicals, and their practical uses, features vintage illustrations and elegant design.

Beautifully illustrated with modern and vintage floral engravings, this is a lavish, stylish gift book for the modern homemaker with an interest in natural remedies and recipes - as well as a comprehensive reference guide for plant lovers.

Imprint: William Collins
Editor: Hazel Eriksson
Publication: 18 Oct 2018
Format: Hardback
Extent: 416pp, 500 col. illus.

Genre: Natural history, lifestyle

Themes: Flora, beauty, recipes, art

Of note: Follow-up title to the successful Collins Beekeeper's Bible, published in 2010 and which keeps reprinting in the countries where it is published.

The author: Sonya Patel Ellis is a writer, editor and artist. She founded The Herbarium Project in 2013. She has collaborated with the Garden Museum, City of London Corporation, The British Library amongst others. Sonya’s work with The Herbarium Project was recently featured in Gardens Illustrated and Time Out. She has worked on dozens of books including Nature Tales: Encounters with Britain’s Wildlife with Michael Allen and a foreword by D. Attenborough.

Rights sold to: Abrams (US English)
The Unexpected Genius of Pigs

Matt Whyman

This delightful and funny gift book is a love letter to pigs, the animal we’ve got wrong for so long - combining fascinating facts and personal insight gained from the author’s pig-rearing experience.

Imprint: HarperElement
Editor: Vicky Eribo
Publication: 18 Oct 2018
Format: Hardback
Extent: 160pp, b&w illus.

Genre: Memoir, natural history, pet-lover guide

Themes: Pigs as pets, animal life, animal intelligence


The author: Matt Whyman had no intention of becoming a pig expert. Several years after welcoming minipigs Butch and Roxi into their family home, Matt had learned the truth about minipigs (there is no such thing), got to grips with their upkeep and fallen in love with an animal brimming with more energy, intelligence, playfulness, sociability, spirit and soul than he ever could’ve imagined. Matt Whyman is also the author of several novels and two bestselling comic memoirs, Oink: My Life with Minipigs and Walking with Sausage Dogs.

Rights sold to:
HarperCollins (Dutch)
HarperCollins (Polish)

We often consider dogs to be our enduring sidekicks but the truth is domestic pigs have played a role in our lives for nearly as long.

Pigs are highly social and smart. They like to play. They’re inventive, crafty and belligerent – and incredibly single-minded. Ultimately, we have far more in common with these creatures than we like to admit.

Here is a charming ode to one of the most common, yet surprisingly intelligent, animals populating our landscapes. In this gentle and illuminating study, Matt Whyman embarks on a journey to uncover the heart and soul of an animal brimming with more energy, intelligence and playfulness than he could ever have imagined.

In his bid to understand what makes a pig tick, having climbed a steep learning curve as a keeper himself, Whyman meets a veterinary professor and expert in pig emotion, as well as a spirited hill farmer whose world revolves around hogs and sows.

Packed with fascinating research and delightful anecdotes, this entertaining and informative celebration of all things porcine covers everything from evolution, behaviour and communication to friendship, loyalty and broken hearts uncovering a surprising notion of family along the way.

Praise for Pig in the Middle/Oink: My Life with Mini-pigs:

‘Move over Marley, a pair of cute mini-pigs are about to take over the world.’ New York Post

‘A darling book – very funny and definitely for animal lovers.’ ABC

‘Be careful where you read this book because it is laugh-out-loud funny… Whyman has a flair for self-deprecating asides and for making the "ordinary" sparkling. It’s compelling, bristles with irony and is sure to delight animal lovers.’ Daily Telegraph (Sydney)

‘This merry memoir of family growing pains and too many pets has so many laugh-out-loud sequences it’s embarrassing to read in public… the most good-hearted, hilarious memoir in years.’ Shelf Awareness

‘What a fabulous, funny read! I enjoyed every page. Highly recommended for anyone with a pet, a partner, a family, a sense of humour…or even a minipig.’ Sophie Kinsella
The Hidden World of the Fox

Adele Brand

A charming portrait of the familiar yet enigmatic fox.

We’ve all seen the fox.
A flash of his brushy tail disappearing between the gap of a fence, a blaze of orange caught in the headlights as he scampers across the road. We’ve heard him too, his strange barks echoing in the city night. Perhaps we’ve even come face to face with him, eyes meeting for a few moments before he disappears once more into the darkness. But where is he going, and what is his world really like?

In The Hidden World of the Fox, ecologist Adele Brand shines a light on this most familiar yet enigmatic animal, showing us how the astonishing senses, intelligence and behaviour that allowed foxes to thrive in the ancient wildwood now help them survive in the concrete car parks and clattering railway lines of our cities and towns.

The result of a lifelong obsession, Brand adds a wealth of first-hand experience to this charming, lyrical love letter to the fox, whether she’s fostering their cubs, studying their interactions with humans, or catching them on hidden cameras everywhere from the Białowieża forest of Poland and the Thar desert of India to the classic English countryside of her home in the North Downs. While encounters with a host of furry acquaintances – Chatter, Old Dogfox, Sooty, the Interloper, the Vixen from Across the Road – will delight and amuse, her message about the importance of living peaceably side-by-side with nature will linger long after the last page is turned.

Praise:
‘Succinct, clear, sophisticated. I couldn't stop reading it’ Jeff VanderMeer
The Little Book of Bees

A Life of Honey, Hives and Hexagons

Hilary Kearney, illustrated by Amy Holliday

A wonderful gift book on all things bee-related which will delight everyone, from novice gardeners and nature-lovers to dedicated environmentalists.

Bees first appeared on Earth an incredible 270 million years ago. Since the time of the dinosaurs, evolution has taken our bees on an incredible journey – and today, there are 20,000 species on the planet. Bees continue to fascinate and charm us all – from novice gardeners and nature-lovers to dedicated environmentalists – and today, bees need our help more than ever. Discover the story of these incredible creatures, with The Little Book of Bees.

The Little Book of Bees is a lovely, informative book of all things bee – from evolution, activity and communication, through to honey and its harvesting, bee-keeping, and protecting this amazing yet declining species – all in a beautifully illustrated gift book.

Imprint: Harper NonFiction
Editor: Caitlin Doyle
Publication: 8 Aug 2019
Format: Hardback
Extent: 224pp

Genre: Natural history, lifestyle
Themes: Bees, bee-keeping, honey, nature, recipes, gardening

The author: Hilary Kearney is a full-time beekeeper in San Diego, California. Her business, Girl Next Door Honey, provides educational opportunities for hundreds of new beekeepers each year. Her beekeeping exploits and unique business model have inspired people all around the world. She is the author of the beekeeping blog Beekeeping Like A Girl and maintains a popular Instagram account.

The illustrator: Amy Holliday is an illustrator, painter, and animal-lover. Her passion for art is fuelled by her affinity for animals, healthy living, rich, vibrant colour, and her fascination with nature, science, and travel. Her clients include Better Homes and Gardens, Penguin Random House, and Stylist magazine, among others.

Rights sold to:
Abrams (US English)
The Great Soul of Siberia
In Search of the Elusive Siberian Tiger

Sooyong Park

The poignant, poetic and fiercely compassionate story of a man’s twenty-year obsession with the elusive, and endangered, Siberian tiger. A book destined to become a classic of narrative nature writing.

Sooyong Park has spent twenty years tracking and observing the elusive Siberian tiger. Each year he spends six months braving sub-zero temperatures, fearlessly immersing himself in the lives of Siberian tigers. As he watches the brutal, day-to-day struggle to survive the harsh landscape, threatened by poachers and the disappearance of the pristine habitat, Park becomes emotionally and spiritually attached to these beautiful and deadly predators. Poignant, poetic and fiercely compassionate, The Great Soul of Siberia is an eloquent personal account of one of the most extraordinary wildlife studies ever undertaken, and the incredible story of a man's unique obsession with these compelling creatures on the very brink of extinction.

Praise:
‘(...) magical prose.’ Jane Goodall
‘A triumph of nature writing; an original and authentic voice from the wilderness.’ Jonathan and Angela Scott
‘Wonderful … deserves to become a classic of wildlife literature.’ Times
‘Subtly intense … Park has a deep sense of oneness with the world around him. His close engagement with the forest ecology is the most extraordinary element of this remarkable book.’ New Statesman
‘Spellbinding … Park’s book burns an indelible memory.’ Country Life
‘A beautiful book… written with great verve, intelligence, dedication, and understanding.’ Jeffrey Masson, author of Beasts and When Elephant’s Weep
‘… an unbelievably gripping account of one man's laser-focused determination to find, film, and understand one of the rarest and most formidable cats on earth” Chris Morgan, Ecologist, host of PBS Siberian Tiger Quest
‘If you read one nature book this year, make it this one.’ Mark Cocker, Spectator
‘A wonderful evocation of the land and the habits of the desperately endangered Siberian tiger.’ Independent
‘The year's best wildlife book could already have arrived’ Wanderlust

‘It’s a masterpiece. One of the most moving outdoor texts I’ve read in years. This is a book about love – one exceptional human being's love for the wild, beautiful and persecuted creatures to which his life is dedicated. It also comprehends a fortitude and hardihood so far beyond the everyday I was left shaking my head in astonished admiration.’ The Great Outdoors

Imprint: William Collins
Editor: Myles Archibald
Publication: 12 Jan 2017
Format: Paperback
Extent: 288pp, 16pp plate section

Genre: Natural history, narrative non-fiction
Themes: Siberian tiger, human quest

Of note: The Great Soul of Siberia 2: Further Insights into the Life of Siberian Tigers to be published 2 May 2019

For: Readers of J.A. Baker, Robert MacFarlane, Edward Abbey, Richard Mabey, Helen MacDonald, Peter Matthiessen

The author: Sooyong Park is a Korean multi-award winning documentary filmmaker. Having graduated from Seoul National University in 1990, he worked as a nature documentary producer and director for South Korea’s Educational Broadcasting System (EBS) from 1991 to 2010. His ground-breaking and obsessive research on the Siberian tiger was the subject of the film Siberian Tiger Quest.

Rights available: Translation excluding Korean
Culture, Cinema & Music
Ghostland

In Search of a Haunted Country

Edward Parnell

A unique blend of grief memoir, nature writing and cultural criticism from a captivating new literary voice.

When Edward was young, his parents died of cancer within nine months of one another. Then, as he prepared to publish his first novel (a ghost story), his brother – and best friend - died of the same illness.

Fascinated from a young age by ghost stories and the fantastic, Edward embarks on a psycho-geographic journey, exploring his grief through the haunted and uncanny places of the British Isles, from lonely moors to moss-covered cemeteries, from barren East Anglian shores to mysterious and ancient woodlands.

As Edward tries make sense of what remains of his family, and of himself as the last of an ‘endangered species’, he discovers how these landscapes enthralled and inspired writers such as M.R. James, Algernon Blackwood and Charlotte and Emily Brontë, and finally puts to rest some ghosts of his own.

Selected praise for Edward’s previous book, The Listeners:

‘The Listeners may be a first novel, but it is beautifully crafted and written with immense assurance. The story of Norfolk and of the Norfolk landscape has just found an exciting new voice.’ Mark Cocker, author of Crow Country and Birds Britannica, naturalist and columnist

‘Set in the landscape of the villages and woods of central Norfolk, this novel of mystery and dark atmospheres, reminiscent in ways of both Walter de la Mare and M. R. James, unfolds forcefully from its multiple narrators and becomes an unforgettable read.’ James Ferron Anderson, author of The River And The Sea

‘Evocative, atmospheric setting of a lost East Anglian time and place. Some beautiful prose which draws the reader in.’ Amanda Addison, author of Laura’s Handmade Life
One More Croissant for the Road

Felicity Cloake

A food journalist and lover of French food sets out on a month-long bicycle trip to investigate French cuisine.

Having spent every summer until the age of 28 in France, firstly on a succession of damp or desiccated campsites, and latterly visiting her parents in rural Provence, Felicity has a deep affection for the country, while remaining fundamentally puzzled by the French. Despite their maddening obsession with bureaucracy, however, their surreal taste in public art and their reliably terrible coffee, she still believes the French appreciation of good food and wine, and the time necessary to enjoy them makes us look like Boots Meal Deal-munching barbarians, though she’s prepared to be proved wrong by a solid month there.

Most of the dishes Felicity plans to track down on her tour have featured in her Guardian column over the years, giving her a special interest in how they’re made in their homeland. Seven years investigating the best way to make a coq au vin, soupe à l'oignon, macaron and so on, often with reference to some of the country’s best chefs, patissiers and food writers, has left her with an insatiable desire to try them in their own terroir, to eat them in context, and preferably, made by someone else.

Though she’s never written about cycling before, the extremes of emotion it provokes, both of joy and despair, and the inevitable drama any journey longer than a trip to the shops on two wheels attracts, seem guaranteed to inspire an outpouring of prose. She’s not embarrassed to admit that the hours she’s spent poring over maps of France and cycling books in the research process for this proposal have been amongst the most exciting of her life so far and she is, in short, desperate to saddle up and get going.

Praise for Felicity Cloake:

'The nation’s taster-in-chief title belongs unequivocally to Felicity Cloake' Daily Mail

www.instagram.com/felicitycloake/
Buildings

100 of the World’s Most Iconic Structures

Michał Gaszyński

A graphic exploration of the world’s architectural wonders, most impressive constructions and structures and their hidden secrets.

In Buildings, Michał Gaszyński deconstructs the structures of the world’s most awe-inspiring man-made constructions. Beautifully illustrated with fresh graphics and accessible plans of each building, maps and architectural details, this fascinating compendium of architectural facts will delight the whole family.

Covering all eras and regions of the world, Buildings include spreads on the Kennedy Space Center, the Great Wall of China, the Eiffel Tower, the Maracanã Stadium, the Great Pyramids and the Muppandal Wind Farm, together with many others.

Imprint: Collins Reference
Editor: Jethro Lennox
Publication: 15 Oct 2019
Format: Hardback
Extent: 144pp

Genre: General reference
Themes: Architecture, history
For: The whole family and graphic design students

The author: Michał Gaszyński is a graduate from two leading business schools - Warsaw School of Economics in Warsaw and NOVA School of Business & Economics in Lisbon, Portugal. He is currently working as a marketing specialist and graphic designer. His professional interests include data design and crowdfunding, and he is a founding member of the hugely successful Explorer’s Atlas Kickstarter campaign and co-author of the Explorer’s Atlas.
Why Bowie Matters

Will Brooker

An illuminating blend of memoir, literary analysis and musicology, *Why Bowie Matters* will be the book every Bowie fan will want to read.

When David Bowie died on 10th January 2016, it seemed the whole world was united in mourning. His greatest hits were sung tearfully in pubs up and down Britain, garlands of flowers were left at the Aladdin Sane mural in his old stomping ground of Brixton and tributes poured in from a galaxy of stars. To many of us, Bowie was so much more than a pop idol. But why?

In *Why Bowie Matters*, Professor Will Brooker answers that question persuasively, as both a fan and an academic. A Bowie obsessive since childhood, he hit the headlines over the course of a year-long immersive research project that took him from London to Berlin and New York, following in Bowie’s footsteps, only listening to music and reading books he loved, and even at times adopting his fashion.

In this original and illuminating book, Professor Brooker approaches Bowie from various angles, re-tracing his childhood on the streets of Bromley, taking us through his record collection and bookshelves, and deciphering the symbols and codes of his final work, Blackstar to piece together how an ordinary suburban teenager turned himself into a legend, and how perhaps we too could be a little more Bowie.

He shows us that while David Robert Jones died on that terrible day in January, David Bowie will live on forever.

Praise:

"This book truly has it all about David Bowie. Intriguing and exciting research’ Sophia Anne Caruso, lead actor in *Lazarus*"

‘An intelligent and nuanced look at an artist whose total achievement is only now beginning to be discovered’ Chris O’Leary, author of *Rebel Rebel*
Ed Sheeran

Sean Smith

A fascinating and revealing insight into Ed Sheeran, the man and his music, by the UK’s leading celebrity biographer and Sunday Times bestselling author Sean Smith.

Imprint: Harper NonFiction
Editor: Zoe Berville
Publication: 15 Nov 2018
Format: Hardback
Extent: 320pp, 1x8pp plates

Genre: Biography
Themes: Pop music, pop culture, celebrity

Of note: Ed Sheeran is a global superstar, with 22m Instagram followers and 20m Twitter followers. He is currently on a world tour. Ed topped the Billboard Awards (alongside Kendrick Lamar) with 6 award wins. He has won multiple Grammys and BRIT Awards – most recently the Grammy for Best Pop Vocal Album and Best Pop Solo Performance at the 2018 ceremony.

The author: Sean Smith is the leading celebrity biographer and the author of six Sunday Times bestsellers, translated throughout the world. The film Magic Beyond Words: The J. K. Rowling Story was based on his biography of the Harry Potter author. Other books include biographies of singer Adele, George Michael, Kim Kardashian and Tom Jones. He specializes in meticulous research, going ‘on the road’ to find the real person behind the star image.

www.seansmithceleb.com

Ed Sheeran has conquered the musical world. Avoiding flashy showmanship and fleeting fashion, he has let his talent do the talking. His moving and uplifting songs forge a lasting connection with the millions of people around the world who love his music.

Bestselling biographer Sean Smith has travelled to the quiet Suffolk backwater that Ed still calls home. Seeing the sunset over the famous ‘Castle on the Hill’ for himself, he follows in the footsteps of Ed’s amazing journey from the boy who could barely hold a tune to the man who sold out Wembley Stadium.

He tells the story of Ed’s remarkable mum and dad who gave their son the courage and confidence to pursue his dream, the friends and mentors who taught and encouraged him and the lovers who inspired his most famous songs.

Ed Sheeran was fifteen when he recorded his first album in his bedroom. But while he was well known for performing his own songs in local pubs and clubs before he was even old enough to drink, he was not discovered or groomed for stardom.

Instead he left High School before completing his A-Levels and moved to London where he went to college two days a week, performed hundreds of gigs on the capital’s thriving music scene and sold his self-financed CDs from his rucksack. At the end of the evening, he would head to friends’ flats to sleep on a sofa or on the floor. It was far from glamorous and sometimes the struggle threatened to overwhelm him.

Somehow, Ed’s determination won through and his fortunes changed when he was taken on by Elton John’s management company. Smith explores the joy of a record deal when past rejections were forgotten; the song that changed everything and how he conquered America with a little help from Taylor Swift.

After three number one albums, he is now the biggest earning music star in the UK and the richest under thirty, worth more than 80 million. Surrounded by a world of excess, he found it difficult to cope with his phenomenal fame before a new relationship with a girl from his home town brought him stability and a fresh purpose in life.
Jimmy Page

The Definitive Biography

Chris Salewicz

An entertaining, insightful and in-depth biography of the very private founder and guitarist of legendary rock band Led Zeppelin.

Founder of one of the most influential and successful rock bands of all time, legendary Led Zeppelin guitarist Jimmy Page has nevertheless remained an enigma.

In this definitive and comprehensive biography of his life so far, Chris Salewicz draws on his own interviews with Page and those closest around him to unravel the man behind the mystery.

Having sold millions of records worldwide, Led Zeppelin was the biggest band of the '70s and has been loved by legions ever since. From his own conversations with Jimmy, the rest of Led Zeppelin, old girlfriends, tour managers and session musicians to name but a few, Salewicz reveals the many trials and tribulations which transformed the middle class boy from the Surrey suburbs into one of rock's most enigmatic frontmen.

Detailed, thrilling and expertly researched, Salewicz discovers a man who was prepared to die for his art; who justified heroin use so he could harness its narcotic focus whilst making albums, and who overcame numerous death threats during this time. Salewicz delves into Page's many skeletons and eccentricities, contextualising him against a background of London gangsters, deaths, and power struggles which Page has continued to rail against to this day, even within his own band.

Imprint: HarperNonFiction
Editor: Jack Fogg
Publication: 26 Jul 2018
Format: Hardback
Extent: 592pp, 1x8pp plates

Genre: Biography

Themes: Rock music, rock legends, 1970s pop culture

Of note: The book is as close to a Jimmy Page autobiography as fans can get, based on interviews with Page himself and those closest to him.

The author: Chris Salewicz is an acclaimed music journalist and writer. He worked at the NME in the late 1970's and early '80's and has written extensively for the Sunday Times and Q Magazine. Previous bestselling biographies by Chris include Redemption Song: The Definitive Biography of Joe Strummer and Bob Marley: The Untold Story.

Rights sold to:
Editorial Aleph (Brazilian Portuguese)
Shake Edizioni (Italian)
Planeta (Spanish)
HarperCollins (Japan)
Da Capo (US English)
Close-Ups

From our William Collins imprint, a brilliant new series on cinema conceived in partnership with award-winning British film magazine *Little White Lies*, ‘the most beautiful film magazine on the shelves’ (*Guardian*). *Little White Lies* magazine is distributed through chains and independent bookstores around the world.

**VAMPIRE MOVIES** by Charles Bramesco and Little White Lies  
Editor: Tom Killingbeck  
Publication: 15 Nov 2018  
Format: Hardcover  
Pages: 240

The indispensable, illustrated pocket guide to the world of vampire movies, from *Nosferatu* to *A Girl Walks Home Alone At Night*.

When F. W. Murnau brought *Nosferatu* to the screen in 1922 he ushered in the bloody reign of cinema’s most venerable villain the vampire. Nocturnal, fanged and insatiable for human blood, the vampire has infected the public consciousness like no other movie monster.

In this illustrated pocket guide, Charles Bramesco goes vampire hunting across a century of cinema, stalking around lonely Transylvanian castles, dusty New York apartments and rain-soaked Washington woods to discover why the vampire has become cinema’s most enduring villain.

**WES ANDERSON** by Sophie Monks Kaufman and Little White Lies  
Editor: Tom Killingbeck  
Publication: 15 Nov 2018  
Format: Hardcover  
Pages: 240

The indispensable, illustrated pocket guide to the films of Wes Anderson, from *Bottle Rocket* to *Isle of Dogs*.

Wes Anderson has quickly become one of the auteurs of modern American cinema, creating his own distinctive world with pastel colour palettes, meticulous set design, nostalgic soundtracks and a kooky troupe of actors.

In this illustrated pocket guide Sophie Monks Kaufman navigates his off-kilter world, strolling across the quadrangles of Rushmore Academy, diving beneath the sea with Team Zissou and checking into the Grand Budapest Hotel to discover how an awkward indie film nerd from Texas became the most celebrated director of his generation.

**NEW YORK MOVIES** by Mark Asch and Little White Lies  
Editor: Tom Killingbeck  
Publication: 15 Nov 2018  
Format: Hardcover  
Pages: 240

The indispensable, illustrated pocket guide to New York movies, from Martin Scorsese and Woody Allen to Lena Dunham and Noah Baumbach.

New York has always been one of the world’s most filmed cities, with its apartments housing tenants like Rosemary’s baby and the Royal Tenenbaums, its skyscrapers scaled by the likes of King Kong and graffiti artists and its rubble-strewn streets prowled by everyone from Travis Bickle to Carrie Bradshaw.

In this illustrated pocket guide to New York and its movies, Mark Asch explores the Big Apple block by block and neighbourhood by neighbourhood, jogging past the iconic bench from Manhattan, eating at Katz’s Deli from *When Harry Met Sally* and mooching around the Coney Island boardwalk like one of *The Warriors*. Retracing the steps of countless iconic actors, cinematographers and directors, he draws up a unique cinematic map of The City That Never Sleeps.
Surprisingly Down to Earth, and Very Funny

Limmy

The hysterical, shocking and incredibly intimate memoir from one of the most original and unique comedians alive today, Limmy.

Imprint: NonFiction
Editor: Jack Fogg
Publication: 21 Feb 2019
Format: Hardback
Extent: 320pp
Genre: Memoir
Themes: Comedy, Scotland, overcoming one's demons

The author: Brian ‘Limmy’ Limond is a Scottish comedian who first became known for his website and blog, and is now regarded as one of Scotland’s most original comedy talents. In 2006 Limmy started a hilarious daily podcast, Limmy’s World of Glasgow, and in 2010 he launched his incredibly successful comedy series Limmy’s Show. His first book, Daft Wee Stories, was a Sunday Times bestseller.

From growing up in a run-down Glaswegian council estate to finding a certain renown as the writer, director, editor and star of his own multi-award-winning sketch show, nothing about Limmy’s life has been conventional. From an early age, he always felt like the odd one out, as if he’d missed a crucial lesson in life that everyone else had attended. And that feeling of oddness has never left him. He’s always stumbled down his own, peculiar path.

From early run-ins with the police as a teenager, running away from a helicopter, to a drink addiction that saw him nearly piss away his life and career, Limmy has struggled with demons, good and bad, for as long as he can remember. As much as he’d love to kill them off, they are also the fuel for his own, very particular sense of humour which has made him one of the most respected and mercurial comic talents alive today.

This is no run-of-the-mill comedian’s memoir. There is real introspection here, a real quest to try and understand what it is that makes him tick, and why he does the self-destructive things he does. What emerges is a startling and captivating, and unsurprisingly very funny, story of a down-to-earth weirdo with an extraordinary talent, and who has the scars, mental and physical, to show for it.

Praise for Limmy’s previous book, That’s Your Lot:
‘Short stories shot through with anxiety, guilt, depression, delusion and jet black humour’ *Daily Telegraph*

‘Daft Wee Stories will sate Limmy's existing fans and proves once again that his wickedly anarchic sensibility moves effortlessly between media.’ *Chortle*

‘Disturbing yet very, very funny, it’s a shocking, scathing delight.’ *Sun*

‘So good they’ll make you snot yourself laughing.’ *Scotland on Sunday*
Extreme Living
First Man In

Leading From the Front

Ant Middleton

The number 1 Sunday Times bestseller, with over 113K copies sold in less than 2 months, and a fascinating first-hand account of a career in the British special forces.

Special forces training is no walk in the park. The rules are strict and they make sure you learn the hard way, pushing you beyond the limits of what is physically possible. There is no mercy. Even when you are bleeding and broken, to admit defeat is failure.

But through sheer determination and by confronting life’s challenges, Ant Middleton has come to know the meaning of true leadership. In First Man In, he shares the core lessons he’s learned over the course of his fascinating, exhilarating life.

To survive the gruelling selection process to become a member of the elite you need toughness, aggression, meticulous attention to detail and unrelenting self-discipline, all traits that make for the best leaders.

After fifteen years’ service in the military, with four years as a Special Boat Service (SBS) sniper, Ant Middleton is the epitome of what it takes to excel. As a point man in the SBS, Ant was always the first man through the door, the first man into the dark, and the first man in harm’s way.

In this fascinating, exhilarating and revealing book, Ant speaks about the highs and gut-wrenching lows of his life and draws valuable lessons that we can all use in our daily lives.

Praise:

‘The best book of the year. First Man In will supercharge your life. Incredible.’ Tom Marcus, author of bestseller Soldier Spy

Coming up!

The Fear Bubble
(Publication on 30 May 2019)
Under Pressure

Life on a Submarine

Richard Humphreys

Based on the first-hand experiences of a man who served on a submarine during the Cold War, the shockingly candid, visceral, droll and incredibly entertaining account of what it’s like to live in one of the most extreme man-made environments in the world.

Richard Humphreys did not grow up near the sea, but in the heart of Britain – Wolverhampton, to be exact. Attempting to join the Foreign Legion at just 17 years old, leaving for Marseille little to his parents knowledge, it was an unexpected epiphany which told him that a career under the sea was for him. He ended up serving in the Royal Navy submarine service for over 5 years from 1985-1990, at the end of the Cold War when skirmishes with Russian subs were still frequent. Underwater, hidden away from the eyes of the world’s media, was where the Cold War was at its hottest.

This thrilling book depicts the astounding circumstances of someone who finds themselves living in one of the most extreme man-made environments in the world. He joined Waterstones in 2010 as the academic buyer, and since 2011 has headed up the non-fiction buying team. In 2017, he sat on the judging panel of the prestigious Costa Awards for Best Biography. From 1985 to 1990, Richard served in the Royal Navy and spent most of his career on the Polaris submarines, which carried nuclear ballistic missiles. Under Pressure is his first book.

Rights sold to:
Insignis (Polish)
Hanover Square (US English)
Up

My Life’s Journey To the Top of Everest

Ben Fogle & Marina Fogle

Part memoir, part thrilling adventure, the warm, compassionate and humorous account of Ben Fogle's ascent to the roof of the world.

In April 2018, seasoned adventurer Ben Fogle and Olympic cycling gold medallist Victoria Pendleton, along with mountaineer Kenton Cool, took on their most exhausting challenge yet – climbing Everest for the British Red Cross to highlight the environmental challenges mountains face. It would be harrowing and exhilarating in equal measure as they walked the fine line between life and death 8,000 metres above sea level.

For Ben, the seven-week expedition into the death zone was to become the adventure of a lifetime, as well as a humbling and enlightening journey. For his wife Marina, holding the family together at home, it was an agonising wait for news. Together, they dedicated the experience to their son, Willem Fogle, stillborn at eight months.

Cradling little Willem to say goodbye, Ben and Marina made a promise to live brightly. To embrace every day. To always smile. To be positive and to inspire. And from the depths of their grief and dedication, Ben's Everest dream was born.

Up, from here the only way was up.

Imprint: William Collins
Editor: Myles Archibald
Publication: 18 Oct 2018
Format: Hardback
Extent: 288pp

Genre: Memoir
Themes: Adventure, extreme sports, mountaineering
For: Readers of Touching the Void by Joe Simpson, The Ascent of Everest by John Hunt, Into Thin Air by Jon Krakauer, Dark Summit by Nick Heil

The authors: Ben Fogle is a broadcaster and traveller. A modern-day nomad and journeyman, he has travelled to more than 100 countries and accomplished feats from swimming with crocodiles to rowing 3,000 miles across the Atlantic Ocean; from crossing Antarctica on foot to surviving a year as a castaway on a remote Hebridean island. He is the UN Patron of the Wilderness.

Marina Fogle is a writer and broadcaster. She produces a weekly podcast, The Parent Hood, has a monthly column in the Mail on Sunday and has written a bestselling book, The Bump Class.

They are married and live in London.
Adventures For A Lifetime

Ed Stafford, foreword by Ranulph Fiennes


Life is for going out into the open. Life is for exploring, for feeling cold and vulnerable, for finding new possibilities and new opportunities. In Adventures For a Lifetime, adventurer Ed Stafford handpicks 25 inspiring challenges for those who don’t mind a bit of discomfort.

From wild camping in the Rockies, white-water rafting down the Zambezi, swimming from St. Petersburg to Kronstadt to skiing to a Pole or walking the Cuillin Ridge on the Isle of Skye, there are 25 categories for the would-be adventurer to choose from – a fun and challenging way to experience the wilder side of our amazing planet.

With its stunning photography and sketch maps, as well as Ed’s commentary throughout, this book is sure to inspire all aspiring adventurers.

Imprint: Collins Reference
Editor: Jethro Lennox
Publication: 15 Oct 2018
Format: Hardback
Extent: 264pp

Genre: Illustrated non-fiction, inspirational travel guide
Themes: Human adventure, personal challenge, expeditions in the wilderness, world travel

Of note: Sir Ranulph Fiennes called Ed’s Amazon expedition ‘truly extraordinary… in the top league of expeditions past and present.’ His book Walking the Amazon is translated into Mandarin, Ukrainian, Polish and Spanish as well as being sold to the USA.

The author: Ed Stafford is the Guinness World Record-holding first man to walk the Amazon (2012). Ed filmed and blogged his journey and engaged followers all over the world for two and a half years. His footage was turned into a documentary aired on Discovery Channel in over 100 countries. Ed was nominated as one of National Geographic’s Adventurers of the year 2010 and in 2011 he was awarded the title of European Adventurer of the Year in Stockholm. Ed is currently filming his fourth series for Discovery Channel.

Rights sold to:
Firefly (US English)
A-Z of the Car

Everything You Wanted to Know About Cars and Some Things You Probably Didn’t

By the Grand Tour team, this lavishly illustrated book will tell you everything you need to know about cars.

Imprint: NonFiction
Editor: Jack Fogg
Publication: 21 May 2019
Format: Hardback
Extent: 256pp

Genre: TV tie-in

For: Petrolheads, motorsports and racing car fans, The Grand Tour and Jeremy Clarkson fans

Of note: The Grand Tour has been watched by millions, enjoying great success both in Britain and internationally. In the days following the launch it became Amazon Video’s most watched premiere episode, and as of December 2016 the show was made available to an additional 195 countries and various territories.

Twitter following:
The Grand Tour: 624k
Jeremy Clarkson: 7.22m
Richard Hammond: 3.06 m
James May: 3.12 m

The authors: The Grand Tour stars Jeremy Clarkson, Richard Hammond and James May as three middle aged men who should know better. The trio previously worked on BBC’s hugely successful Top Gear.

Did you know there are over 47,000 facts in the world? And the good news is, many of them are in this book. That’s right, The Grand Tour A-Z of the Car is the only reference guide you need for cars, driving and all related matters, especially if you’re not too fussed about those facts being accurate.

In this lavishly tooled book you will find a rich and satisfying collection of motor-related information from the origins of Porsche and the fate of Lada to the dark history of the Wankel engine and the correct name for those weird little hairs on new tyres.

Throughout the book, Jeremy Clarkson, Richard Hammond and James May are on hand to share their knowledge and wisdom, and then we’ve made the pictures bigger to fill in the gaps around it.

If you want to impress your friends, and then annoy your friends, and then cause your friends to think ‘Oh God, now they’re telling us about the slightly ironic way in which the founder of MG died’ before hurriedly leaving your house, possibly forever, The Grand Tour A-Z of the Car is the book for you.

The Grand Tour A-Z of the Car – literally bursting with facts!

Praise for The Grand Tour:

‘Jeremy Clarkson and co leave the BBC in their dust’ Guardian
‘…the best of Top Gear but with a greater budget’ Independent
‘…basically Top Gear on steroids’ Daily Express

Previous title:
Sports
Jog On

How Running Saved My Life

Bella Mackie

A funny, frank and moving book, part memoir, part sport psychology guide, that charts journalist Bella Mackie’s journey from freshly divorced borderline alcoholic to healthy, happy jogger.

Imprint: William Collins
Editor: Tom Killingbeck
Publication: 27 Dec 2018
Format: Hardback
Extent: 240pp

Genre: Sport psychology, memoir, practical guide
Themes: Running, benefits physical activity, mental health, women’s health, depression and anxiety
For: Readers of Joshua Fletcher’s Anxiety: Panicking about Panic and Chloe Brotheridge’s The Anxiety Solution, Bryony Gordon’s bestseller Eat, Drink, Run: How I Got Fit Without Going Too Mad, Alexandra Heminsley’s Running Like a Girl

Of note: Bella is incredibly well-connected, being the daughter of former Guardian editor Alan Rusbridger. She is married to Greg James, who has taken over the BBC Radio 1 Breakfast Show from Nick Grimshaw.

The author: Bella Mackie has written for the Guardian, Vogue and Vice. This is her first book.

Rights sold to:
HarperCollins (Brazilian Portuguese)
HarperCollins (German)

Divorced and struggling with deep-rooted mental health problems, Bella Mackie ended her twenties in tears. She could barely find the strength to get off the sofa, let alone piece her life back together. Until one day she did something she had never done of her own free will – she pulled on a pair of trainers and went for a run.

Over the previous decade, Bella was so paralysed by her fears that exercise was the very last thing on her mind. So that first run didn’t last very long. But to her surprise, she was back out there the next day. And the day after that. She began to set herself achievable goals – to run 5k in under 30 minutes, to walk to work every day for a week, to attempt 10 push-ups in a row. Before she knew it, her mood was lifting for the first time in years, and she had swapped hiding in her house for fresh air, unknown roads and running tracks.

In Jog On, Bella explains with hilarious and unfiltered honesty how she used running to battle crippling anxiety and depression, without having to sacrifice her main loves: booze, cigarettes and ice cream. With the help of a supporting cast of doctors, psychologists, sportspeople and friends, she shares a wealth of inspirational stories, research and tips that show how exercise often can be the best medicine. This funny, moving and motivational book will encourage you to say ‘jog on’ to your problems and get your life back on track – no matter how small and scary those first steps may be.
No Win Race

Derek A. Bardowell

An important, thought-provoking and timely exploration of modern Britain’s history of race relations through the prism of sports.

No Win Race is a story for anyone who wants an honest but accessible exploration of race relations, and it is for anyone who understands that sport is more than just a game.

Covering the period between the Brixton Riots in 1981 and the Brexit referendum, No Win Race tackles race and racism in modern England, through the prism of sport. Black athletes occupy a rare place in our society. They are symbols of racial progress. To those without any connection to the black community, they are the most visible examples of Black-Englishness available. But sport also reflects, reinforces and challenges the racial disparities common in our society, often in front of our eyes, often without us being aware of it. On the surface sport provides positive images of black people, but does it also reveal society’s deep-rooted rejection of Black-Englishness? No Win Race attempts to answer this question.

Brexit explicitly revealed England’s fear of immigration. It also implicitly exposed England’s enduring discomfort with people of colour. This fervent and at times provocative account addresses these issues through sport while observing how the black athlete personifies the conflicts related to being caught between two cultures, blackness and Englishness.
An extraordinary journey through the history road cycling through never-before-seen memorabilia, by British icon Sir Bradley Wiggins – an essential book for all road cycling fans.

In Icons, Wiggins takes the reader on an extraordinarily intimate journey through the sport, presenting key pieces from his never-before-seen collection of memorabilia. Over the course of his illustrious career, he amassed over 300 items – often gifts from its greatest and most controversial figures. Each reflects an icon, a race or a moment that fundamentally influenced Wiggins on both a personal and professional level.

By exploring the lives and achievements of 21 of the sport’s key figures – among them Fausto Coppi, Jacques Anquetil, Miguel Induráin and Tom Simpson – Wiggins sheds new light on what professional cycling demands of its best competitors. Icons lauds their triumphs, elucidates their demons and sheds light on the philosophy and psychology that comprise the unique mindset of a cycling champion.

Of note: Sir Bradley Wiggins won eight Olympic medals including five golds spanning five games, and 7 World Track Championship titles. In 2012 he became the first Briton to win the Tour de France. He was awarded the OBE in the 2005 New Year's honours list and the CBE in 2009, before being knighted in 2012.

The author: Herbie Sykes is a British sports journalist and writer specializing in the history of road bicycle racing. His fourth book, The Race Against the Stasi, won the Cycling Book of the Year at the Cross British Sports Book Awards, and was nominated in the outstanding general sports writing category.

Icons


Bradley Wiggins, with a foreword by Eddy Merckx

Imprint: NonFiction
Editor: Oliver Malcolm
Publication: 1 Nov 2018
Format: Hardback
Extent: 320pp

Genre: Memorabilia, biography
Themes: Road cycling, competitive sports
For: Readers of My World by Peter Sagan; My Hour by Bradley Wiggins; My Story; My Time; The Line by Richard Freeman; Seven Deadly Sins by David Walsh; The Secret Race by David Millar; How to Build a Car by Adrian Newey; My World by Peter Sagan

My Autobiography

Jonathan Rea

In his own words, the life and career of Jonathan Rea, the current world superbikes champion - and the only rider to have ever won the championship for three years in succession.

Imprint: NonFiction
Editor: Ed Faulkner
Publication: 4 Oct 2018
Format: Hardback
Extent: 320pp

Genre: Memoir
Themes: Superbikes, competitive sports, British champions

For: Readers of How to Build a Car by Adrian Newey; Worms to Catch by Guy Martin; Built for Speed by John McGuinness; Road Racer by Michael Dunlop; Hutchy by Ian Hutchinson

Of note: Rea has hugely fanatical fans and a highly active Facebook page with over 430k followers

The author: Jonathan Rea is the current world superbikes champion, and he is the only rider to have ever won the championship for three years in succession. If he wins more than 5 races out of 13 this season he will overtake Fogarty's all time record for most race wins. Last year he was runner up in the BBC's Sports Personality of the Year, coming in second place behind Mo Farah, after a campaign by his fans saw people come out to vote for him in their tens of thousands.

Born in Northern Ireland, Rea has had a staggering career. His complete lack of ego and unrelenting work ethic makes us almost forget about the dangerous nature of Rea’s day job and his fearlessness on the track.

This book will chart the life and career of a man who was seemingly destined for the motorbike racing world (his grandfather was the first sponsor of Joey Dunlop, his father a TT racer), and he has managed to succeed in Superbikes after several potential career-ending scrapes – smashing his femur in a horrific crash aged seventeen, doctors told him he would never race again.

Rea prides himself on being part of a team and he is a dedicated family man. With unwavering determination, and gaining huge victories in this ultra-competitive sport, this thrilling memoir will get into the head of a man who has managed to rise to the top of one of the most life-threatening sporting events in the world.
Stay Hungry


Anthony Joshua

The first official book from heavyweight boxing champion Anthony Joshua in which he explains the mental and physical strategies that have made him the champion he is today.

Anthony Joshua is one of Britain’s most exciting athletes. He’s an explosive, instinctive fighter, a natural entertainer who has changed the face of his sport. An Olympic Gold Medallist at the age of 22, he has gone on to conquer his division, remaining undefeated through his professional career, and is on the cusp of making history as the first heavyweight boxer to unify the belts.

But it hasn’t been an easy journey. He took his fair share of hits on the way to the top, from overcoming a brush with the law in his teens to defeats in the amateur ranks through to being knocked to the canvas in the biggest fight of his life – and getting back up. Every single setback taught him a lesson, refined his thinking, made him a sharper athlete and a more rounded and thoughtful person. He understands he’s not the finished article; he’s always learning, always looking for ways to improve.

In this fascinating, inspiring and frank account, AJ shares never-before-heard stories from his life, in and out of the ring, and explains the mental and physical strategies that have made him the champion he is today.

Praise for Anthony Joshua:
‘A modern sporting phenomenon’ Guardian
Unbeatable Mind

Maya Yoshida

Japanese footballer Maya Yoshida’s autobiography, in which he reveals the secrets behind his success.

‘Resilience can give you strength to keep moving forwards when you are caught in the rain or a storm, and keep you continuing on your journey through life. And it is a strength which resides in everyone.’

Maya Yoshida, one of Southampton FC’s most admired players, is well known for his sense of humour on the field. However, underneath the convivial public persona is a man with unrivalled ambition, resilience and strength of character.

Unbeatable Mind reveals the secrets behind Maya’s success and how he became a favourite of football fans across the globe. Recounting his stunning career trajectory, this book provides inspirational guidance on how to overcome obstacles and thrive in any competitive arena.

‘Not only is he eager, but Yoshida has the power to calmly reflect oneself, sometimes soliciting self-deprecating laughs. A book that will attract not only soccer fans, but many who seek ways to clear one’s paths.’ Yomiuri Shimbun (Japanese national newspaper)

‘Yoshida is a class act off the pitch, and his story at Saints has to be admired. That’s why it’s worth having a read of his new book Unbeatable Mind.’ Daily Echo
On 25th January at Selhurst Park, while leaving the pitch after a red card, Eric Cantona fly-kicked his way into the stand after receiving abuse. The incident was unprecedented, as was Cantona’s punishment. He received the longest punishment ever handed out by the English FA and would be out of action for 8 months. In the meantime, Man Utd’s season stumbled and they lost on the last day of the season to a sprightly Blackburn Rovers side.

It was the next season, when Cantona returned, and after a summer in which Alex Ferguson had remade the Man Utd side, moving on Paul Ince, Andrey Kanchelskis and Mark Hughes, that the effects of this ban would be fully felt. Cantona returned, a player reborn and now he was lining up in the same side as the famous Class of ’92. Manchester would never be the same.
Gazza in Italy

Daniel Storey

The funny, yet harrowing story of cult footballer Paul Gascoigne’s time with Italian club S.S. Lazio – from his brilliance on the field to his unwelcome antics.

Imprint: NonFiction
Editor: Jack Fogg
Publication: 20 Sep 2018
Format: Hardback
Extent: 160pp

Genre: Biography
Themes: Football, sports icons

The author: Daniel Storey is Football365’s Deputy Editor, one of the leading football opinion sites, part of BSkyB. He was named Writer of the Year 2016 at the Football Supporters’ Federation awards.

In Gazza in Italy, award-winning writer Daniel Storey brilliantly shines a light on an unexamined moment in Gazza’s career that encapsulates everything that we have come to associate with this most mercurial of talents: childish joy, public gaffes, wondrous skill and saddening self-destruction. Funny and harrowing in equal measure, this book allows us a better, more rounded understanding of one of our greatest sporting idols, and of a tragically misunderstood human being.

Paul Gascoigne arrived at Lazio for a then record transfer fee after an injury-stricken season at Spurs. Expectations are sky high; he is welcomed as a footballing Messiah by the Roman fans. But all is not what it seems. There are doubts over his fitness, doubts over how he will adjust to life in Italy, doubts over whether his obvious potential can finally be achieved. The three subsequent years in Italy, shot through with incredible highs and self-inflicted lows, show Gazza in all his complexity – an immense natural talent flawed by a too-fragile personality.
Driven

Rosemary Smith, foreword by F1 legend Eddie Jordan

The inspirational autobiography of Rosemary Smith, the female motorsport pioneer who broke through the gender barrier to compete in and win some of the most iconic rallies in the world.

Rosemary Smith is recognised internationally for her outstanding achievements in the world of motorsport. A female pioneer in a notoriously male-dominated sport, she drove in the Monte Carlo Rally eight times, winning the Coupe des Dames on numerous occasions as well as competing in most other iconic rallies all over the world, including the London to Sydney in 1968, the World Cup London to Mexico in 1970 and the East African Safari Rally in the 1970s. In a Hillman Imp, Rosemary was the first and only woman driver to win the Tulip Rally outright, beating all the male drivers to the finish.

Now, for the first time, Rosemary reveals the inside story of her amazing life, recounting many memorable adventures and exploits both on and off the track. She recalls encounters with celebrities such as Ginger Rogers, Bob Hope, Adam Faith, Oliver Reed, Elizabeth Taylor and Richard Burton.

But Rosemary’s story is not all fast cars and marathon rallies. She writes with honesty about her early life, about a disastrous marriage, miscarriages and money troubles - and how she overcame it all.
World Racecourses

Cornelius Lysaght

An illustrated guide to the 100 best horseracing venues, by BBC journalist Cornelius Lysaght.

In *World Racecourses*, BBC journalist and horseracing expert Cornelius Lysaght presents 100 major horseracing venues, their history and heritage, and recent statistics. The book is illustrated with stunning photography and bespoke graphics created by Collins, the world-leading publisher of maps and atlases.

The book features each track in regional order, starting with the famous Epsom Downs course in England then taking in renowned locations such as Churchill Downs, Royal Ascot and Flemington Racecourse, all the way up to the state-of-the-art Meydan Racecourse in Dubai. More unusual and lesser known courses are also featured including the Pardubicka in Czech Republic, St Moritz in Switzerland and Ngong in Kenya.

Imprint: Collins Reference
Editor: Jethro Lennox
Publication: 4 Oct 2018
Format: Hardback
Extent: 272pp, full colour illus. throughout

Genre: Coffee-table, illustrated reference
Themes: Horseracing
For: Horse racing fan, perfect as a self-purchase or a gift

The author: BBC horse racing correspondent, broadcasting on Radio 5 Live, Lysaght was raised in Herefordshire and educated at Eton. Initially a broadcaster with radio stations Severn Sound (Gloucester) and Southern Sound (Brighton) and telephone service Racecall, he was one of the first sports reporter heard on Radio 5. Lysaght led BBC 5 Live's racing team to a Sony Award for its acclaimed Cheltenham Festival coverage (2003). He has written for the London Evening Standard, Horse and Hound magazine, the Sunday Mirror, the Times, the Guardian, Radio Times and for the BBC.
Women’s Lives & Voices
Happy Fat

Taking Up Space in a World That Wants to Shrink You

Sofie Hagen

A celebration of the fat body, and an agenda-setting call to arms to eradicate fat-phobia - an intelligent, funny, provocative response to body shaming.

‘I genuinely believe that if I had read this book when I was a teenager, I would have had a much better life from much earlier on, so that is what I am doing: I am writing this book for my teenage self.’ Sofie Hagen

Calling out widespread advertising and social media posts endorsing weight loss, comedian Sofie Hagen’s debut is a celebration of the fat body, and an agenda-setting call to arms to eradicate fat-phobia. In Happy Fat, Sofie shares her experiences as part of the fat-positivity movement, speaks with fat-liberation champions and describes how she conquered a negative relationship with her own body - and provides practical tips for readers to do the same.

Carrying on the conversation begun by books such as Roxane Gay’s Hunger and Sara Pascoe’s Animal, Happy Fat busts dangerous societal misconceptions about what constitutes a ‘good’ body and demands a redefinition of our current standards of beauty.

Happy Fat examines the overwhelmingly toxic consequences of body shaming, but also how to find self-acceptance outside of the ideals it promotes.

Praise for Sofie Hagen’s comedy:

‘Hagen’s debut hour is fantastic … consistently funny, personal, and a slyly powerful show’ Chortle

‘A dark story told lightly and honestly, and with plenty of wry wit’ Time Out

‘A tightly wrapped, beautifully jewelled little investigation into female self-confidence and artistic awakening’ Fest Mag

‘Hilarious … clever, touching and funny’ Mirror

Imprint: 4th Estate
Editor: Sarah Thickett
Publication: 18 Apr 2019
Format: Paperback
Extent: 256pp

Genre: Manifesto, essay

Themes: Western societies’ beauty ideals, fat positivity movement, social pressure, women’s bodies and mental health

For: Readers of Roxane Gay’s Hunger, Sara Pascoe’s Animal, Things No One Will Tell Fat Girls by Jes Baker, Body Positive Power by Megan Jane Crabbe, and Gabrielle Deydier’s On ne naît pas grosse

The author: A modern legend in her native Denmark, Sofie burst onto the British comedy scene by winning Best Newcomer at Edinburgh Festival 2015; her 2016 follow-up, Shimmer Shatter, was a second total sell-out, which followed again with another sellout show in 2017, Dead Baby Frog. One of the founders of the wildly popular Guilty Feminist Podcast, she’s recently been seen on the Nightly Show and Comedy Central’s Roast Battle. Sofie has spoken to millions as host of her successful Made of Human podcast, appeared on the One Show, the Now Show and Live From The BBC and has written for the Guardian and Standard Issue.
Ira
The Life and Times of a Princess
Nicholas Foulkes

A breathtakingly beautiful official photo-narrative biography of the incredible life of Princess Ira von Fürstenberg – model, actress, princess, socialite, heiress, mother, and jewellery designer.

Imprint: NonFiction
Editor: Caitlin Doyle
Publication: 21 Mar 2019
Format: Hardback
Extent: 240pp, col. and b&w photos throughout

Genre: Coffee-table
Themes: International jet-set, royalty, Golden Age of cinema

The author: Nicholas Foulkes is the author of around 30 books, specialising in history and the arts. He is a contributing editor to Vanity Fair, FT How to Spend It, and The Rake. He is also a columnist on Country Life and Spears. He is an internationally recognised authority on luxury travel, material culture, timepieces and the arts.

Rights sold to:
HarperCollins (Spanish)

A breathtakingly beautiful photo-narrative biography of the incredible life of Princess Ira von Fürstenberg – half Austro-Hungarian Princess, half Agnelli: model, actress, princess, socialite, heiress, mother, and jewellery designer.

Bursting onto front-page news in 1955 at the age of 15 in a jewel-laden gondola-wedding in the last great assembly of European nobility, Princess Ira von Fürstenberg swung into the spotlight and has never left.

Subject for master photographers Cecil Beaton and Helmut Newton, among others, actress alongside Klaus Kinski and Peter Lawford, and model for Vogue’s Diana Vreeland, Princess Ira has been an actress, model, muse, mother, socialite, jewellery designer, and creator of objets d’art. On and off screen, in and out of the flashbulb, Ira’s life – or, more accurately, lives – reads like a history of the jet set.

More than just a chronicle of a gorgeously fascinating life, this lavish photographic biography is a truly sumptuous snapshot of the glamour and charm of a lost era, a prism through which to see the world of European royalty, Italian cinema in its heyday, couture at most haute, and parties at their wildest.
Ma’am Darling

99 Glimpses of Princess Margaret

Craig Brown

Winner of the South Bank Sky Arts Literature Award 2018

A Guardian Book of the Year • A Times Book of the Year • A Sunday Times Book of the Year • A Daily Mail Book of the Year

Imprint: 4th Estate
Editor: Nicholas Pearson
Publication: 21 Sep 2017
Format: Hardback
Extent: 432pp

Genre: Literary biography, humour
Themes: High society, fame and art, snobbery, bohemia

For: Readers of The Mitford Murders by Jessica Fellowes; Charles: Victim or Villain? by Penny Junor; My Husband and I by Ingrid Seward; Wallis in Love by Andrew Morton; The Duchess by Amanda Foreman; This is Going to Hurt by Adam Kay

The author: Craig Brown is a journalist and the author of 18 books. He has been writing his parodic diary in Private Eye since 1989. He is the only person ever to have won three different Press Awards – for best humorist, columnist and critic - in the same year. He has been a columnist for, among others, the Guardian, the Times, the Spectator and the Daily Telegraph. He currently writes for the Daily Mail and the Mail on Sunday. His last book, One on One, was translated into 10 languages, and was a New York Times bestseller.

Rights sold to:
Farrar, Straus & Giroux (US English)

She made John Lennon blush and Marlon Brando clam up. She cold-shouldered Princess Diana and humiliated Elizabeth Taylor.

Andy Warhol photographed her. Jack Nicholson offered her cocaine. Gore Vidal revered her. John Fowles hoped to keep her as his sex-slave. Dudley Moore propositioned her. Francis Bacon heckled her. Peter Sellers was in love with her.

For Pablo Picasso, she was the object of sexual fantasy. “If they knew what I had done in my dreams with your royal ladies” he confided to a friend, “they would take me to the Tower of London and chop off my head!”

Princess Margaret aroused passion and indignation in equal measures. To her friends, she was witty and regal. To her enemies, she was rude and demanding.

In her 1950’s heyday, she was seen as one of the most glamorous and desirable women in the world. By the time of her death, she had come to personify disappointment. One friend said he had never known an unhappier woman.

The tale of Princess Margaret is pantomime as tragedy, and tragedy as pantomime. It is Cinderella in reverse: hope dashed, happiness misplaced, life mishandled.

Combining interviews, parodies, dreams, parallel lives, diaries, announcements, lists, catalogues and essays, Ma’am Darling is a kaleidoscopic experiment in biography, and a witty meditation on fame and art, snobbery and deference, bohemia and high society.
Shocked and shaken from her divorce from Simon, but determined to make the best of it, Ellen moves to pursue her rural dream of a quirky cottage with roses around the door and chickens in the garden.

However, Paxo, Oxo and Bisto turn out to be highly obstreperous and the roses have jaggy thorns. The world of internet dating beckons, with mixed results, and Ellen clashes with Jane’s difficult teenage years at every turn, but the one thing they can both agree on is that rescued Barry the Wolfdog is indeed The Ugliest Dog in the World, but is also the loveliest.

Mummy is single and ready to mingle.

Praise for Gill Sims’s previous books:

‘God, she’s funny’ Jilly Cooper

‘Honest and very funny – it’s a tale that mums will identify with’ Sun

‘Sim’s latest offering is a hilarious follow-up to her bestselling debut… you’d be forgiven for thinking the blogger behind Peter and Jane couldn’t pull it off twice – but she has’ Sunday Post
Why Mummy Drinks

The Journal

Gill Sims

Make every day funny with the riotous journal companion to Gill Sims’ smash hit Sunday Times bestseller Why Mummy Drinks.

Imprint: NonFiction
Editor: Katya Shipster
Publication: 18 Oct 2018
Format: Paperback
Extent: 256pp

Genre: Tie-in product/ Diary / Notebook
For: Gift book market

Of note: Gill Sims’ debut novel has sold over 129k copies and spent 23 weeks in the Sunday Times Top 10.

The author: Gill Sims is the author and illustrator of the hugely successful parenting blog and Facebook site Peter and Jane (300k followers). She lives in Scotland with her husband and her two children.

Previous rights sold:
Botart (Albanian)
Albatros (Czech and Slovak)
Prometheus (Dutch)
Tarapae (Estonian)
City Editions (French)
Eisele Verlag (German)
Partvonal (Hungarian)
Rizzoli (Italian)
Publica (Romanian)
Lind & Co (Swedish)
HarperCollins (Polish)
HarperCollins (Portuguese)
HarperCollins (Spanish)

You’re the proud owner of a journal called Why Mummy Drinks, so you almost certainly have no time at all for meditation, mindfulness or self-care (either the self-help sort or the euphemistic sort). This journal isn’t about promising to make you a better person, or a happier one, or a thinner one or even a wiser one, because there’s nothing wrong with the person you are. What it will do, is give you somewhere you can record your memories for the year. Or you can just skip straight to the drink recommendations at the end of each month. Totally up to you.

Tired of the daily school drop off struggle? Needing a cold glass of pinot after parents’ evening? Mummy knows exactly how you’re feeling.

Recount and reflect on the ups and downs, the joys and the trials of motherhood with this honest and laugh-out-loud journal companion. Featuring charming illustrations and creative prompts, as well as Mummy’s hilarious reflections throughout the year, this journal is the perfect gift for Mums everywhere.

Praise for Gill Sims’s previous books:

‘God, she’s funny’ Jilly Cooper
‘Honest and very funny – it’s a tale that mums will identify with’ Sun

‘Sim’s latest offering is a hilarious follow-up to her bestselling debut... you’d be forgiven for thinking the blogger behind Peter and Jane couldn’t pull it off twice – but she has’ Sunday Post

Companion title:
Bloody Brilliant Women

The Pioneers, Revolutionaries and Geniuses Your History Teacher Forgot to Mention

Cathy Newman

A fresh, opinionated history of all the brilliant women you should have learned about in school but didn’t.

In this freewheeling history of modern Britain, Cathy Newman writes about the pioneering women who defied the odds to make careers for themselves and alter the course of modern history; women who achieved what they achieved while dismantling hostile, entrenched views about their place in society. Their role in transforming Britain is fundamental, far greater than has generally been acknowledged, and not just in the arts or education but in fields like medicine, politics, law, engineering and the military.

While a few of the women in this book are now household names, many have faded into oblivion, their personal and collective achievements mere footnotes in history. We know of Emmeline Pankhurst, Vera Brittain, Marie Stopes and Beatrice Webb. But who remembers engineer and motorbike racer Beatrice Shilling, whose ingenious device for the Spitfires’ Rolls-Royce Merlin fixed an often-fatal flaw, allowing the RAF’s planes to beat the German in the Battle of Britain? Or Dorothy Lawrence, the journalist who achieved her ambition to become a WW1 correspondent by pretending to be a man? And developmental biologist Anne McLaren, whose work in genetics paved the way for in vitro fertilisation?

Were it not for women, significant features of modern Britain like council housing, municipal swimming pools and humane laws relating to property ownership, child custody and divorce wouldn’t exist in quite the same way. Women’s drive and talent for utopian thinking created new social and legislative agendas. The women in these pages blazed a trail from the 1918 Representation of the People Act – which allowed some women to vote – through to Margaret Thatcher’s ousting from Downing Street.

Blending meticulous research with information gleaned from memoirs, diaries, letters, novels and other secondary sources, Bloody Brilliant Women uses the stories of some extraordinary lives to tell the tale of 20th and 21st century Britain. It is a history for women and men. A history for our times.

Praise:

‘A litany of fresh heroes to make the embattled heart sing’ Caitlin Moran
Roaring Girls

The Forgotten Feminists of British History

Holly Kyte

An illustrated collection of 20 biographical profiles of little-known, yet extraordinary, British women, written by an accomplished, passionate writer and journalist with connections to the press, TV and to key influencers.

Imprint: HQ
Editor: Kate Fox
Publication: 21 Mar 2019
Format: Paperback
Extent: 290pp

Genre: Narrative non-fiction, biography, history
Themes: Women’s studies, Feminism, British history
For: readers of Goodnight Stories for Rebel Girls and Women in Science. Stories about amazing women whose voices haven’t yet been heard are seeing a rise in popularity, as testified by movies Hidden Figures and Dido Belle

The author: Holly Kyte studied Classics and English at Oxford University, and has since worked as a journalist and editor. She has written for newspapers, magazines and websites, including the Times Literary Supplement and the Sunday Telegraph.

This bold, gift-worthy and inspiring history tells the stories of British women who, despite every effort to suppress them, dared to be extraordinary.

Roaring Girls tells fresh, engaging, and amazing tales of perseverance grit and radical success by pairing well-researched and riveting biographies with powerful and expressive drawings. The book features an array of diverse figures from 1500 to 1900, from transvestite, performer and highwaywoman Mary Frith and philosopher, scientist, proto-feminist and science fiction writer Margaret Cavendish through to ‘Queen of the Desert’, writer, mountaineer, diplomat, spy and archaeologist Gertrude Bell.

This progressive and visually arresting book is a compelling addition to women's history and belongs on the shelf of every school, library, and home. Together, these stories show the immense range of what women have done and can do.
Money
&
Career Management
Money
A User’s Guide

Laura Whateley

A concise, timely and indispensable guide to taking control of your personal finances, from acclaimed money expert Laura Whateley.

Ten years on from the financial crash, we are still bad with money. We press ‘cash only’ at ATMs, and accept that we'll be paying back our student loans with our pension savings.

Money: A User’s Guide cuts through all the panic of personal finances. It will teach you how to get a great credit score, how to save hundreds on bills, and offer practical advice on every difficult conversation you’ve been avoiding including: housing (for renters and buyers), student loans, pensions, paying off debt, stocks and shares, ethical investments, money and mental health, money and love.

This essential book will give you the confidence and clarity to take back control of your bank account, enabling you to thrive in all areas of your life.

Imprint: 4th Estate
Editor: Michelle Kane
Publication: 4 Oct 2018
Format: Paperback
Extent: 384pp

Genre: Practical guide
Themes: Money management, financial literacy
For: Those who struggle with budgeting, and everyone who wants to take control of their finances

The author: Laura Whateley is an award-winning journalist and the Times' consumer champion writing the agony aunt column, ‘Troubleshooter’, and ‘Millennial Money’ in the Saturday Money section. She also specialises in affordable travel, property, and interiors for the Times and has written for the Sunday Times, the Guardian, the Observer, Dow Jones and Moneywise magazine. She grew up in the West Country and studied PPE at the University of Warwick before moving to East London.
Flex!

A Flexible Approach to Work, Life and Everything

Annie Auerbach

Flex is a book about taking a flexible approach to work, life and everything - a rebellious and more creative way to live.

At Starling, Annie Auerbach interviewed some of the world’s leading academics about how our lives and habits are changing and the common thread running through both her professional and personal life brought her to flex.

The flex approach is not accepting handed down wisdom. It’s about looking at routines (like the nine to five) and social norms (like women bearing the brunt of the ‘emotional load’ at home) and bending and re-shaping them.

Flex is looking within and understanding yourself and the patterns of your relationships, and working out how to live, earn money and be happy in a way that is perfect for you and your unique talents.

Flex is knowing that the world is changing fast. The jobs we were trained for in school won’t exist in a decade. And the more robotic our behaviour, the more vulnerable we are to the robots taking our place.

Flex is reinventing the rules for a new future. Because rigidity in a world of change means something is going to break, and that thing could be you.

Flex is looking within and understanding yourself, your body and the patterns of your relationships, and working out how to live, earn money and be happy in a way that is perfect for you and your unique talents.

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Flex is looking within and understanding yourself, your body and the patterns of your relationships, and working out how to live, earn money and be happy in a way that is perfect for you and your unique talents.

If you feel stuck, tired, not at your best, bored, this book is for you.

If you are burning with ideas but stuck in an environment that squashes them… this book is for you.

Flex is about reinventing the rules for a new future. If you are a rebel at heart… this book is for you. Because rigidity in a world of change means something is going to break, and that thing could be you.
Heart & Hustle

What It Takes to Make It to the Top

Patricia Bright

In Heart & Hustle, vlogger and entrepreneur Patricia Bright shares her secrets for finding purpose, creating and growing a side-hustle and developing your personal brand.

Growing up in South London as a first-generation child of immigrant parents, Patricia learned she’d have to hustle and work harder than other people to get what she needed.

Fast forward 20 years and Patricia is host of one of the fastest-growing lifestyle YouTube channels in the UK, a multi-award-winning content creator with a following of over 3 million spanning the globe, and a Glamour magazine cover girl for their first bi-annual issue.

Now, for the first time, let Patricia share with you her secrets of success. Packed with practical, straight-talking advice for anyone thinking about ditching or supplementing their 9 to 5, Heart & Hustle will show you how to find your purpose, create and grow your side-hustle and develop your personal brand to make it to the top.

Praise for Patricia Bright:
‘Patricia Bright is killing it right now’ Glamour
‘One of Britain’s biggest YouTube stars’ Huffington Post

Patricia Bright has one of the fastest growing lifestyle YouTube channels in the UK. With a professional background in financial consulting, she is now a multi-award-winning content creator, an ambassador for brands including MAC, L’Oreal and Diet Coke, and she was cover girl for Glamour magazine’s first biannual issue. In addition to working with top brands, Patricia has developed her own e-commerce business. She’s a South London girl born and raised, now raising a young family of her own.

Instagram: @thepatriciabright
Twitter: @PattyOLovesU
The Freelance Mum

The Career Guide for Better Work-Life Balance

Annie Ridout

A practical, no-nonsense guide to becoming a freelance mum – from deciding on your career path to launching your business from home.

Imprint: 4th Estate
Editor: Michelle Kane
Publication: 10 Jan 2019
Format: Paperback
Extent: 96pp

Genre: Self-help
Themes: Freelance careers, women’s career management, personal development, work-life balance and creativity

Of note: With 54,000 new mothers losing their jobs across Britain every year during pregnancy or maternity leave, a new trend is emerging: the freelance mum.

The author: Annie Ridout is Editor-in-Chief of digital lifestyle and parenting magazine The Early Hour, and works as a freelance journalist for national news and women’s magazines and has written for the Guardian, Red Magazine, Stylist, Metro and more. She lives with her husband and her two children in London.

Working from home, with flexible hours, enables the new mother to find a better work-life balance – continuing to build her career, while being around for her young children. This is why there’s been a 70% increase in freelancing mums in the UK over the past decade.

This book will walk you through the necessary steps to setting up as a freelance mum. From deciding on your freelance career path, to launching a website, social media, getting your name out there and perfecting your brand.

This is a comprehensive guide to the childcare options available to freelance mums, daily routines for optimum productivity, as well as tips on establishing and maintaining healthy work/life boundaries. Using her own experience, alongside tips and advice from a multitude of other freelance mums including Arianna Huffington, Scummy Mummies, Carrie-Anne Roberts, Robyn Wilder, Zoe de Pass, Cherry Healey, Sali Hughes and Anna Jones, Annie shows that with hard work and determination, any mother can thrive as a freelancer.
Lifestyle &
Mind, Body, Spirit
Health Revolution

Maria Borelius

The bestselling Swedish holistic guide to health and happiness on a deeper level – mixing science, medical, fitness and food information, this is the guide to read on anti-inflammation, written by award-winning science journalist Maria Borelius.

Imprint: HQ
Editor: Kate Fox
Publication: 27 June 2019
Format: Hardcover
Extent: 344pp

Genre: MBS, lifestyle
Themes: Holistic health, diet and exercise
For: Readers of Dr Hazel Wallace, Dr Rupy Aujla, and everyone in search of a healthier lifestyle
Of note: Health Revolution was originally published in Sweden by HC Nordic under the title Hälso Revolutionen, where it is a bestseller (50k copies sold to date).

The author: Swedish-born Maria Borelius studied Biology, Physics and Mathematics at Lund University; and holds a Master’s in Science Journalism from NYU. An award-winning former science journalist and anchorwoman, Maria is also a bestselling popular science and medicine author. She also writes columns for Dagens Industri and works as a communications adviser to scientific institutions, tech and pharmaceutical companies. She currently lives in London with her husband.

When Maria Borelius turned fifty-two, she started feeling increasingly tired. She had a lingering backache, had just entered menopause and was feeling melancholy. Was this all life had to offer?

This realization became the start of a four-year long quest, where she by coincidence discovered a totally new ecosystem of deep health - the anti-inflammatory lifestyle. She investigated the frontiers of science, travelled around the globe to meet medical, fitness and health experts in Canada, US, Denmark, Sweden, India and Egypt and explored health secrets from ancient civilizations and religious societies with unexpected long life-spans.

Whilst learning and digging she also tried all new insights on herself, with many challenges on the way. The puzzle became clearer.

Inflammation was the key catalyst behind most major modern diseases, behind aging itself. And she found that by turning to an anti-inflammatory lifestyle you could turn around the clock and create your best version of yourself. It is about the right foods, exercise, emotions of awe and wonder, sunsets and 2,000-year old health secrets.

Health Revolution is the story of a life journey but also about a knowledge quest, to promote health on the deepest level. The book is full of concrete and doable tips for everyone who wants to experience a younger, stronger, happier version of themselves.

Praise:
‘The book everyone is talking about’ Bokus.com
The Gynae Geek

Your No-Nonsense Guide To Down-There Healthcare

Dr Anita Mitra

The What-to-Expect of women’s gynaecological health: a go-to guide featuring light evidence-based information to what’s happening down there as well as practical advice for women of all ages.

Information is everywhere and yet many women still don’t truly understand how our bodies work and, specifically, how our lower genital tract works. Dr Anita Mitra, also known as The Gynae Geek, believes that we can only be empowered about our health when we have accurate information. This book will be that source.

This book takes you from your first period to the onset of menopause and explains everything along the way, from straightforward information about whether the pill is safe, which diet is best for PCOS, what an abnormal smear actually means, if heavy periods are a sign of cancer, right through to extraordinary tales from the clinic.

This straight-to-the-heart, sharp shooting guide will become the go-to reference book for all young women seeking answers about reproductive health as well as a way to dispel the swathe of misinformation that’s out there.

Dr Anita Mitra shares her personal experiences with stress and anxiety and her learnings about how the gynaecological health of women can be influenced by lifestyle choices.
The New Fashion Rules

Inthefrow

Victoria Magrath

The latest in fashion, and how to cultivate your own style from high street brands to high fashion, by lecturer, blogger and fashion influencer Victoria Magrath.

Who decides what we wear, how we dress, and the way we define ourselves through clothing? Do we decide our own take on style? Or is it our audience: the passer-by in the street, the person in front of us in the coffee queue, or our latest follower on Instagram?

The truth is the rules of fashion have changed. Drawing on her extensive insider-knowledge, Victoria writes about the new fashion rules; the rules she believes should define how we shop, style and dress now – each derived from a series of pivotal moments that have happened in the fashion industry in the last two decades.

With advice on everything from mixing luxury brands with high street steals to how to shop online to who you should be following for stylish inspiration, The New Fashion Rules is a must-have gift for aspiring fashionistas.

This super-stylish book is fresh, varied, fun and, with a mix of long form chapters and lists; some draw on her extensive industry-knowledge, others are much more personal; all provide tangible takeaways and inspire readers to cultivate their own style.

Imprint: NonFiction
Editor: Vicky Eribo
Publication: 1 Nov 2018
Format: Hardback
Extent: 288pp, 12 b/w, 50 col. illus.

Genre: Lifestyle, fashion
Themes: Fashion blogging, digital fashion, history of fashion

For: Anyone interested in fashion and social media

Of note: IntheFrow has a combined digital following of 1.79m

The author: Victoria Magrath
is one of the most influential fashion bloggers on the scene, with her website InTheFrow acting as a digital front row for a new generation of fashion-hungry readers. With a PhD in fashion and experience as a lecturer at Manchester University, Victoria is both a credible and respected voice in this space and a blogger with the knack for making fashion accessible and fun.
The Miracle of Vinegar

150 Recipes and Uses for Home, Health and Beauty

Aggie MacKenzie and Emma Marsden

The definitive guide to vinegar and its uses - packaged in a gifty, nostalgic small black-and-white format which is sure to appeal to all generations.

Already produced and used as a preservative by the Babylonians in 5000 BC, vinegar is the staple household ingredient that deserves more recognition.

The Miracle of Vinegar tells you all you need to know about, and can do with, this humble natural ingredient: from what vinegar actually is, to its history and tips on making your own vinegar. Discover 150 ways it is used around the world in the kitchen, as a cleaning aid, and even as a skin-friendly beauty ingredient.

In The Miracle of Vinegar, the authors share their tips on how to use this miracle ingredient as a flavour enhancer, raising agent or meat tenderizer in the kitchen, enjoy its amazing properties as a beauty ingredient in hair rinses and face toners, and make the most its potency as a household product, from descaling a kettle through to unblocking drains.

Imprint: HQ
Editor: Celia Lomas
Publication: 10 Jan 2019
Format: Hardback
Extent: 200pp

Genre: Lifestyle / Practical guide

Themes: Vinegar, health, beauty, cleaning

For: Millennials and those of us who want to use more natural products in cooking and on their skin; it will also appeal to anyone interested in health, wellness and using simple ingredients

The authors: Emma Marsden is a food writer and stylist who studied at Leiths School of Food & Wine. She was Cookery Editor at Good Housekeeping magazine and is a regular contributor to Harrods Magazine. She has written a number of books including Heart on a Plate, Fortnum & Mason's Afternoon Tea and Honey & Preserves, Weight Watchers' The Smart Cook and Sainsbury's Kitchen Know-How.

Aggie MacKenzie was one of the presenters on How Clean Is Your House and she also fronted Storage Hoarders. She is fastidious about cleaning and knows everything there is to know about no-fuss products and ingredients to use to keep a home clean.
Fed up with dieting? Have you tried everything before and failed? Has your self-esteem and body confidence dropped through the floor. If so, then Gemma’s plan is for you.

The Ultimate Body Plan is Gemma’s first book and will be a combination of 80 delicious recipes plus a workout plan that can deliver real results. The plan is achievable and can help you on your way to a fit, strong healthy body and a positive mental attitude to boot.

The book also gives an insight into the highs and lows of Gemma’s everyday life, 18 years of which she has lived in the public eye – from TV actress at 15 to now, aged 33, writing her first book. Almost 20 years of pictures across TVs, newspapers and online and accompanying comments have taken their toll. For the last 5 years she’s decided not to care and has found her inner happy and her inner warrior.

Gemma’s 10 strength commandments will set you on your way to success, building your positive mental attitude as you embark on the 12 week exercise plan. The 80 nutritious, quick and easy recipes, with clear calorie counts keep you on track to achieving your fitness and fat loss goals.

Here’s your ticket to changing how you look and feel forever and giving the middle finger to anyone who says it can’t be done.
Imperfectly Happy

Stacey Solomon

By one of the UK's most popular and loved TV personalities, Stacey Solomon, a guide to emotional freedom and happiness, with autobiographical elements that will delight her huge fan base.

Imprint: Thorsons
Editor: Carolyn Thorne
Publication: 7 Mar 2019
Format: Hardback
Extent: 288pp

Genre: MBS, memoir
Themes: Women's wellbeing, body positivity, motherhood, British pop culture

For: readers of Happy by Fearne Cotton; Body Positive Power by Megan Jayne Crabbe; The Goddess Revolution by Jes Baker

Of note: Stacey Solomon is one of the UK's most popular TV personalities. She has over 1.44m followers on Twitter, 984k on Instagram, and over 1.3m likes on Facebook. Her brand partnerships include Now Pensions (finance), Babybel (food), Look Again (fashion), Dr Oetker (food) and Warren James (retail).

The author: Stacey Solomon caught the nation's attention on the X Factor 2009 as one of the finalists. In 2010, she took part in I'm a Celebrity... Get Me Out Of Here, where she was crowned Queen of the Jungle. Now with a successful TV career, Stacey has hosted a diverse range of shows including Sing If You Can for ITV1, The Love Machine for Sky Living, Top Dog Model for ITV2 and in 2016 she was the co-host of ITV2's I'm A Celebrity... Extra Camp.

Renowned and loved for her refreshing candour on everyday issues, social, domestic and intimate, Stacey Solomon reminds us how important it is to embrace ourselves; the good, bad and the ugly.

Stacey’s authenticity and her courage to say what others daren’t opens discussions on sensitive but significant topics; her lack of sex drive after having kids, her battles with anxiety, the lows of motherhood and even the importance of hairy legs.

In Imperfectly Happy, be moved to tears and laughter by joining Stacey in her journey so far, as she reveals how to stay positive despite the everyday pressure to be and look perfect. Told through hilarious, sometimes moving, and always charming anecdotes, discover how to get the best out of life by being positive, not following the crowd, and trusting your gut instincts.

Covering how to navigate motherhood, deal with anxiety and prejudice, as well as the experience of getting older, Stacey has plenty of words of wisdom to share. With tips and tricks on how to apply a positive mindset within your own day-to-day life, become emotionally freer and happier with Stacey by your side.
#Teambride

How to Plan the Perfect Party for your BFF

#Teambride

The ultimate guide to being the best bridesmaid ever!

#Teambride is the essential handbook to make sure your BFF has the hen party of her dreams!

Look no further for the perfect hen party keepsake for your #teambride!

Perfect for party bags, this cute book is packed with quizzes and games; party planning inspiration, checklists, and décor ideas; advice for the bride-to-be; disaster management solutions for last minute wobbles; rude recipes; and a memory section to tell the story of your friendship and capture those once-in-a-lifetime hen memories.

Don’t waste hours party-planning online when you can get all the fun you need in one adorable little book!
Your Personal Horoscope 2020

Month-by-Month Forecast for Every Sign

Joseph Polansky

By leading US astrologer Joseph Polansky, a complete, in-depth one-volume guide to the year 2020, with month-by-month forecasts for the year ahead for every sign.

The only one-volume horoscope you'll ever need, this is your essential guide to love, life and career success in 2020.

This popular, complete one-volume guide contains all you need to know about your personal horoscope for the year 2020. Be prepared for the forthcoming year with monthly predictions for your own sign and discover how to maximise your opportunities and potential to make the most of 2020.

This bestselling astrological guide contains a personality profile for each sign; a forecast for the year ahead – what you can expect in terms of wealth, home, health, social and love life; a month-by-month forecast of your best days and worst days – the ideal days to attract love, money or success, and when it's better to just stay in bed!
How Not to Be a Dick

And Other Truths About Work, Sex, Love - And Everything Else That Matters

Brother

The perfect how-to for millennial men everywhere, from the highly entertaining and global online phenomenon, Brother.

Let’s face it – life can be complicated. From the classroom to the office, the bar to the bedroom, it’s hard to know quite what to do to be the perfect modern gentleman. But not to worry: The Truth will set you free.

Brother provides simple solutions to complex social interactions in the ultimate guide for gentlemanly etiquette. Unflinchingly direct, honest, but always hilarious, this book has got the modern man’s worries covered in a compelling mix of essays, infographics, quizzes and more.

Imprint: NonFiction
Editor: Katya Shipster
Publication: 16 May 2019
Format: Hardback
Extent: 288pp, 100 col. illus.

Genre: Gift book, humour

Themes: Navigating relations as a young man; career, love and friendships

For: Male millennials

Of note: The global Brother brand has an audience of over 40m on Snapchat.

The authors: Brother is a global brand made for millennial males. Publishing daily on Snapchat, they reach an audience with content that is informative, entertaining and interactive.
Dadventures

Amazing Outdoor Adventures for Daring Dads and Fearless Kids

Alex Gregory MBE

The ideal guide for busy, daring dads who need a few ideas for ways to spend quality time with their children - from an after-school walk to an overnight expedition.

Imprint: HQ
Editor: Katya Shipster
Publication: 31 May 2018
Format: Hardback
Extent: 256pp, 50 b/w illus.

Genre: Parenting, outdoor guide
Themes: Children’s emotional and physical well-being, entertaining children’s, father-child bond, outdoors activity
For: Young fathers as a self-purchase, or as a gift for young dads in need of inspiration
Of note: Hugely promotable author Alex Gregory is an Olympic gold medallist rower, a world champion rower and a patron of the British Exploring Society

The author: Alex is rowing’s double Olympic, World, European and National champion. With two Olympic gold medals in the coxless fours from London 2012 and Rio 2016, five World Championships and two national titles to his name Alex is one of the leading male rowers in the world. Alex also is a motivational speaker, a patron of the British Exploring Society, a David Attenborough fan. He and his partner Emily have three children, Jasper, Daisy and Jesse.

Rights sold to:
Curtea Veche (Romanian)

The ultimate family activity guide for busy daring dads in need of a little inspiration to spend quality time with their kids, by double Olympic gold medallist rower, adventurer and father of three, Alex Gregory.

Time is the one resource we can’t buy but we all want. It’s so important to make the most of the time we have and create lasting memories.

For a parent, leaving the house can sometimes be the hardest part. But outside is where adventures and memories are waiting to be made. From after-school adventures to an overnight trip, double Olympic gold medallist rower and father-of-three Alex Gregory shares exciting ideas for enjoying time together as a family, in all seasons. Whether you have 30 minutes to do homework up a tree, or a whole day to build an ancient bridge, you can delve in together and be inspired by this practical, easy guide for all ages. Divided into categories to fit whatever time slots work within the day, the book contains chapters such as After-School Adventures, 30-Minute Activities, Two-Hour Missions, Half-Day Experiences, Full-Day Adventures, Overnight Expeditions and Pushing Away from Land.

No matter how much time you have, make it count with Dadventures, the ultimate guide to ditching the routine and having fun with your kids.

‘I’ve got four girls under eight and this is brilliant. It’s a really handy book for dads, showing how to build a raft or an insect trap. I built a Viking boat recently out of wood. It’s a very good antidote to the iPad’ Jimmy Doherty, Daily Express

‘Dadventures is brimming with great ideas, and is written with a real sense of passion and enthusiasm for parenthood, with an emphasis on creating wonderful family memories together (…). Recommended’ D.A.D.co.uk
The Little Book of Sloth Philosophy

How to Live Your Best Sloth Life

Jennifer McCartney

Dispelling over-complicated myths about productivity, this brilliant gift book confirms that it really is OK to be a sloth. This is the ultimate ‘anti-lifestyle’ gift and humour book on the latest trend in cute animals.

Relax, unwind and soak up the wisdom of the sloth with the slowest page turner you’ll ever read.

From tidying and hygge, to living lagom, the endless pressure to be happier, live better, sleep soundly, and eat mindfully can be exhausting. But this year’s lifestyle trend finally delivers the perfect antidote – welcome to the year of the sloth.

Sloths are mindfulness in action. Contemplative, deliberate, relaxed, and focused. They resist the rat race, the incessant pressures from society to be more productive, and they don’t care how many steps they’ve logged on their fitness tracker. Long-limbed, a little bit shaggy, and a lot wide-eyed, they’re wonderful creatures, not to mention completely adorable.

Here you can enjoy take-it-slow wisdom inspired by sloths; including advice on sleep (more restorative than a 6 a.m. run), eating and ‘exercise’ (sloths are the original pioneers of slow food and yoga after all), work (did you know that lazy people have higher IQs?), family life, and love - along with quizzes, quotes, reading lists and playlists, to help you live your best sloth life.
Pet Memoirs
Lara the Runaway Cat

How One Cat Travelled the World to Discover Home is Where the Heart Is

Dion Leonard, with Sophie Pembroke

The story of Gobi, the loveable pug who followed Dion Leonard across a gruelling 155-mile trek across the Gobi Desert, and her mischievous cat sister, Lara, who runs away from her family, seeking a courageous adventure and a different life.

Lara doesn’t realise how good she has it in her home in Edinburgh with her owners, Dion and Lucja, and of course her sister, Gobi. If she’s being honest, she’s jealous of Gobi’s fame and the international attention she has received ever since Dion found her. Okay, Gobi may have survived an ultra-marathon across the Gobi Desert, but it’s not as if Lara doesn’t earn her fresh prawns! She dreams about the day when she can go outdoors and see the world, discover new friends and be free to make her own name.

But Lara’s wishful thinking gets the better of her as she takes a leap into the unknown and is forced to decide between her loyalties to her family and need to experience an adventure to rival Gobi’s. Join Lara in her eventful travels from Edinburgh to France, Beijing to Australia, where she is faced with challenges that will change her life forever.

Following on from the astounding real-life story of Dion Leonard, this fictionalised tale is a must-read for animal lovers everywhere.

Imprint: NonFiction
Editor: Oliver Malcolm
Publication: 7 Feb 2019
Format: Hardback
Extent: 288pp

Genre: Pet memoir, pet fiction
Themes: Pet lives, animal friendships

Of note: Gobi and Dion’s story has been sold to 21st Century Fox for a movie, which indicates Gobi’s potential to be the next biggest animal feel-good phenomenon since A Street Cat Named Bob.

For: Fans of Finding Gobi; A Street Cat Named Bob; Alfie the Doorstep Cat; Tilly.

The author: Dion Leonard is an Australian/British runner who currently lives in Scotland. Dion started running in 2013 and has already achieved numerous top 10 finishes in ultra races around the world. Dion has appeared on live television; CNN, Good Morning Britain, CBS, ABC America, ESPN, CCTV in China, BBC Breakfast and BBC World; Live radio interviews with BBC Radio 5 Live, BBC Outlook, Talk Sport UK, NPR America, ABC Radio Australia, Eric Zane Show and many others; Dion has also been interviewed by China Daily, the Times, Washington Post, UK Independent, USA Today, Canadian Post, to name a few.
Bodacious

The Shepherd Cat

Suzanna Crampton

The heart-warming, irresistible memoir of Bodacious the cat, and his idyllic life on an Irish farm.

Written from the perspective of Bodacious the cat, this is a beautifully written memoir of Bodacious’s life on the farm and everything that entails - early mornings, frosty starts, beautiful sunrises, adventurous rare-breed Zwartbles sheep, hard work, entertaining animals, mouth-watering food, kind people and idyllic country living with its highs and lows.

The Shepherd often tells Bodacious her favourite story of how she went out to buy red ribbon to wrap a gift for her friend, but instead came home with a gift for herself: a daring, assertive, ambitious cat looking for a home. But soon The Shepherd realises she needs Bodacious as much as he needs her. As soon as he arrives, Bodacious saunters around the farm like he owns the place and immediately establishes himself as Top Cat.

Bodacious isn’t content to pad round the house and curl up by the Aga, and soon he befriends a farm cat called Oscar who trains him in the ways of the farm. As well as Oscar, Bodacious gets to know all the other animals on the farm — cats Miss Marley and Ovenmitt, the scruffy border collie/fox terrier-cross called Pepper, and The Big Fellow, to name a few.

With wonderful characterisation, humour, sharp observation, and a plucky attitude, Bodacious shows us the ropes of Black Sheep Farm. As we soak in the atmosphere of the house, the orchards and the fields, we also learn how this Top Shepherd Cat got his name – by being ‘big, bold, beautiful, bolshie’, as his Shepherd always says.

Imprint: HarperElement  
Editor: Vicky Eribo  
Publication: 14 Jun 2018  
Format: Hardback  
Extent: 288pp  
Genre: Pet memoir  
Themes: Cat life, life on a farm, Ireland  
For: Fans of pet fiction, pet memoirs and those who have enjoyed A Streetcat Named Bob, Finding Gobi, The Dog who Crossed the Jungle to Find a Home, A Dog’s Purpose, The Art of Racing in the Rain  
Of note: Bodacious has a strong following on Twitter (15k). His YouTube videos have combined views of over half a million, and a Vine video of Bodacious working in the field received 80,000 views. He has been featured in Country Living and US farming magazine Modern Farmer.  

The author: US-born Suzanna Crampton spent her summers at her grandparents’ farm in Co. Kilkenny, Ireland. She studied agricultural and environmental sciences at the Sterling Institute in Vermont. She later returned to Kilkenny and now farms, blogs and tweets about her life’s work of sustainable farming.  

Rights sold to:  
Droemer (German)  
HarperCollins (Italian)  
HarperCollins (Japanese)
Creativity
The Accidental Memoir

The Remarkable Way to Write Your Life Story

Anthony Cropper and Eve Makis

A cross between the guided journal and the creative writing manual, The Accidental Memoir is the writing equivalent of bestselling Wreck This Journal.

Imprint: 4th Estate
Editor: Michelle Kane
Publication: 12 July 2018
Format: Hardback
Extent: 128pp

Genre: Creative writing manual, guided journal
Themes: Mental health, writing skills development, personal narratives
For: Fans of Wreck This Journal by Keri Smith


The authors: Eve worked as a journalist and radio presenter before becoming a novelist. She won the Young Booksellers International Book of the Year Award for her first novel, Eat, Drink and Be Married.

Anthony has published two novels and a collection of short stories. His play, I'll Tell You About Love won the BBC Alfred Bradley Award for Radio Drama.

Rights sold to:
Het Spectrum (Dutch)
HarperCollins (Polish)

The Accidental Memoir takes you on a journey of self-discovery, from the origins of your family name and earliest memories, to what you’d invent and how you’d change the world. This beautifully illustrated book is filled with inventive and accessible writing prompts, as well as tips for anyone wanting to document their lives and explore their creativity.

Want to flex your writing muscles, exorcise your demons, relive moments of magic, make sense of life, have fun and leave a lasting legacy? The Accidental Memoir will show you how.

This innovative concept was developed as an Arts Council project to help people tap into their own lives. Working with diverse groups from refugees to the elderly and prisoners, it has been a resounding success in unearthing stories that otherwise may never have been told.

The Accidental Memoir truly is for all: writers and non-writers, teachers and students, the perfect book for anyone seeking inspiration or imaginative ways to explore their own life story and a remarkable guide designed to help coax people out of wordlessness and into writing the story of their life.

Praise:

‘May be the best gift you'll ever receive’ Waterstones

‘Creative writing starts with your own truth, and this beautiful tender guide returns that treasure to you… I might have been published years earlier if I'd had this book!’ Laline Paull, Sunday Times bestseller The Bees

‘A beautifully powerful concept that's sure to lead to the discovery of some life-changing stories. The Accidental Memoir is the perfect book for anyone who's looking to spark their creativity, tap into their emotions, or simply understand themselves - and life - that little bit better.’ Otegha Uwagba, author of Sunday Times bestseller Little Black Book
Christmas at Liberty

Step behind-the-scenes of our magical shop this Christmas. Take time to wander between these pages and discover the enchanting characters who bring our famous print designs to life.

With treasure to discover on every page, you might catch a frog on the stair, a ravenous bear or a feathered owl in flight! The story of Liberty is woven into this beautiful festive colouring book, with brand new prints for Christmas 2018 and some classic favourites, accompanied by exclusive poetry, anecdotes and descriptions of what inspires the collections from the designers themselves.

A colouring book telling the enchanting story of Liberty at the most magical time of the year, told through beautiful prints to colour, exclusive poetry, and notes from the designers – the perfect Christmas gift.

Imprint: NonFiction
Editor: Lydia Good
Publication: 18 Oct 2018
Format: Paperback
Extent: 128pp

Genre: Colouring/Activity books, brand tie-in

Themes: Christmas, heritage brands, British traditions

Of note: Liberty are famous for their Christmas displays, attracting press from July onwards. Liberty’s first colouring book sold 17k TCM and 60k across all accounts in home and export. This book has brand new print designs accompanied by anecdotal text from the designers.

The authors: World-famous and iconic, Liberty is a household name all over the globe. This is their first Christmas book and offers a behind-the-scenes glimpse into their inspiring and enchanting world for an already engaged and wide demographic.
The Little Inventors Handbook

A Guide to Becoming an Ingenious Inventor

Dominic Wilcox

A fun, fully illustrated step-by-step guide to coming up with inventions by world-renowned inventor Dominic Wilcox.

Imprint: Collins Reference
Editor: Laura Waddell
Publication: 18 Oct 2018
Format: Paperback
Extent: 160pp

Genre: Children’s activity book, inspirational guide

Themes: Science, innovation, developing inventiveness

For: Parents who want to encourage their kids to take an interest in science, tech, art or design careers

The author: The Little Inventors project is the brainchild of artist and designer Dominic Wilcox, in collaboration with expert educationalists, designers and curators. Dominic Wilcox is a world renowned inspirational inventor, designer and artist who creates innovative and thought-provoking objects. His work has been exhibited in museums and galleries around the world including the V&A and London Design Museum.

A step by step guide to thinking up fantastical, funny or perfectly practical inventions with no limits!

This book encourages budding inventors to think big and have fun with their imaginations! Be inspired by drawings of scarf helicopters, ladybird umbrellas, and ghost wash’n’dry machines! Check out toothbrush maraccas, square peas, and nose scratchers! What will YOU invent?

With this step by step guide, Chief Inventor Dominic Wilcox will talk Little Inventors through the process of coming up with new ideas, including problem solving, ways to make objects better, and thinking about the ways people use things.

They'll complete activities and learn some cool facts about the history of inventions, science, tech, art and design along the way! Based on the project which takes children's invention ideas and makes them real.

Based on the project by Chief Inventor Dominic Wilcox which takes children's invention ideas and makes them real, this book encourages little inventors to think big, have fun with their imaginations, and learn some cool facts about the history of inventions, science, tech, art and design along the way!

Praise:

‘Inventing is a key to unlock a child’s creativity which I have found fundamental to my wellbeing in life. Here's to Little Inventors for a make good feel good future!’ Imogen Heap, musician
Create Your Own Happy

Penny Alexander and Becky Goddard-Hill, illustrated by Clare Forrest

An illustrated activity book that empowers children to shape their lives, and the lives of others, featuring fun write-in activities paired with facts and information.

Create your own happiness with this illustrated activity book that empowers children to shape their lives, and the lives of others, by showing them how to take fun, positive steps towards their own happiness and positive self esteem.

Discover everything happy with this interactive, fun activity book! Learn about the inspiring and surprising science behind emotions. Complete acts of kindness and think about positive relationships. From speaking in front of your class to standing up for others; planting a seed bomb outdoors or making your own happy playlist, learn how to ‘create your own happy’!

For increasingly independent thinkers and proactive young people, giving them a handle on their own emotional wellbeing to best equip them with confidence for the everyday challenges of life and school.

Imprint: Collins Reference
Editor: Laura Waddell
Publication: 6 Sep 2018
Format: Paperback
Extent: 160pp

Genre: Children’s activity book
Themes: Children’s emotional well-being, creative skills, tackling everyday challenges
For: Children as much as parents who will see it as the ideal tool to encourage positive wellbeing in their children

Of note: The authors are successful parenting bloggers and consultants with education and counselling experience. In 2016 Becky won a MAD blog award for her outstanding contribution to the blogging community. In 2013, Penny won a MAD blog award for her work for Comic Relief.

The authors: Becky Goddard-Hill worked in social work as a child development trainer and as a children’s bereavement therapist and now runs 5 highly ranked blogs. She currently writes regular blogs for Letts Revision Guides.

Penny Alexander worked for seven years in secondary schools teaching Drama & Film, and as a Head of Media Studies, and now works as an education consultant.
Cookery
Strudel, Noodles and Dumplings

Anja Dunk

A celebration of modern German home cooking in 200 comforting and wholesome German recipes to cook at home - for fans of hygge and lagom lifestyles.

Strudel, Noodles and Dumplings is a cook book about Germany’s varied culinary heritage seen through the eyes of Anja Dunk’s family recipes, most of which have been given a new life in her young family kitchen.

From recipes such as Wholewheat Buttermilk Waffles to Caraway Roast Pork and Courgette and Green Pepper Salad with Yogurt Dressing, Anja’s way of cooking is vibrant, honest and deeply intertwined with the seasons and the weather.

Featuring over 200 simple recipes for the everyday family table, as well as a handful for special occasions, Strudel, Noodles and Dumplings will be an essential guide for all the basics of German cuisine, at the same time as providing inspiration and encouragement for cooking through the year.

Praise:

‘Anja’s writing is warm, evocative, engaging and transportative. There is a sense of old-fashioned storytelling about it, magical, although absolutely rooted (...). Her recipes are clear and confident, you sense immediately you are in safe, experienced hands – I love that.’ Rachel Roddy

‘Anja lives and cooks with the rhythms of the year and the seasons and those cooks are my favourite kind. Every time I see one of Anja’s pictures I want to sit at her table (...). Her generous spirit comes across in all she does.’ Anna Jones

‘There are fewer taste buds I trust more in the world than Anja’s. She has an extraordinary understanding of flavour and you can bet that these beautiful and original recipes are 100% foolproof, too’ Meera Sodha

‘Just what the doctor ordered: straightforward no-nonsense family-friendly home-cooking in the German tradition that’ll work for everyone who wants to set good food on the table without fuss’ Elisabeth Luard
Christmas and Other Winter Feasts

Fortnum & Mason

Tom Parker Bowles

Following on from the success of 2016’s *Fortnum & Mason: The Cook Book, Christmas & Other Winter Feasts* provides the perfect Fortnum’s guide on how to celebrate the festive season at home.

A joyous celebration of Fortnum & Mason’s love for extraordinary seasonal food, *Christmas and Other Winter Feasts* is filled with flavoursome recipes for Christmas and New Year’s Eve, as well as Guy Fawkes and Burns’ Night.

From seasonable soups to hearty January eating, and featuring exclusive stories from the Fortnum & Mason archives, *Christmas and Other Winter Feasts* is the essential accompaniment to any party, gathering or feast.

Capturing the magic and finest festive traditions of Fortnum & Mason, *Christmas and Other Winter Feasts* gathers together everything you need to enjoy a truly delicious winter, with essential recipes for any special occasion, including vegetarian and vegan options, combined with unique stories from the history of Fortnum’s and its suppliers.

The author: Tom Parker Bowles is a food writer and broadcaster, and author of six books including *E is for Eating: An Alphabet of Greed*, the award-winning *Full English: A Journey Through the British and Their Food*, *Let’s Eat: Recipes From My Kitchen Notebook* and *Fortnum & Mason: The Cook Book*. He is also Restaurant Critic for *The Mail on Sunday*, and Food Editor of *Esquire*. He lives in London.

Previous title:
Slow

Food Worth Taking Time Over

Gizzi Erskine

Food writer and TV presenter Gizzi Erskine’s new book, on food worth taking time over... the way she likes it.

‘Sometimes I feel out of sync with the modern approach to cooking, which seems to be all about putting convenience over quality. Our obsession with speed and ease is leading us towards a place where we are in danger of losing an appreciation of the joys of technique and process, what it means to really pour love and care into the food we are cooking and growing.’

Over 100 recipes you can give yourself permission to take time over. Recipes for a Friday night or a leisurely weekend, where quality is put over convenience and speed, the joys of technique and process are appreciated and love and care is poured into the food.

Slow is a complete departure from the Gizzi cookbooks that came before. Gizzi has grown up and honed what it is that she cares about: cooking conscientiously, ingredients of the highest possible quality, treated with the respect they deserve. This is exactly the book Gizzi was born to write: it’s the food she likes to cook, the way she likes it.

Imprint: HQ
Editor: Celia Lomas
Publication: 18 Oct 2018
Format: Hardback
Extent: 256pp

Genre: Cookery
Themes: Slow food, taking time, revisiting traditional culinary techniques

The author: Gizzi completed her training as a chef at the prestigious Leith’s School of Food and Wine, where she graduated top of her year, she quickly established herself as an award-winning food writer and stylist after winning a placement at BBC Good Food Magazine. She has been a columnist for the Sunday Times Magazine, Contributing Editor for InStyle and has written for a wide variety of other magazines and newspapers such as Marie Claire, Elle, Elle USA, Vogue USA, GQ, the Times and the Evening Standard. Her previous books include Cook Yourself Thin, Gizzi’s Kitchen Magic, Skinny Weeks & Weekend Feasts and Gizzi’s Season’s Eatings. An integral part of the London food scene for fifteen years, she has collaborated with some of the UK’s most talented chefs including Mark Hix, Angela Hartnett and Tom Kerridge.

Twitter: @GizziErskine
Instagram: @gizzierskine
BOSH!

Simple Recipes, Amazing Food, All Plants

Ian Theasby and Henry Firth

BOSH!’s first uber-trendy vegan cookbook – for vegans and flexitarians who are looking for fun and unpretentious recipes – already 126k copies sold in the UK.

Want to cook ridiculously good plant-based food from scratch but have no idea where to start? With over 100 incredibly easy and outrageously tasty all plants meals, BOSH! The Cookbook will be your guide.

Henry Firth and Ian Theasby, creators of the world’s biggest and fastest-growing plant-based platform, BOSH!, are the new faces of the food revolution. In BOSH! The Cookbook, Ian and Henry share over 100 of their favourite go-to breakfasts, crowd-pleasing party pieces, hearty dinners, sumptuous desserts & incredible sharing cocktails. The book is jam-packed with fun, unpretentious and mega-satisfying recipes, easy enough to be rustled up any night of the week. It’s enough to convince the staunchest of carnivores to give plants a whirl.

Whether you’re already sold on the plant-based lifestyle or you simply want to incorporate more meat, dairy and egg-free meals into your week, BOSH! The Cookbook is your plant-based bible.

‘The BOSH! boys: the vegan Jamie Olivers’ Times

‘A really great cookbook with over 140 recipes to use every day.’ Hairy Bikers

‘I love the BOSH! boys (…) their totally original, exciting approach to simple, tasty plant-based food.’ Anna Jones, author of A Modern Way to Eat

‘… simple and imaginative vegan recipes which are filmed and broadcast to over 1.4m Facebook users. Their videos are short, intoxicating, with no agenda or fuss – just showcasing delicious, comforting food that happens to be meat free.’ BBC Radio 4

Coming up!

Bosh! More Plants
(Publication on 4 April 2019)
Many cookbooks have been published by chefs. But Simon is uniquely placed to write a definitive cookbook that changes the tenor of cookery publishing. Here is a book that perfectly communicates his philosophy of taking farmed and foraged seasonal ingredients to create unforgettable dishes.

For years, inventive cookery was all about exotic ingredients and far-flung cuisines, but Simon Rogan has led the way in showing that innovative cookery is at its best when using local ingredients with imagination and passion. His food is primal, and it's natural, but it's not rough or messy. It's beautifully refined and has transformed how we view locally-sourced cuisine – the Farm to Plate ethos.

Simon’s book showcases recipes that use beautiful ingredients, but ones that are accessible to people everywhere. Breaking the boundaries of how people use their ingredients and cook their food, this will become the cookery event publication of the year.
From renowned food writer and broadcaster, Rosie Birkett, comes a truly delicious collection of recipes certain to inspire readers to become truly instinctive home cooks. Embracing seasonal ingredients, The Joyful Home Cook shows us how to coax the most flavour out of every morsel to deliver nourishing and beautiful meals every day of the year.

As well as resurrecting underused home cooking skills like smoking, brining and fermenting with an eye to getting the most out of every ingredient, this cookbook applies a thoroughly modern approach to flavour combinations and global culinary influences. Including practical tips such as how to cook cleverly to minimise waste, as well as putting recipe surpluses to shrewd use elsewhere, Rosie reveals how make the most out of every ingredient. Follow her tips and techniques to cultivate well-stocked culinary arsenals you can call upon any time to effortlessly create game-changing meals for friends and family; from homemade sourdough to pickled veg, pistachio pesto to peach Eton mess, learn how to cook up a feast of joyful flavours in no time at all.
The Doctor’s Kitchen: Eat to Beat Illness

A Simple Way to Cook and Live the Healthiest, Happiest Life

Dr Rupy Aujla

Following on from Dr Rupy’s Sunday Times bestselling cookbook The Doctor's Kitchen, Eat to Beat Illness distils actionable ideas for daily life to teach you how to use food to trigger and amplify your defences against illness.

In Dr Rupy’s second book he builds on the message that what you choose to put on your plate is one of the most important health interventions you can make. Food can not only affect our likelihood of disease but it can lengthen our lives, change our mood and even affect the expression of our DNA. The first section of the book explains how our bodies can better fight off illness through eating well and how we can heal our bodies through simple lifestyle changes including exercise, stress reduction, sleeping well and finding purpose in our lives.

It is now scientifically proven that certain foods and food groups are beneficial for staving off illness and here Rupy will look at key conditions such as cancer, depression, diabetes, Alzheimer’s, stress and explain what to eat to increase our chances of staying healthy.

Complemented by 80 new recipes, full of tempting international flavours such as Roast Golden Beets with Italian Greens and Hazelnut Pesto; Bangladeshi Cod Curry, Spatchcock Poussin and Middle Eastern Ful Madames; Iranian Dizi Stew; Garlic Chilli Prawn and Black Bean Stirfry with Bokchoy and Silverbeet; Pea and Broccoli Orecchiette, Japanese Togarashi Mix, to name just a few, eating well for has never been so easy and delicious.

Imprint: NonFiction
Editor: Carolyn Thorne
Publication: 4 Apr 2019
Format: Paperback
Extent: 272pp

Genre: Cookery
Themes: Plant-based cooking, healthy cooking, medical advice

Of note: The Doctor’s Kitchen, Rupy’s first book, has sold 37k in the UK alone. Dr Rupy has a growing and strong media profile with appearances on ITV’s This Morning, an international speaking schedule and frequent radio and press calls. The Doctor’s Kitchen podcast regularly tops the health category on iTunes.

The author: Dr Rupy Aujla is a practising GP in London. Trained at Imperial College London, he is the leading voice in how nutrition can heal and improve health. He makes regular appearances on ITV’s This Morning. He is the go-to Doctor on BBC Asian Network’s Noreen Khan show with half a million listeners, Men’s Health Recipe Creator and Doctor, TEDxNHS Speaker, Huffington Post, Shortlist, Stylist, Metro contributor.

Instagram: @doctors_kitchen
Twitter: @doctors_kitchen

Previous title:
What Vegans Eat

Brett Cobley

Instagram sensation Brett Cobley’s first cookbook: everyday vegan food, cheap, quick and easy to make.

Whether you’re giving Veganuary a go, cooking for a vegan friend, or simply cutting back on meat and dairy, look no further!

Packed with fuss-free, creative, nutritious and undeniably delicious recipes to make for your whole gang, we challenge even the most die-hard of carnivores not to come back for more! Brett Cobley’s mouth-watering recipes – loved by his Instagram followers – celebrate flavour, ingredients, the joy of cooking and, most importantly, eating!

This book will also hold your hand during your first week vegan; show you how to stock up on the basics; and teach you quick tricks to ensure you never go hungry even when your cupboards feel bare. Dig in to discover your new go-to dishes, including: Vegan Omelette, Pancake Stacks, Caponata Bruschetta, Spicy Bean Sub Sandwich, Arancini with Arrabiata Sauce, Warm Italian Salad, Pasta e Fagioli, Mexican Pizza, White Wine & Pesto Gnocchi, Gourmet Gratin, Spring Roll Burritos, Mac & Cheese Burger, Cookie Butter Brûlée, Blueberry and Lemon Drizzle Cake…

Imprint: NonFiction
Editor: Lydia Good
Publication: 27 Dec 2018
Format: Hardback
Extent: 208pp + 40 col. illus.

Genre: Cookery
Themes: Veganism, everyday home cooking

Of note: Brett Cobley’s Instagram has 56k followers.

The author: Brett Cobley set up EpiVegan in March 2016 as an Instagram page to show that vegan food could be tasty, vibrant and desirable to vegans and non vegans alike. He quickly learned of the strong and welcoming vegan community on Instagram and continued to post new and exciting food pictures daily, which soon led to the EpiVegan Youtube channel in December 2016. Since then Brett has taken the cookery world by storm, being asked to speak at Vevolution and collaborating with hugely successful vegan food writers such as Lucy Watson. What Vegans Eat is his first book.

Instagram: @EpiVegan
Oaky, smoky, young or old, whisky is a versatile and highly spirited spirit that has been the backbone of the classic cocktail since the old-fashioned was new. From the highlands of Scotland to Bourbon county, Kentucky, whisky distilleries have spread across the world, and today there are multitudes of styles and flavours to complement any manner of mixer. This beautifully illustrated book will introduce you to the wider world of malts, and showcase the true potential of whisky and bourbon.

In *Whisky Made Me Do It*, award-winning mixologist and Certified Specialist of Spirits, Lance Mayhew explains everything you need to know: how to choose the right type, mix the ultimate Manhattan and find the perfect cocktail for any occasion.

From grown-up scotch and sodas, celebratory mint juleps, or playful picklebacks, there are recipes here for any mood, any event, and any whisky-drinker.

**Previous titles:**

- *Prosecco Made Me Do It*
- *Gin Made Me Do It*
- *Tequila Made Me Do It*
The Nut Butter Cookbook

Over 60 Naturally Nutty Recipes

Heather Thomas

For all nut butters addicts, an indispensable recipe book featuring over 60 recipes covering all meals of the day – including how to make your own!

Imprint: NonFiction
Editor: Lydia Good
Publication: 18 Oct 2018
Format: Hardback
Extent: 112pp + 30 col. illus.

Genre: Cookery, gift book
Themes: Home cooking, quick-and-easy recipes
For: Beginners, busy students and parents
Of note: The series’ low price point and gifty format make it ideal for sale through mass-market retailers.


There’s so much more to nut butter than peanuts, and this brilliant book is packed with creative recipe ideas to deliver your daily nut butter hit! From brunch to lunch, snacks and light meals, to suppers, desserts and baking, you’ll need to keep your nut butter shelf well-stocked, or try your hand at whizzing up your own varieties!

Try our crunchy cashew cinnamon oatmeal or peanut butter pancakes; give our almond butter avocado pesto or stir-fry satay sauce a go; and indulge in salted caramel and almond butter cookies or perfect peanut butter chocolate muffins.

Previous title:
Give the Dog a Bone

Darcey the Dachshund and Nicola ‘Milly’ Millbank

By actress and dog-lover Nicola Millbank, an adorable gift book with over 40 home-cooked meats, meals and snacks for our four-legged friends.

Is there a more spectacular sight than seeing dogs of all shapes and sizes having the time of their lives, doing exactly what they love best, i.e. playing and eating?

How about making delicious treats for your canine companion to enjoy, and having them look at you with those adoring puppydog eyes all over again?

Now you can do both!

More than simply a captivating collection of adorable dogs and puppies loving life, Give the Dog a Bone contains over 40 delicious, easy and healthy recipes for doggy treats that your pet is bound to love, from one dog-lover to another, all tried-and-tested by Darcey the miniature Dachshund.

Including treats perfect for long walks, everyday recipes, special occasion goodies, training treats and healthy snacks, this is a must for all dog-lovers that will make your faithful friend fall in love with you all over again.

Imprint: HQ
Editor: Kate Fox
Publication: 4 Oct 2018
Format: Hardback
Extent: 72pp

Genre: Cookery, gift book
Themes: Dog nutrition, DIY pet food recipes
For: All dog lovers!

Of note: The series’ low price point and gifty format make it ideal for sale through the mass-market. Homemade dog food and doggy treats is an emerging trend that is fast gathering pace, in particular amongst millennials. Following health food trends for humans, grain-free, ethically-sourced, organic pet foods have all seen a surge in sales across the world.

The author: Milly is an author, food writer and self-confessed dog lover. She is always cooking up delicious and canine-friendly treats for her dachshund, Darcey, who is a very keen taste tester! When she’s not testing out new recipes, Milly works as an actress as Nicola Millbank and has appeared in Mount Pleasant, Mr. Selfridge and Silent Witness.
Christmas with Good Housekeeping

Tried. Tested. Trusted.

Good Housekeeping

The ultimate Christmas cookery companion for every household from Britain’s most trusted kitchen.

Imprint: NonFiction
Editor: Katya Shipster
Publication: 18 Oct 2018
Format: Hardback
Extent: 288pp, 120 col. illus.

Genre: Cookery
Themes: Christmas

The author: Good Housekeeping is the UK’s biggest selling lifestyle magazine. Tried & tested for over 90 years, Good Housekeeping delivers recipes, consumer tests, home, health, beauty & fashion advice.

Christmas with Good Housekeeping provides every recipe you need for the most delicious festive season with family and friends. With over 140 recipes for jovial perfection, chapters offer mouth-watering ideas for canapes, starters, vegan & vegetarian options, baked goods, showstopper desserts, edible gifts, and not to forget Christmas lunch with all the trimmings!

Accompanied with stunning photography, specially curated to answer key questions for readers surrounding Christmas cookery, Good Housekeeping reveal not only their tried and tested recipes, but also their tips for getting ahead, saving time, loving your leftovers, and making the most out of your festive gatherings.

With all bases covered for the big day, this definitive cookbook will be one you’ll come back to year after year.
True Lives
Where Has Mummy Gone?

A Young Girl and a Mother Who No Longer Knows Her

Cathy Glass

By Sunday Times bestselling author Cathy Glass, the true story of eight year-old Melody, who comes into Cathy’s care after being rescued from a drug-dependent single mother accused of neglect and engaging in prostitution.

When Cathy is told about Melody’s terrible childhood, she is sure she’s heard it all before. But it isn't long before she feels there is more going on than she or the social services are aware of. Although Melody is angry at having to leave her mother, as many children coming into care are, she also worries far more than is usual.

Amanda, Melody’s mother, is also angry and takes it out on Cathy at contact, which again is something Cathy has experienced before. Yet there is a lost and vulnerable look about Amanda, and Cathy starts to see why Melody worries about her and feels she needs looking after.

When Amanda misses contact, it is assumed she has forgotten, but nothing could have been further from the truth…
A Boy Without Hope

A Boy Without Hope is the heart-breaking story of a boy who didn’t know the meaning of love. A history of abuse and neglect has left Miller destined for life’s scrap heap. But in this turbulent story of conflict and struggle, Casey Watson is determined to help Miller overcome his demons, show him love and give him hope.

Casey Watson is back, doing the job she does best – rolling up her sleeves and fostering the children who, on first meeting, seem like hopeless cases. But when she meets Miller and discovers the truth about his disturbing childhood, even Casey begins to doubt if this child will ever be able to accept love.

Found naked and alone on a railway track, Miller was just five when he was first admitted into the care system. Emotionally tormented by his biological parents, Miller has never understood how to establish meaningful relationships, and his destructive past, and over 20 failed placements, is sealing his fate in society’s social scrap heap.

After a torrent of violent behaviour and numerous failed attempts to help Miller, Casey decides to make an intervention, implementing a severe regime that strips Miller of all control. But soon the emotional demands of Miller’s case start to take their toll on Casey and Mike. Just how far is Casey willing to go to help Miller and save him from his inner demons?
The Forgotten Child


R. Gallear

Based on a true story, The Forgotten Child is a heart-breaking memoir of an abandoned newborn baby left to die, his tempestuous upbringing, and how he came through the other side.

It's a freezing winter's night in 1954. A baby boy, a few hours old, is left by his mother, wrapped in nothing but two sheets of newspaper and hidden amongst the undergrowth by a canal bank. An hour later, a late-shift postman is walking wearily home when he hears a faint cry. He finds the newspaper parcel and discovers the newborn, white-cold and whimpering, inside.

After being rushed to hospital and against all odds, the baby survives. He's baptised by the hospital chaplain as Richard.

Everything feels as though it's looking up; Richard is put into local authority care and regains his health. However, after nearly five blissful years in a rural care home filled with loving friends, it soon unfolds that his turbulent start in life is only the beginning.

Based on a devastating true story, this inspirational memoir follows Richard's traumatic birth, abusive childhood, and search for the truth.

Imprint: HarperElement
Editor: Vicky Eribo
Publication: 21 Mar 2019
Format: Paperback
Extent: 320pp

Genre: True life, memoir
Themes: Traumatic birth, abusive childhood, coming to terms with one's past
For: Readers of The Hospital; Locked In by Barbara O'Hare; Every Mother's Fear by Joanna Warrington; Ugly Child by Kate Skylark; If You Love Me by Alice Keale.

Of note: Richard has been interviewed and filmed or recorded several times in recent years for TV and newspapers.

Ghostwriter Jacquie Buttriss is the best-selling author of chart-toppers My Secret Sister (60k TCM, 200k worldwide) and Secret Slave (70k).

The author: Throughout the trials and terrors of his childhood, Richard survived to tell the tale in this book. Now in his sixties, he lives in the West Midlands, not far from the Canal towpath where he was found that first freezing night of his life. His quest for the truth of his origins has been a long journey, but now he feels at peace with it all.
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