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History & Reference
THE YOUNG ALEXANDER

Alex Rowson

In this brilliant biography, Alex Rowson offers an astonishing new account of Alexander the Great’s early years – one of the most important figures of the ancient world, but whose earlier years have until now been a mystery.

Alexander the Great conquered land from Macedonia to Egypt to India, known now both for his accomplishments and his precocity – he achieved it all before dying abruptly at the age of thirty-two. But while much is known of his later years, almost nothing had survived of his first two decades – until now.

Since the astonishing discovery of the tomb of Macedon – that of Alexander’s father – in 1977, archaeologists have been scouring what is now northern Greece to uncover extraordinary details of life in ancient Macedonia.

In this book, Alex Rowson tells this story, drawing from new knowledge to portray the tempestuous relationship between Alexander’s parents, Philip and the Molossian princess Olympias, his education by Aristotle, and the strict military training which would serve him so well in later years.

In a rare explosion of fresh understanding of the ancient world, Rowson offers a new story about a figure we all thought we knew.
Benjamin Wardhaugh

From mathematician and mathematics historian Benjamin Wardhaugh, a fascinating biography of Euclid, and a history of how his geometry shaped our culture and the world as we know it today.

Imprint: William Collins
Editor: Arabella Pike
Publication: 20 Aug 2020
Format: Hardback
Extent: 336pp

Genre: Biography, History

The author: Wardhaugh is a Fifty-Pound Fellow at All Souls College, Oxford. His research focuses on the history of numeracy and mathematics, and the ways maths influences cultures. He has taught in both the Mathematical Institute and the History Faculty. He is the author of several previous educational books.

Rights sold to: HC Germany
(German)

Euclid’s Elements of Geometry was a book that changed the world. One of the most read, most imitated and most challenged books of our history, it shaped the path of art, philosophy, architecture, and even fashion – as well as setting maths off on its course, and making modern science possible. Ben Wardhaugh traces the legacy of this book, and that of geometry, across every continent and the two thousand years of its influence so far, telling stories that range from Ptolemy to Newton, and Hobbes to Lewis Carroll.

Written by a mathematician, this history is one of culture: how Euclid and his geometry have been at the heart of sculpture, philosophy, music, printing, and all matters of design – not just in Ancient Greece, but across medieval Byzantium and Islam, early modern China, Renaissance Italy, the age of European empires, and our world today.

This is a history of Euclid told not just as the legacy of maths, but as the culture of our past two millennia.

‘Wardhaugh tells an almost incredible story of a boy working down the pit hewing coal who went on to become a great mathematician and national celebrity. He brings both the coal industry and Georgian London to life with style and wit.’ Matt Ridley

Rights sold to:
HarperCollins (German)
The rescue of an extraordinary talent from obscurity – one of the finest letter writers of the 20th century, Eileen Alexander. Her letters should be considered amongst the greatest war writing, as cinematic as Atonement or Suite Française.

The letters of Eileen Alexander are one of the great literary discoveries of the 21st century, rescued from oblivion by an impulse eBay purchase.

In Summer 1939, Eileen Alexander, was a bright young graduate leaving Cambridge with a First. She was tentatively in love and war was brewing. She would spend the next years of her life in London, writing the most intimate, brilliant love letters of the Second World War.

Eileen’s letters to her love, Gershon Ellenbogen, are dazzling displays of intelligence and devotion. She is by turn generous, angry, scurrilous, and very, very funny. Over the years we learn her idiosyncrasies, her ability to find a quotation from Elizabethan literature for every eventuality, her first attempts at finding a job, and her experience of the Blitz. Letters are populated by the wartime cabinet ministers Eileen knew, the financiers, art collectors, soldiers, philanthropists, and major figures of the Zionist movement. This edited volume travels through years of painful uncertainty as a brilliant young woman waits for her beloved to return from war.

Written over the course of the conflict, Eileen’s letters provide a vivid and personal glimpse of this historic era. Yet throughout the turmoil and bloodshed, one thing remains constant: her beloved Gershon, who remains a source of strength and support, even after he, too, joins the fighting. Though his letters have been lost to time, the bolstering force of his love for Eileen is illuminated in her responses to him.

Equal parts heartrending and heart-warming, Love in the Blitz is a timeless romance and a deeply personal story.
Spending twenty-two months imprisoned at these camps during WW2, Thomas was subject to, and forced to observe first-hand, events of the most horrific nature, including the disappearance and eventual murder of his mother.

On his eventual release he captured daily life in the death camps in 79 heart-wrenching drawings. Infamous scenarios that are synonymous with this dark period of history were covered in brutal but simplistic detail: the ultimate humiliation of being processed into a number and the sheer terror of a selection to the gas chambers were drawn with heart-breaking accuracy.

Despite the unspeakable events he experienced, Thomas has decided to tell his story for a new audience and continues to raise awareness about the horrors of the Holocaust.

There have been many personal accounts of the Holocaust and each one is special. The Boy who Drew Auschwitz presents a unique living testimony in words and drawings through the eyes of a child. It is an inspiring true story of one boy’s quest for hope, survival and change.
AN ATLAS OF EXTINCT COUNTRIES

Gideon Defoe

An Atlas of Extinct Countries meets David Nicholl’s Thinking About It Only Makes It Worse: a funny, fascinating, beautifully illustrated – and timely – history of countries that, for myriad and often ludicrous reasons, no longer exist.

Countries die. Sometimes it’s murder, sometimes it’s by accident, and sometimes it’s because they were so ludicrous they didn’t deserve to exist in the first place. Occasionally they explode violently. A few slip away almost unnoticed. Often the cause of death is either ‘got too greedy’ or ‘Napoleon turned up’. Now and then they just hold a referendum and vote themselves out of existence.

This is an atlas of nations that fell off the map. The polite way of writing an obituary is: dwell on the good bits, gloss over the embarrassing stuff. This book fails to do that. And that is mainly because most of these dead nations (and a lot of the ones that are still alive) are so weird or borderline nonsensical that it’s impossible to skip the embarrassing stuff.

The life stories of the sadly deceased involve a catalogue of chancers, racists, racist chancers, conmen, madmen, people trying to get out of paying tax, mistakes, lies, stupid schemes and General Idiocy. Because of this – and because treating nation states with too much respect is the entire problem with pretty much everything – these accounts are not fussed about adding to all the earnest flag saluting in the world, however nice some of the flags are.
PAINTED PEOPLE

The Story of Humanity in 21 Tattoos

Matt Lodder

In 1881, a writer in the Saturday Review called tattooing ‘an art without a history’. ‘No-one’, it went on, ‘has made it the business of his life to study the development of tattooing from its rude beginnings to the consummate forms we are [now] invited to admire.’

These histories remain stubbornly untold – glorious characters, unbelievable truths and the lives of people from 5000BC to the present day are hidden on the skin, under layers of clothing. As stories of the most intimate art-form, they reveal new perspectives on the most fundamental aspects of the human condition.

With access to a wealth of new and unreported material, this book will roll up its sleeves and reveal the artwork hidden beneath them. By drawing upon new research in public and private collections, Painted People will present cutting edge research into the history of tattooing through the quirky narratives and life stories of those who have been tattooed – and what those tattoos tell us about a change world. By telling the stories of this most intimate of art forms – the images people choose to wear permanently on their bodies – the book also becomes an overview of the hopes, fears and passions of people across a range of classes and social circumstances, and presents a window into the inner lives of people so often missing from historical writing.

TLS Books is an imprint born out of a shared philosophy – to bring beautiful and relevant writing to as wide an audience as possible. It combines brand new 10,000-word essays from a diverse range of authors alongside classic texts from the Times Literary Supplement’s own 117-year-old archive.

Imprint: Williams Collins
Editor: Grace Pengelly
Publication: 14 Oct 2021
Format: Hardback
Extent: 240pp

Genre: Illustrated history
Themes: Vernacular history and art forms, tattoos, history of humanity

For: Painted People is intended as a primer for people with an interest in either history or tattooing, or both – it is a deliberately quirky narrative history, my way into exploring the astonishing breadth of tattoos and how they showcase our world history through the stories of those who have been tattooed.

The author: Dr. Matt Lodder is the UK’s foremost expert in the history of tattooing. He has given invited lectures at venues including the V&A, the National Museum of Scotland, the Royal Academy, and the Museum of London. Matt curated ‘Tattoo London’ at the Museum of London in 2016. His latest major exhibition, British Tattoo Art Revealed, is currently on tour nationwide through 2020. Matt also serves as the presenter of the landmark television series Art of Museums, which aired across Europe and beyond in late 2018 and early 2019.
In 1405, Christine de Pisan (1364–1430), Europe’s first professional woman of letters, published *The Book of the City of Ladies*. The text takes the form of a series of dialogues between the author and three allegorical figures: Reason, Justice and Rectitude.

Rather than a series of short biographies, the text plans to make use of the dialogue form employed by Christine de Pisan to interweave the histories of a selection of famous women. By constructing their narratives in this fashion, it will not only be possible to discuss the truths behind their respective “black legends” but to illustrate the historical perspectives to which they have been subject and expose their similarities across the centuries.

How have similar myths accrued around them? How to present a subtle and nuanced picture of women who were historically unique and yet who share a set of historical prejudices in common. This is not at all to suggest a rectification of a “victims of history” narrative, but to present each woman in an accessible and compelling fashion as a complex and relatable individual.
UNESCO World Heritage sites include some of the most famous places in the world, such as the ancient Nabatean city of Petra in Jordan, the legendary Acropolis in Athens, the Great Barrier Reef in Australia, and Machu Picchu, the ‘Lost City of the Incas’, in Peru.

These sites and 96 others are profiled in this fully illustrated showcase of 100 UNESCO World Heritage Sites. With 1121 sites currently on the full list, this book provides an insight into what it takes to be onto the highly respected global list.

Each entry includes a beautiful and evocative image, descriptive text and key statistics. A perfect gift for the traveller, adventurer and armchair explorer.
HISTORY OF WORLD TRADE IN MAPS

Philip Parker

Compiled by the cartographers who produce the *Times Atlas of the World, History of World Trade in Maps* combines the artistic world of cartography with the facts of history in a groundbreaking publication.

Every map tells a story and this book tells the incredible history of World Trade through maps, and includes many famous examples of cartography, along with some that deserve to be better known. See the establishment of the great trading routes, the rise and fall of empires and the latest statistical mapping.

*History of World Trade in Maps* features a wide array of maps from around the world, including the Madaba Mosaic Map (c. 550), the Carte Pisane (c. 1290), the Hereford Mappa Mundi (c. 1300), the Waldseemüller map (1507), the General Chart of the Globe by Bartolomeu Velho (1561), the Ming dynasty map of Zheng He voyages (1621), the Map of Tabriz (1726), the Griselini map of Travels of Polo and maps from the *Times Atlas of Commerce* (1907) amongst many others.

Imprint: Collins
Editor: Jethro Lennox
Publication: 1 Oct 2020
Format: Hardback
Extent: 256pp

Genre: History

Themes: Cartography, history of international trade

THE TIMES GREAT EVENTS

Edited by James Owen and the *Times*

From the *Times* archive, historian and journalist James Owen presents and comments on a memorable collection of key moments in World social and cultural history of the last 200 years, and how they impacted on the world.

As one of Britain’s leading newspapers for more than 200 years, the *Times* has covered every major world events.

Featuring news-breaking stories, *The Times Great Events* profiles the ones that have had the most impact on the world today – as told by the *Times* as they happened. With commentary and contextualization from historian and journalist James Owen, this is the perfect book for readers interested in both the world social and cultural history of the last 200 years, as seen through the eyes of the British press.

The book feature events of international significance as varied as the release of the first personal computer, the fall of the Berlin Wall, Nelson Mandela’s release from prison, Armistice Day, the European revolutions of 1848, the opening of the Suez Canal, the assassination of JFK and the first steps on the Moon.
Leather, feathers, dried fish, rough salt, booze and tobacco have all acted as forms of currency, but the one which won out was counterfeit money – created in Ancient Greece, and still carried in your wallet today. The value of these paper bills slowly fades under the influence of inflation, which is in turn created by printing presses which work 24/7 at central banks worldwide to stimulate economies and to effectively and quietly steal from you – a ploy that governments throughout history have elevated to an art form.

Financial speculation has also been elevated to an art form in the modern world. Derivatives, short selling and stock exchange crashes are as much a part of economic history as cells are part of our body – neither can exist without the other. Speculators and profit seekers created a world of prosperity, destroyed it, and are bringing it back to life again.

*Crash* weaves history, psychology and even biology together to tell the story of money. Versignassi seeks to decipher the enigmas of economics through scientific journalism, untangling this intricate subject in a clear, accessible and enjoyable read.
Progressive, right-thinking people are very confused about anti-Semitism. Perhaps they always have been. But now more than ever: because now, these fine people are aware of something that they haven’t been that much before, called Left-Wing Anti-Semitism. This confuses these people on a very basic, almost banal level. Anti-Semitism, they think, is right-wing: extremely right-wing. How can something extremely right-wing come from the Left? Perhaps even more banally, they think, these people – us – we’re the good guys: how can we be doing something bad?

Jews Don’t Count, an essay about how progressives got into a terrible state of confusion about Jews, explains all this. It explains that very, very few progressives are actively anti-Semitic. What they are, however, is forgetful about Jews: forgetful, that is, that Jews are an ethnic minority, with a long and violent history of persecution against them. Forgetful of – or perhaps more precisely, oblivious towards the idea of – anti-Semitism as racism, one that needs to be fought as unambiguously as all the other isms progressives stand so solidly against. At a time when Identity Politics is everything, and The Left has swung away from economics and towards Identity as its battleground – when, indeed, the identity of The Left has become Champion of All Identities – one identity has been missed out. All identities are equal, but some are more equal than others...

There are many reasons for this, going back a long way, and involving some very ancient and deeply buried prejudices about Jews. This forgetfulness also goes forward, changing dynamically as the present, technologically driven moment drives the identity conversation into greater and more complex extremes. In Jews Don’t Count, David Baddiel examines this forgetfulness, both in the public and private space – how it manifests both in the body politic and cultural, and in tales from his own life.

Plus, there are jokes – and not just Jewish ones.
WHY CAN’T WE ALL JUST GET ALONG

Shout Less. Listen More.

Iain Dale

Part-memoir and part-polemic, Why Can’t We All Just Get Along is about the state of public discourse in the world today.

In an increasingly divided society, Iain examines why we’ve all become so disrespectful and intolerant. Using experiences from his career in politics and the media, he says it doesn’t have to be this way, and suggests how we can all emerge from tribalism and division and become more respectful to each other and those who govern us.

Why Can’t We All Just Get Along is optimistic about the fundamental decencies embedded in human nature and uses deeply personal anecdotes to explain why we can all look forward to a better life both in personal and material terms.

Praise:

‘There are very few commentators and broadcasters with an instinctive feel for real politics – who feel the passions, and who understand the flaws and the strengths of the players from the inside, with proper empathy. Iain Dale does, which makes him endlessly listenable-to and peerless. For many political-addicts, he is their warm but watchful friend.’ Andrew Marr

‘Iain Dale is that rare beast – a forensic and mischievous interviewer with a deep sense of humanity and kindness beneath the brilliant probing. His interviews yield light as well as heat – and he has a genuine ability to step away from his own zone – to see things from a much needed, alternative perspective.’ Emily Maitlis

‘Smart, funny, and always on it, he makes me feel happier and cleverer every time I hear him speak.’ Jeremy Vine

‘The indefatigable Iain Dale always cuts to the nub of politics.’ Adam Boulton
THE BOOK OF QUEER PROPHETS

21 Writers on Sexuality and Religion

Curated by Ruth Hunt, with an afterword by Kate Bottley

An insightful and thoughtful exploration of faith in the modern world.

Is it possible to believe in God and be gay? How does it feel to be excluded from a religious community because of your sexuality? Why do some people still believe being LGBT is a sin.

The book of Queer Prophets contains modern-day epistles from some of our most important thinkers, writers and activists: Jeanette Winterson tackles religious dogma, Amrou Al-Kadhi writes about trying to make it as a Muslim drag queen in London, John Bell writes about his decision to come out later in life, Tamsin Omond remembers getting married in the middle of a protest and Kate Bottley explains her journey to becoming an LGBT ally.

With essays from: Jeanette Winterson, Phyll Opoku-Gyimah, Amrou Al-Kadhi, Pádraig Ó Tuama, Rev. Winnie Varghese, Keith Jarrett, Jay Hulme, Lucy Knight, Tamsin Omond, Erin Clark, Michael Segalov, Jarel Robinson-Brown, John L. Bell, Mpho Tutu van Furth, Karl Rutiidge, Garry Rutter, Rev Rachel Mann, Judith Kotze, Jack Guiness, Dustin Lance Black, Ric Stott.

Praise:

‘A fascinating and thoughtful exploration of faith in the modern world. If you’re wondering why it matters and how to make sense of it, read on.’ Clare Balding

‘This book will make you cry, but it will also have you cheering. Crying, because it will remind you of religion’s ancient and enduring quality towards the queer, the different, the other. Cheering, because it is now religion that’s in the dock, with God as the judge. And God loves queers. Wonder what the verdict will be…’ Richard Holloway

Imprint: William Collins
Editor: Grace Pengelly
Publication: 28 May 2020
Format: Hardback
Extent: 240pp

Genre: Collection of essays
Themes: LGBTQ+, Social groups, True stories, Faith & Politics, Society, Religion

Of note: Contributors to the book have a combined social media following of over 500K. Stonewall (194K), Ruth Hunt (24K), Kate Bottley (106K), Dustin Lance-Black (97K), Phyll Opoku-Gyimah (18K), Amrou al-Kadhi (8K).

The author: Ruth Hunt was the Chief Executive of LGBT rights charity Stonewall between 2014–2019. Under her leadership Ruth redefined Stonewall’s role as a charity, from one that enables change to one that empowers others to make change happen. After becoming CEO, Hunt spearheaded Stonewall’s commitment to trans equality, launching A Vision for Change, which sets out how Stonewall will help achieve legal and social equality for trans people across all areas of their lives. In March 2019 she was appointed to the UK Government’s first LGBT Advisory Panel on LGBT Health in the NHS.
LOUD BLACK GIRLS

20 Black Female Writers in Britain Ask: What’s Next?

Yomi Adegoke and Elizabeth Uviebinené

An important and timely anthology of black British writing, edited and curated by the authors of the highly acclaimed, ground-breaking Slay In Your Lane. Slay in Your Lane Presents: Loud Black Girls features essays from the diverse voices of over twenty established and emerging black British writers.

In Loud Black Girls, the authors of Slay in Your Lane: The Black Girl Bible, Yomi Adegoke and Elizabeth Uviebinené, ask black British female writers to focus on what happens next? – what does the future hold in the uncertain post-Brexit world of Donald Trump and the rise of the far right, where there is also more opportunity for black woman to thrive than there has ever been before?

Despite young black women reading more than any other ethnic group in the UK, they are still largely invisible as published authors. Loud Black Girls seeks to change that by giving black women a voice and a platform. Readers can expect frank, funny and fearless contributions about what matters to black women today, from a range of prominent voices. The book features a contribution by the winner of the submission competition, an introduction by Yomi and Elizabeth, and a foreword by Bernardine Evaristo.


Praise for Slay In Your Lane:

‘This book is a gift for anyone who wants to better understand what Black women and girls are up against – and the tremendous resources they draw upon as they make their way in the world’ Sheryl Sandberg, COO of Facebook and founder of LeanIn.Org and OptionB.Org

‘Slay In Your Lane is a brilliant book about what it is like to be a woman, black and a Londoner in 2018. Everyone should read it’ Sadiq Khan

‘A cultural landmark… This book is as much a rallying cry to black women across the British Isles as it is a solid foundation for serious discussions about modern race relations.’ Daily Telegraph

‘A prime example of how straightforward it should be to provide representation for young black girls’ Vice

‘Outspoken new role models for the next generation of black women … I imagine its intended audience will devour it whole. But it deserves to be widely read’ Janice Turner, The Times

‘An inspirational guide to life for the modern British black woman’ Elle
GIRL

Essays on Womanhood and Belonging in the Age of Black Girl Magic

Kenya Hunt

Blending the popular and the personal, the frivolous and the serious, Girl is a collection of twenty short stories that ask what it means to be a black woman today.

Black women have never been more visible, more publicly celebrated, or more heavily monetized. But for every new milestone, every magazine cover, every box office record smashed, every new face elected to public office, the reality of everyday life for black women remains a complex, conflicted, contradiction-laden experience.

From internet activism to the crisis facing black mothers, from the cultural hub of the afro hair salon to being the only black woman in the room, Girl is Kenya Hunt’s examination of a world in flux.

In this modern, yet timeless collection of short stories, Kenya Hunt celebrates womanhood and blackness, and the possibilities they both contain. Full of razor-sharp cultural observations, Girl is about taking the difficult and the indefinable and making it accessible. It’s about how to thrive when because the odds are stacked against you.

Imprint: HQ
Editor: Rachel Kenny
Publication: 20 Aug 2020
Format: Hardback
Extent: 288pp

Genre: Motivational manifesto
Themes: Feminism, activism and empowerment
For: Readers of Slay In Your Lane, Little Black Book and Feminists Don’t Wear Pink

The author: As an American who has lived and worked in London for the last decade, Kenya Hunt has made a career of distilling moments, movements and cultural moods into words. In 2017, she became the Deputy Editor of Elle UK after having previously worked as the title’s Fashion Features Director. A former contributor to www.vogue.it, Kenya has written for Guardian, American Vogue, InStyle, Marie Claire and Evening Standard. She is frequently sought after to comment on issues of race and diversity in fashion and popular culture on both sides of the Atlantic. She is a frequent guest on Woman’s Hour.
We are living in the Information Age, in which we are constantly bombarded with data – on television, in print and online. How can we relate to this mind-numbing overload?

Enter David McCandless and his amazing infographics: simple, elegant ways to understand information too complex or abstract to grasp any way but visually. In his unique signature style, he creates dazzling displays that blend facts with their connections, contexts and relationships, making information meaningful, entertaining – and beautiful.

In his highly anticipated third book, McCandless illustrates positive news from around the world, from an informative, engaging and uplifting collection of new infographic art.
On 8 March 2014, 239 passengers boarded the Malaysia Airlines Flight 370 only to vanish into thin air. The disappearance of the plane has dominated news cycles and media discussion ever since, and rightly so. In a world defined by advanced technology and interconnectedness, how could an entire aircraft become untraceable? Had the flight been subject to a perfect hijack? Perhaps the pilots lost control? And if the plane did crash, where was the wreckage?

Writing for Le Monde in the days and months after the aircraft’s disappearance, journalist Florence de Changy closely documented the chaotic international investigation that followed, uncovering more questions than answers. Riddled with inconsistencies, contradictions and a lack of basic communication between authorities, the mystery surrounding flight MH370 only deepened.

Now, de Changy offers her own explanation. Drawing together countless eyewitness testimonies, press releases, independent investigative reports and expert opinion, The Disappearing Act offers an eloquent and deeply unnerving narrative of what happened to the missing plane.
Art & Literature
It is often said that the only answer to troubling ideas is “more ideas.” It is also said that liberating or updating the canon should not involve censorship or the elimination foundational texts: we must know the history of ideas, however problematic.

One part of the solution is, no doubt, to diversify by adding more voices, by countering glorifications of, for example, slavery or casual anti-Semitism or homophobia, with literature from a broad spectrum of cultures, values and traditions.

Another part of the solution surely ought to be that we tackle the politics of literature by developing the skills of reading critically. But who or what exactly is a “critical reader”?

This book will address that latter question and attempt to provide a practical guide to reading any text with an eye to how language connects or disconnects us from the humanity of others. A critical reader must be an ethicist in the sense of being able to bring texts “face to face” with the times and the circumstances of which they are product. And an ethical reader ought to be able to reflect upon the degree to which “timeless” texts may or may not have something to say about our present and about prospective futures.
THE IMAGINARY MUSEUM

A Personal Tour of Contemporary Art
Featuring Ghosts, Nudity and Disagreements

Ben Eastham

Join the art critic Ben Eastham on a private tour of an extraordinary, imaginary museum. Stand in front of some of the most incomprehensible art works in the world with an expert guide by your side, full of personal stories, expertise and human understanding.

In a stunningly original memoir and art guide we find ourselves among outrageous artworks, and we return again and again to the same question: “But what does it mean?”

With the help of a cast of critics, guards, curators, artists, protestors and ghosts, Eastham explores the idea that the value of art is not to be found in what it means, but in what it does to you.

This is an argument to forget about what is and is not art and to instead think courageously and creatively about how things really make you feel. You don’t have to like the art works in this or any gallery, you don’t have to fully understand them either, but we can benefit from existing alongside them. And in doing so we learn about ourselves, and each other.

Praise for Ben Eastham:

‘A terrific, ferociously self-effacing writer’ Wall Street Journal
In the early years of its existence, the *Times Literary Supplement* published some of the finest writers in English: T. S. Eliot, Henry James and E. M. Forster amongst others. But one of the paper’s defining voices was Virginia Woolf, who produced a string of superb essays between the two World Wars.

The weirdness of Elizabethan plays, the pleasure of revisiting favourite novels, the supreme examples of Charlotte Brontë, George Eliot and Henry James, Thomas Hardy and Joseph Conrad: all are here, in anonymously published pieces, in which may be glimpsed the thinking behind Woolf’s works of fiction and the enquiring, feminist spirit of *A Room of One’s Own*.

Here is Woolf the critical essayist, offering, at one moment, a playful hypothesis and, at another, a judgement laid down with the authority of a twentieth-century Dr Johnson. Here is Woolf working out precisely what’s great about Hardy, and how Elizabeth Barrett Browning made books a “substitute for living” because she was “forbidden to scamper on the grass”. Above all, here is Virginia Woolf the reader, whose enthusiasm for great literature remains palpable and inspirational today.

Who better to serve as a guide to great books and their authors than Virginia Woolf?
In *The Hero*, Lee Child’s first work of non-fiction, we encounter not only a brilliantly argued essay, but also glimpses into Child’s private thoughts and world. The Hero promises and delivers a behind-the-scenes explanation of the values which helped Child to build Jack Reacher.

From the Stone Age to the Greek Tragedies, from Shakespeare to Robin Hood, we have always had our heroes. The hero is at the centre of formative myths in every culture and persists to this day in world-conquering books, films and TV shows. But why do these characters continue to inspire us, and why are they so central to storytelling?

Scalpel-sharp on the roots of storytelling and enlightening on the history and science of myth, *The Hero* is essential reading for anyone trying to write or understand fiction. Child teaches us how these stories still shape our minds and behaviour in an increasingly confusing modern world, and with his trademark concision and wit, demonstrates that however civilised we get, we’ll always need heroes. In *The Hero* we encounter not only a brilliantly argued essay, but also glimpses into Child’s private thoughts and world.

*The Hero* promises and delivers a behind-the-scenes explanation of the values which helped Child to build Jack Reacher.

**Praise:**

‘It’s Lee Child. Why would you not read it?’ *Karin Slaughter*

‘I don’t know another author so skilled at making me turn the page’ *Times*

‘It’s said that a Jack Reacher novel is bought every four seconds somewhere in the world. He is to crime fiction what Clint Eastwood’s ‘man with no name’ was to the western. Lee Child’s genius has been to create a tough guy hero that men will envy and women will adore’ *Daily Express*
From the very first book publication in October 1920 to the film release of Death on the Nile in October 2020, this fully illustrated investigation into Agatha Christie’s Hercule Poirot celebrates a century of probably the world’s favourite fictional detective. It tells his story decade-by-decade, exploring his appearances not only in the original novels, short stories and plays but also across stage, screen and radio productions.

Poirot has had near-permanent presence in the public eye ever since the publication of The Mysterious Affair at Styles in 1920. From character development, publication history and private discussion concerning the original stories themselves, to early forays on to the stage and screen, the story of Poirot is as fascinating as it is enduring.

Based on the Mark Aldridge’s original research, review excerpts and original Agatha Christie correspondence, Poirot: The Greatest Detective in the World is a lively and accessible history of the character, offering new information and helpful pieces of context, that will delight all Agatha Christie fans, from a new generation of readers to those already highly familiar with the canon.

Praise:

‘Uncovers many hitherto unknown facts ... An important addition to Christie scholarship and required reading for all admirers of the Queen of Crime.’ John Curran, author of Agatha Christie’s Secret Notebooks
Music
ONE TWO THREE FOUR
The Beatles in Time
Craig Brown

From the award-winning author of UK and US bestseller Ma’am Darling: 99 Glimpses of Princess Margaret, a fascinating, hilarious, kaleidoscopic biography of the Fab Four.

On April 10th 2020, it will be exactly 50 years since Paul McCartney announced the break-up of the Beatles. The Beatles continue to occupy a unique position in popular culture. They have entered people’s minds in a way that did not occur before, and has not occurred since. Their influence extended way beyond the realm of music to fashion, politics, class, religion and ethics.

Countless books have catalogued the minutiae of The Beatles, but there is, as yet, no book about The Beatles that combines the intriguing minutiae of their daily lives with broader questions about their fascinating effect on the world around them, their contemporaries, and generations to come. Until now.

One Two Three Four is a unique, kaleidoscopic examination of the Beatles phenomenon – part biography, part anthropology, part memoir, by turns humorous and serious, elegiac and speculative. It follows the unique ‘exploded biography’ form of his internationally bestselling Ma’am Darling: 99 Glimpses of Princess Margaret.

BY THE SAME AUTHOR

‘Indisputably the book I am most excited about of all this year’s offerings’ Alex Bilmes, Editor-in-Chief, Esquire

‘A masterpiece.’ Mail on Sunday

‘I honked so loudly the man sitting next to me dropped his sandwich.’ Observer

‘Ma’am Darling is fascinating. Brown has done something amazing with [it]: in my wilder moments, I wonder if he hasn’t reinvented the biographical form.’ Observer

‘A biography teeming with the joyous, the ghastly and the clinically fascinating.’ Times

‘A cross between biography and satire that perfectly displays Brown’s rare skills as journalist and parodist.’ Mark Lawson, Guardian, Books of the Year

Rights sold to:
Farrar, Straus & Giroux (US English), Mondadori (Italian)
In the last four years, Twice have taken the K-pop world by storm. For the first time, this unofficial biography tells the full story of this fun and fiercely talented group.

Since debuting in 2016, Twice have achieved global success. With over 400m views on YouTube and a sell-out world tour under their belts, the Twice girls have well and truly earned their place in the K-pop hall of fame.

Complete with colour photo sections, *Twice: The Story of K-Pop’s Greatest Girl Group* tells the amazing story of their creation, their setbacks and triumphs, and the making of all their hit tracks, including ‘Like Ooh-ah,’ ‘Cheer Up’ and ‘Likey.’

Featuring a dedicated profile for each Twice member, this is an extensively researched book – as fun and accessible as the girls themselves – that will be loved by Twice fans the world over.

**Imprint:** Harper NonFiction  
**Editor:** Zoe Berville  
**Publication:** 20 Aug 2020  
**Format:** Paperback  
**Extent:** 320pp

**Genre:** Biography  
**Themes:** K-Pop, pop music

**Of note:** Twice are a nine-member, all-girl, K-Pop group. Their singles have over 400m views on YouTube and in 2019 their Twiceland World Tour played to sell-out arenas in the US, Mexico, Japan and across South-East Asia. The group currently has 11m Instagram followers and their profile continues to grow. The perfect gift for any Twice fan, who are notoriously obsessive when it comes to purchasing the group’s merchandise. Adrian is the go-to K-Pop profile writer – his book on BTS sold 22K through TCM.

**The author:** An expert on Korean culture and K-pop, Jamie Heal is an established author who has written on a range of subjects, including sport, music and comedy. He lives in London.
LATER... WITH JOOLS HOLLAND

Mark Cooper, introduction by Jools Holland

The definitive history of the UK’s longest-running, cult live music show, Later... with Jools Holland.

Imprint: William Collins
Editor: Myles Archibald
Publication: 2 Sep 2021
Format: Hardback
Extent: 288pp

Genre: Music
Themes: Music, live TV shows, British pop culture

The author: Mark Cooper is the creator and producer of BBC TV’s longest running live music programme, Later... with Jools Holland. He has led BBC television coverage of the Glastonbury and Reading festivals and Radio 1’s Big Weekend and has been responsible for major documentaries on BBC Two and BBC Four, notably the Britannia strand exploring diverse genres from jazz to metal to soul and beyond.

Since its launch in late 1992, the BBC’s Later ... with Jools Holland has been widely regarded as the world’s foremost music programme, showcasing a huge variety of bands, singers and musicians in a live performance setting. Now in its 50th series, the show has broadcasted over 300 episodes.

Later ... with Jools Holland is presented by musician and broadcaster Jools Holland and, over the course of over 25 years, has given a platform to both established and up-and-coming artists, many of whom have gone on to incredible success. The legends who have appeared on the show include Sir Paul McCartney, Robert Plant, U2, David Bowie, Van Morrison and Lou Reed, while artists such as Adele, Ed Sheeran, Coldplay, Amy Winehouse, Seasick Steve and Ryan Adams all cut their teeth here.

The book is a definitive, celebratory oral history of the show – and the last three decades of music more generally – featuring interviews with many of those who have performed over its quarter century. Compiled by the show’s creator and producer, Mark Cooper, Later ... with Jools Holland has access to the unique photographic record of André Csillag (who has photographed the show and its stars from inception). With the express support of Jools Holland and the BBC the book showcases the artistic talent that has graced the show over its quarter century with exclusive interviews, never before seen ephemera and a behind the scenes look into music scenes from Britpop to Grime.
Life Stories &
Personal Narratives
RAVEN SMITH’S TRIVIAL PURSUITS

Raven Smith

A smart and irreverent collection of essays on modern life by former British Vogue columnist Raven Smith – a timely and brilliant debut from an exciting new voice.

Is being tall a social currency? Am I the contents of my fridge? Does yoga matter if you’re not filthy rich? Is a bagel four slices of bread? Are three cigarettes a meal? From IKEA meatballs to minibreaks, join Raven Smith as he reflects on the importance we place in the least important things and our frivolous attempts to accomplish and attain. He also tackles his single-parent upbringing, his struggles as a lonely teenager and his personal experience of coming out.

Packed with brilliant humour, great tenderness and lingering pathos, Raven Smith’s Trivial Pursuits is a book for anyone who has ever asked ‘when I get to the pearly gates of heaven, will a viral tweet count for or against my entry?’

Selected praise:

‘It’s rare a writer is as funny in their prose as they are in their social media. But Raven is that rare author who is somehow even better, as he tartly explores pop culture and its influence on his inner life. You’ll laugh. You’ll cry. You’ll wonder if you’re really just another millennial a**hole on this guided tour of Raven’s beautiful, singular and deeply hilarious mind.’ Lena Dunham

‘Funny, interrogating, refreshingly self-aware and irresistibly readable: [...] a hilarious, relatable guide to the contradictions and complications of modern life’ Dolly Alderton

‘Raven is the unofficial spokesperson of the modern millennial.’ Sunday Times Style

‘It’s hilarious. The funny stuff made me do small wheezes and the honest stuff made me wish I could write so boldly. [...] I feel like he wrote it from inside my brain but only if my brain was cleverer and more articulate.’ Bella Mackie

‘Raven Smith is rollickingly good fun and Britain’s sassiest social commentator. Trivial Pursuits is a linguistic acid trip and a showcase of his ability to shape even the most useless piece of information into something riveting.’ Pandora Sykes

‘Buy this...laugh your arse off’ Jonathan Heaf, GQ

“A delight. I challenge anyone to finish Raven Smith’s kaleidoscopic, breathless, cogently scattergun musings on modern life without feeling a) less guilty, b) better understood, c) a bit bereft that he’s not your best friend.” Marina Kemp, author of Nightingale

Imprint: 4th Estate
Editor: Michelle Kane
Publication: 2 Apr 2020
Format: Hardback
Extent: 272pp

Genre: Humour
Themes: Millennial life, media, fashion, lifestyle

For: Fans of David Sedaris, Mark Manson, Joel Golby, Dolly Alderton Elizabeth Day and Lena Dunham.

Of note: Raven is very well connected and guaranteed to get massive social media and traditional media support. His Instagram following of 79K and rising has brought him a wide and devoted following and his celebrity friends and fans will certainly support this book.

The author: Quoted by many as the funniest person on Instagram, Raven Smith is a writer, journalist and freelance creative director with over ten years of experience. He was formerly a British Vogue columnist and currently has a column in Sunday Times Style Magazine. Raven lives in London with his husband and cat, and spends his days perfecting his hilarious and witty one-liners. This is his first book.

Instagram: @raven__smith
A PLACE FOR EVERYTHING

My Mother, Autism and Me

Anna Wilson

A searing account of Anna’s mother’s late-diagnosis of Asperger’s syndrome – and its reaching effects on a whole family.

Anna spent her whole life knowing her mother was ‘a bit eccentric’ – but her family would have stepped in if there was something wrong, surely? And she and her sister knew they were loved.

But when her mum becomes increasingly erratic and paranoid – and her father, battling with cancer himself, struggles to cope – Anna has to re-evaluate how they saw things as children. The moment that her mum hit her head repeatedly against the floor for spilling ink. The fear they lived in of anything being messy. After all, in their house, the mantra was ‘A place for everything. And everything in its place’.

This is a heart-breaking account of life with adult autism, the woman behind it, and the implications when a diagnosis comes too late and what it means to care for our parents in their final years. Beautifully written and intensely powerful, A Place for Everything is a life-changing memoir about a vitally important, too-often taboo subject.

Imprint: HQ
Editor: Kate Fox
Publication: 9 Jul 2020
Format: Hardback
Extent: 356pp

Genre: Memoir

Themes: Asperger’s, mental health, family dynamics, caring for aging parents

For: Readers of Dadland by Keggie Carew and The Life of Stuff by Susannah Walker

Of note: Adult and female autism/Asperger’s is a side of the story that’s so rarely told – though interest is gaining in the media. Anna has already been on Woman’s Hour to speak about her mother’s late diagnosis of Asperger’s, and the ‘lost generation’ of women who were just categorized as ‘different’.

The author: Anna Wilson is a successful children’s author who found her passion for storytelling from an early age. She speaks really beautifully about how her love of stories stemmed from avoiding the reality of her difficult childhood – and how it’s changed how she thinks about her own children.
1974. A 22-year-old Jacqui French stands for a photograph in Omaha, Nebraska, thousands of miles from home. Behind a carefree smile lies a fierce hope, fuelled by the promise of a new beginning and the tapestry of opportunity America of Gloria Steinem, Dorothy Pitman Hughes, and the newly passed Roe v. Wade, appeared to offer.

The world was changing, and women’s fortunes seemed to be changing with it.

It was this photo of her mother, discovered by accident decades later, that set Marisa on the path to writing this book. The face echoed one she knew intimately, yet the image revealed an untold story. Marisa's memories of her mother are of a woman shorn of that same carefree energy, a mum worn down by the direct actions of men in her life, still resolutely determined to show Marisa and her brother a world wider than their own. Generous with what little time single motherhood and a full-time job afforded her. An inspirational sharer of stories. But tired. Always tired. The photo offered a glimpse of something different, of what came before.

Today this story of promise similarly seems at risk of being written over, as women around the world suffer in the face of populism, a politics that thrives on divisiveness, and a determined assault on women's rights. Meanwhile, the women for whom this all feels disturbingly familiar are being lost to time. That same tapestry of opportunity now feels threadbare. Did hope, for Marisa’s mother and women like her, get left in 1974?

The answer lies in what happened in between. In Wild Hope, Marisa Bate follows the great feminist tradition of sharing women’s stories; combining personal intergenerational memoir and informed feminist criticism, she attempts to fill in the gaps in her mother’s story across decades and to show how events shaped her life. In doing so, she tells the much bigger story of women across that same period.
A SHORT HISTORY OF FALLING

Everything I Observed About Love Whilst Dying

Joe Hammond

A Short History of Falling is a searingly beautiful, profound and unforgettable memoir that finds light and even humour in the darkest of places.

In 2018, Joe Hammond, wrote a piece for the Guardian about the 33 birthday cards he was writing for his two sons. It was shared by thousands. In A Short History of Falling he tells the story behind that piece, about the experience of living with – and dying of – motor neurone disease (ALS).

A Short History of Falling is not a lament. It is a deeply imaginative meditation on what it feels like to confront the fact that your family will persist through time without you. It’s a book about love and about fatherhood. But it’s also an extraordinary kind of travel writing: an unblinking account of a journey into unlighted territory and of what it means to lose your body and your connections to the world one by one.

This astonishing, luminous book will truly change the way you see the world.

Praise:

‘It is Hammond’s curiosity about death and his desire to report from the front line that makes this such a strangely invigorating read.’ Times

‘His voice is captivating, his observations are searing, and his book is a blessing. This book will inspire you even as it breaks your heart.’ Kathryn Mannix, author of With the End in Mind

‘A beautifully written reminder that life can be tragic as well as full of joy.’ Christie Watson, bestselling author of The Language of Kindness

‘Touching and tragic. It is very hard to imagine how anyone could write so lyrically, dispassionately and persuasively of their imminent demise and its effect on those around them.’ James Le Fanu, author of Too Many Pills

‘It’s something of a cliché to call memoirs about a terminal illness life-affirming. But you will cherish everyone and everything you love, not to mention the capabilities of your own body, all the more dearly after reading this beautiful, devastating and stunningly written memoir. My copy is full of pencil marks where I have underlined another searing sentence or gem of wisdom. This is a book that shines with the clarity that comes with knowing that your days are numbered.’ Caroline Sanderson, Bookseller Book of the Month’
THE OTHER SIDE OF THE COIN

The Queen, the Dresser and the Wardrobe

Angela Kelly LVO

A rare insight into the unique working relationship between Her Majesty The Queen and Angela Kelly, the woman who has been her Personal Assistant and Senior Dresser for more than two decades. Angela Kelly is the only member of the royal household to be given permission to write a book about Her Majesty The Queen.

Angela has worked with The Queen and walked the corridors of the Royal Household for twenty-five years, initially as Her Majesty’s Senior Dresser and then latterly as Her Majesty’s Personal Advisor, Curator, Wardrobe and In-house Designer. As the first person in history to hold this title, she shares a uniquely close working relationship with The Queen.

In The Other Side of the Coin, The Queen has personally given Angela her blessing to share their extraordinary bond with the world. Whether it’s preparing for a formal occasion or brightening Her Majesty’s day with a playful joke, Angela’s priority is to serve and support. Sharing never-before-seen photographs – many from Angela’s own private collection – and charming anecdotes of their time spent together, this revealing book provides memorable insights into what it’s like to work closely with The Queen, to curate her wardrobe and to discover a true and lasting connection along the way.

‘The book documents the unique working relationship between Her Majesty The Queen and the woman who has been her Personal Assistant and Senior Dresser for more than two decades: Angela Kelly. It gives a rare insight into the demands of the job of supporting the Monarch, and we gain privileged insight into a successful working relationship, characterised by humour, creativity, hard work and a mutual commitment to service and duty. Angela is a talented and inspiring woman, who has captured the highlights of her long career with The Queen for us all to share.’ Samantha Cohen, Assistant Private Secretary to The Queen (2011–2018)

Praise:

‘For the nearly seven decades of her reign, Her Majesty The Queen has used clothing to create a powerful visual identity that transcends fashion and has made her perhaps the most readily identifiable person on the planet. Angela Kelly, building on the work of the great designers and milliners who have worked with Her Majesty through the years – including couturiers Sir Norman Hartnell, Sir Hardy Amies, and Ian Thomas, and milliners such as Simone Mirman and Freddy Fox – brings her own imagination to bear on an iconic ‘uniform’ that suggests continuity and tradition, and ensures that the wearer is always the most visible person in a room or a crowd.’ Anna Wintour, Vogue

‘An entertaining and beautifully illustrated account.’ Sunday Times
UNTITLED MEMOIR

Sir Peter Lampl

Part uplifting memoir, part impassioned call for action, Sir Peter Lampl’s autobiography explains how a self-made entrepreneur amassed a fortune – and why he chose to use it to help others.

The candid tale of one of Britain’s most outstanding contemporary philanthropists.

From his humble beginnings as the son of a Viennese refugee to realizing, at age 49, that he had made more money than he would ever be able to spend, this book chronicles Sir Peter’s varied career and storied past.

This is, after all, the man who once asked his New York neighbour (Keith Richards of the Rolling Stones) if he would mind turning it down a bit.

Sir Peter recounts his time in Boston, Paris and Munich working for the Boston Consulting Group, the challenges he encountered starting a private equity firm and the experiences that led him to set up the Sutton Trust.

However, at the book’s heart is a serious mission to present a concise and galvanising case for strategic philanthropy. When Sir Peter realised that the channels that had made his own journey from state school to Oxbridge to success possible had drastically narrowed and that the social mix among students was far less diverse, he knew he needed to do something.

This book lays out the Sutton Trust’s story as an example of what ‘managed philanthropy’ can achieve and Sir Peter offers his insights into effecting social change. We all have philanthropic potential if we learn to recognise and direct it, and this book shows you how.
Ramble Book

Adam Buxton

Written with Adam’s characteristic warmth and self-deprecating charm, Ramble Book is a very funny and at times incredibly poignant memoir; taking in Adam’s burgeoning love of pop culture as a teenager, his feelings about childhood and parenthood, coming to terms with the death of his father and lots more besides.

Imprint: Mudlark
Editor: Jack Fogg
Publication: 14 May 2020
Format: Hardback
Extent: 288pp

Genre: Autobiography, Humour

The author: Adam Buxton is a British comedian, podcaster, actor and director who has appeared in films such as Hot Fuzz, Stardust and Son Of Rambow as well as a variety of TV shows in the UK. He is the host of The Adam Buxton Podcast, in which celebrity interviews are bookended with walks in the Norfolk countryside, where he lives with his wife, three children and dog Rosie. Since 2007 he has hosted BUG, a regular live show that combines music videos and original comedy. BUG became a TV series on Sky Atlantic in 2012. Along with lifelong friend and director Joe Cornish, Adam is one half of TV, radio and podcast duo Adam & Joe who have worked together since 1995. He is writing this himself in the third person and hasn’t mentioned all the awards he’s got and other fascinating stuff he’s done because he doesn’t want to appear conceited, but trust him, there’s loads.

ramble
/ˈræmbəl/

verb
1. walk for pleasure in the countryside.
‘Dr Buckles and Rosie the dog love rambling in the countryside.’

2. talk or write at length in a confused or inconsequential way.
‘Adam rambles on about lots of consequential, compelling and personal matters in his very tender, insightful, hilarious and totally unconfused memoir, Ramble Book.’

Ramble Book is about parenthood, confrontations on trains, fold-out bicycles, boarding school trauma, fear of nuclear Armageddon, the 80s, dead dads, teenage sexual anxiety, formative cultural influences, failed artistic endeavours, life-long friendships and David Bowie.

It’s also about understanding your place in the world, how you fit in, why you are who you are and what made you that way. How everything you read, watch and listen to as a child plays a role in the adult you become. And how the family, friends and shapeshifting alien pop stars you grow up with can leave their mark, for good or bad.

It’s also a book about the joys of going off topic and letting your mind wander where it may.

And it’s about Adam Buxton.
Most of us live in denial of death. The dead are to be skirted around, side-stepped wherever possible and put to the back of our minds. The ‘respect’ we accord them is also a way of putting a distance between them and us. They inhabit a forbidden zone.

This is the story of Jack Cooke’s decision to go looking for the dead, to visit them at their points of departure and pay his respects.

Instead of avoiding the dead, he sought them out, abandoning the living to become a taphophile, a tomb tourist, embarking on a journey that encompasses heroes and villains, kings and outcasts, explorers, eccentrics, soldiers and monks. His tour became a detour; from forward progress, from living in the moment.

By winding his way from tomb to tomb Jack attempts to hang onto the dead a moment longer and salvage something from the scattered history that lies beneath our feet; the ways we choose to be remembered and how others choose to remember us. He set out with a mixture of fear and morbid fascination. A natural fear of facing what we all dread but a hope that he might distil something from the dead; a sense of peace, belonging, or acceptance. At the very least a good story.
MEGHAN MISUNDERSTOOD

Sean Smith

In his compelling new book, *Sunday Times* bestselling biographer Sean Smith tells the real story behind one of the most misunderstood figures of our time.

One of the world’s most famous women, Meghan Markle is an avid campaigner against poverty and a fierce champion of women’s rights. She has established herself as a prominent voice in the fight for social justice and works tirelessly as a humanitarian ambassador. She is a source of inspiration and an exceptional role model for countless young women across the world.

Yet despite her substance, intelligence and integrity, Meghan has been relentlessly maligned and mistreated by the press more than almost any other public figure. In light of the recent announcement that she and Harry will step down from royal duties to start a new life for themselves, the vitriol of anti-Meghan sentiment has reached fever pitch.

Through extensive new research and interviews, Smith explores the key events that have shaped Meghan’s life – from her childhood in LA, to her breakout into acting and, of course, her time served as HRH the Duchess of Sussex. As well as offering thought-provoking insight into the life and outlook of this remarkable woman, *Meghan Misunderstood* is a searing criticism against her mistreatment at the hands of the press.
In this timely new book, Mark Lynas revisits his eye-opening and vital account of the future of our earth, and our civilisation, if current rates of global warming persist. And it’s only looking worse.

In 2008, Mark Lynas published *Six Degrees*, a book which charts the changes our planet will go through as, degree by degree, it warms over the coming decades. It imagined the likely future, of rivers ten times the size of the Amazon gushing off the ice sheet into the north Atlantic, vast pumping systems keeping the water out of most of Holland, devastation in the Nile delta, and Pakistan crippled by drought brought on by disappearing Himalayan glaciers.

The scenarios imagined in *Six Degrees* sounded sensationalist to some, but on 27th August 2017, Hurricane Harvey devastated the Houston metropolitan area with unprecedented flooding. Lynas remembered that in *Six Degrees*, Houston was swamped in chapter 3, which described three degrees of global warming. Now it was happening for real, on the evening news – but too soon, two chapters and two degrees too soon.

This brand new book completely redrafts our possible future from the one Lynas laid out in 2008. Back then, looking forward was seeing through a glass darkly. Today, a decade’s worth of additional cutting-edge science has shed much light and the news is terrifying. In a world where America has withdrawn from the Paris Climate agreement and this urgent issue seems to have disappeared from the political agenda in Britain, *Our Final Warning* is a sobering and vital call to arms.

Praise for *Six Degrees*:

‘An apocalyptic primer of what to expect as the world heats up […] it’s sobering stuff and shaming too. Despite its sound scientific background, the book resembles one of those vivid medieval paintings depicting sinners getting their just desserts.’ *Financial Times*

‘Mark Lynas has time-travelled into our terrifying collective future […] I promise that you will come back determined to alter the course of history.’ *Naomi Klein*

‘*Six Degrees* is a rousing and vivid plea to choose a different future.’ *Daily Mail*

‘Buy this book for everyone you know: if it makes them join the fight to stop the seemingly inexorable six degrees of warming and mass death, it might just save their lives.’ *New Statesman*

‘The saga of how, in the world as imagined by thousands of computer-modelling studies, global warming kicks in degree by degree. *Six Degrees*, I tell you now, is terrifying.’ *Sunday Times*
Yukultji is one of the Pintipi Nine, a family of Aborigines often described as the last nomads in the world, who were discovered out in the Gibson Desert in 1984, living a completely traditional life without any knowledge of the modern world or knowing anything of white men.

They were brought in and one of her brothers, after a few days of modernity, turned around and walked back into the desert, never to be seen again. She became a painter, and is today regarded as one of Australia’s greatest artists.

Her paintings, intricate, vibrant patterns of lines representing at once maps, stories, the land and the dreaming, are astonishing. I went to go with Yukultji to the country where she was found, a further two days drive even deeper into the desert, on the edge of a vast salt lake, and there talk to her of what land and country mean in her dreaming.
LETTERS TO THE EARTH
Writing to a Planet in Crisis

With an introduction by Dame Emma Thompson, illustrated by Jackie Morris

The largest creative response to the climate and ecological emergency the world has yet seen. Many books consider the climate and ecological crisis from a political or scientific perspective, but Letters To The Earth is the first book to chronicle how humankind is collectively processing planetary crisis.

2019 was the year of rebellion against climate change. But what words describe this crisis?

Last year, Culture Declares Emergency invited people from all around the world to find those words. What was born was the Letters To The Earth campaign, inviting people to write a letter to or from the Earth, and to think beyond the human narrative and bear witness to the scale of the crisis. The invitation was open to all — future or past generations, members of the public or those who hold positions of power and influence. The idea was open to interpretation: it could come from a personal place, be dramatic in form, or be a call to action.

Letters of love, loss, hope and action were written by over a thousand people. Alongside letters from the general public, Letters To The Earth received submissions from artist and peace activist Yoko Ono, poet Kate Tempest, actor Mark Rylance, author, and illustrator of The Lost Words Jackie Morris, novelist Anna Hope, environmental writer Jay Griffiths and Green Party MP Caroline Lucas.

Now published as a collection, Letters To The Earth brings together the voices of children and the public with authors, scientists and playwrights in the first creative project of its kind. Together they are an invitation to consider how this existential threat affects the way we live our lives and the action we take.

Praise:

‘As Sophocles and Shakespeare and Moliere and Ibsen and Brecht wrote plays as interventions into the major political crises of their worlds and of their time, we now need our writers to record and reflect this probably biggest ever global challenge but, more than that, to help us understand what to do about it, how to prevent climate disruption from destroying so much that the west, the east, the north, the south have struggled to create over millennia. The time has always been now.’ David Lan, writer, producer and former Artistic Director of The Young Vic Theatre

‘The letters have moved, humbled and inspired us by their number, their depth of feeling, and their call to action. They do not shy away from the terrifying scale of the threat we all face, and offer no easy answers, but there is soul medicine in their words.’ Anna Hope, climate activist and author of Expectation
FRAGILE PLANET
The Impact of Climate Change

Collins

A timely visual reminder of the impact of climate change on Planet Earth.

Imprint: Collins
Editor: Jethro Lennox
Publication: 3 Sep 2020
Format: Paperback
Extent: 232pp

Genre: Illustrated reference
Themes: Climate change

This unique book provides a striking look at the dramatic changes that are happening to our planet in over 200 dramatic images of sea level rising, glaciers melting, flooding and impacts from fires.

It features images from all over the globe, from North American glaciers through to the Pacific islands, the changes to the Alaskan coastline, the devastation caused by Australian bushfires, rivers drying out and cities flooding, and much more.
WATER LANDS

Reviving the Wealth of the World’s Wetlands

Fred Pearce and Jane Madgwick

From Wetlands International comes Water Lands, a beautifully illustrated book about the phenomenal biodiversity of this life-giving, global ecosystem.

Imprint: William Collins
Editor: Caitlin Doyle
Publication: 2 Feb 2020
Format: Hardback
Extent: 304pp

Genre: Earth sciences and illustrated reference
Themes: Wetlands and the environment
Of note: With 20 offices around the world, Wetlands International has a strong global presence.

The author: Fred Pearce is a journalist and author, with experience writing about international environment issues. He is a consultant for New Scientist magazine, and a regular contributor to Yale Environment 360. His books include When The Rivers Run Dry (Granta Books) and The New Wild (Icon Books).

Jane Madgwick is a passionate conservationist and has been actively engaged in the field of wetlands and water policy for the last 30 years. She has been CEO of Wetlands International since 2004.

From the peat bogs of Ireland to the bayous of Louisiana; from the flooded forests of Cambodia to the permafrost of Siberia; from the mangroves of the Ganges Delta to the ‘everlasting swamps’ of the Nile; and from the marshes of the Brazilian Pantanal to the boggy upland pastures of Tibet, wetlands are in-between and ever-changing worlds. Sometimes wet and sometimes dry, sometimes land and sometimes water, sometimes saline and sometimes fresh; they change character with the seasons, or may lie dormant for decades before bursting into life.

Wetlands International is the global not-for-profit organisation dedicated to the conservation and restoration of wetlands. Wetlands are the source of water that supports all forms of life. Wetland International’s vision is a world where wetlands are treasured and nurtured for their beauty, the life they support and the resources they provide.
There is beauty in the natural world, and for centuries people have believed that the secret of health and happiness can be found in plants and flowers. While the twenty-first century is increasingly digital and manufactured, people are turning more and more to the natural world, relearning the artisan skills of old and benefitting from botanicals.

The Story of Plants begins by outlining the history of plants and flowers, and then gives an overview of how plants are grown, where and when to plant them and how the can be used every day. There is also a section that teaches you step-by-step methods of creating sweet-smelling perfumes and natural cosmetics with plants and flowers, as well as a section on using plants for healing and cooking.

This stunning gift book is a part history, part beauty book and part practical tips, and will appeal to anyone wanting to use flowers in modern life, whether they are an accomplished gardener or tend a small yard or simply yearn for a more natural life. Teaching the old skills to a contemporary audience, this comprehensive guide to flowers and botanicals, and their practical uses, features vintage illustrations and elegant design.

Rights sold to:
Beijing Science & Technology Press (Chinese simplified), Abrams (US English)
For the first time, the complete collection of Norman Arlott’s incredibly detailed, accurate and beautiful bird paintings has been brought together in one comprehensive volume, accompanied by concise text detailing specific characteristics and appearance of each species to enable identification with information on habitat, songs and calls.

This all-encompassing new field guide is an excellent addition to the world-renowned series – the ultimate reference book for birdwatchers and bird lovers. Over 10,000 birds are featured and 30,000 maps and more than 500 full colour plates make this a visual feast, as well as an authoritative resource.

Praise for Norman Arlott:

‘[Arlott’s paintings] are not only accurate (which is the most important thing), but very attractive as well. I would highly recommend it.’ Grant McCreary, Birder’s Library

‘A real treasure. Simple and simply beautiful.’ Robert Mortenson, Idaho Birding

‘A must for the travelling birder.’ BBC Wildlife

Rights sold:
Princeton University Press (US)
A beautiful memoir of what it means to live in the rugged, awe-inspiring Scotland Highlands.

Annie Worsley is a Professor of Environmental Change. A few years ago, she took the plunge and moved to the remote North West Highlands of Scotland. It is a land of unquenchable spirit and severe wildness. In the Highlands, life is ruled by the great elemental forces – light, wind and water hold sway over how land forms, where the sea sits, and what grows. It also dictates how its people live.

Annie returns to prehistory to tell the epic story of how Scotland’s valleys were carved by glaciers, how rivers scythed paths through the mountains, how the earliest people found a way of life in the Highlands – and how she then found a home there millennia later.

This is a vibrant memoir that will illuminate the beauty and force of the wild Scottish Highlands; Worsley’s paean to a beloved place, one richer with colour, sound and life than perhaps anywhere else in the UK.
THE BLACK RIDGE
A Journey Amongst Skye’s Cuillin Ridge

Simon Ingram

A fascinating natural history of the Isle of Skye, how it was formed and what makes it unique in Britain and in the world. Discover the human history of the Isle, from the builders of stone circles and the first farmers to later Norse travellers and highland clans.

The iconic ridge of the Black Cuillin on the Isle of Skye is the UK’s most challenging mountain range. Over 11 kilometres long and above 3,000 feet in places, the ridge contains 11 Munros and 16 other summits. In The Black Ridge, Simon Ingram offers a powerful distillation of the atmosphere, history and experience of the ridge: Britain’s ultimate mountain range.

Split into two parts, the Ascent and the Traverse, the narrative of this book follows a complete, continuous expedition across the treacherous ridge. The narrative of this journey is interwoven with history of the region and of the explorers who have braved the climb, the natural history of the area and its artistic and cultural significance over the ages.

The result is the definitive book about the atmospheric experience and cultural history of Britain’s most unique and most dangerous peaks.

Praise for Between the Sunset and the Sea:

‘Wonderful.’ Clare Balding

‘This is the work of a polymath mountain-lover with a backpack-sized curiosity and the stamina to take notes when most of us would be gasping for breath. It’s not just painstakingly researched, it’s also well written […] an intrepid, original book.’ Times

‘A welcome and refreshing addition to the […] field of New Nature Writing. Warm, poetic and humane yet shivery with the vertiginous thrill and allure that mountains cast over some of us.’ Stuart Maconie

‘Almost Tolkienian in delivery […] Between the Sunset and the Sea turns mountain climbs into a form of poetry.’ BBC Countryfile

‘Rich, thought-provoking and lyrical.’ Scotland Outdoors

‘Accessible and refreshing […] written in an engaging style that quickly takes the reader into its confidence. The endearing confession of an authentic mountain addict.’ Country Walking

‘Makes for an engrossing read […] a book of considerable depth, full of fascinating and well researched detail.’ Walk Magazine
LOOK UP

Why Space Is For Everyone... And Why It Matters

Sarah Cruddas

Part memoir, part manifesto, Look Up: Why Space Is For Everyone...And Why It Matters, is an inspirational exploration of why we should all dare to reach for the stars.

More than 100 billion humans have lived on Earth, yet only 24 humans have ever travelled to the Moon. In a world fraught with conflict and complexity, it can seem like we have enough to deal with on our own planet. But the exploration of space is vitally important for us all.

Space journalist, broadcaster and astrophysicist Sarah Cruddas is a passionate advocate for why space is for everyone, and why it matters. Having worked in a fruit-factory to self-fund her astronomy GCSE, she has always wanted to know what lay out there. And in this book, she explains in vivid, inspirational detail, why we should all look up.

From the story of the Space Race to the nomination of the ISS for the International Peace Prize, from the medicines and treatments that are a direct result of space technology, to the extraordinary sacrifices that people have made to see our ‘little blue dot’ from above, this is a love letter to the stars from one of the leading scientists in the field.
At the heart of our galaxy lies a monster so deadly it can bend space, throwing vast jets of radiation millions of light years out into the cosmos. Its kind were the very first inhabitants of the universe, the black holes.

Today, across the universe, at the heart of every galaxy, and dotted throughout, mature black holes are creating chaos. And in a quiet part of the universe, the Swift satellite has picked up evidence of a gruesome death caused by one of these dark powers. High energy X-ray flares shooting out from deep within the Draco constellation are thought to be the dying cries of a white dwarf star being ripped apart by the intense tides of a supermassive black hole – heating it to millions of degrees as it is shredded at the event horizon.

Black holes have the power to wipe out any of the universe’s other inhabitants, but no one has ever seen one die. But 1.8 billion light years away, the LIGO instruments have recently detected something that could be the closest a black hole gets to death. Gravitational waves given off as two enormous black holes merge together. And now scientists think that these gravitational waves could be evidence of two black holes connecting to form a wormhole – a link through space and time. It seems outlandish, but today’s physicists are daring to think the unthinkable – that black holes could connect us to another universe.
The Greatest Story Ever Told

Every night, above our heads, a drama of epic proportions is playing out. The cast of characters is extraordinary, and each one has its own incredible story to tell, from diamond planets and zombie stars to black holes more massive than a billion Suns.

The scope of this book is almost incomprehensible. It’s 25 trillion miles to our nearest neighbouring star, and there are 150 billion stars in our galaxy alone. At 13.7 billion years old and expanding at 67 kilometres a second, the universe is so vast it seems audacious to imagine we can even begin to explore it. But that’s exactly what we have done. A new era of astronomy, driven by technological advances and new telescopes, has fundamentally transformed our view of the universe. We can now explore places we didn’t even know existed just ten years ago.

Chapters cover the birth of a star in a stellar nursery, the power of a supermassive black hole as it flings a sun across space so fast it’s still traveling 10m years later, and the chaos created as two galaxies collide. We’ll go back in time to witness the very beginning of time and space itself and we’ll come face to face with the Universe’s most surprising characters, and learn how their fates are intertwined with our own.
NIGHT SKY ALMANAC

A Stargazer’s Guide to 2021

Royal Observatory Greenwich, Storm Dunlop and Wil Tirion

Connect with the universe that surrounds us with this stylish companion to the night sky. All events are clearly presented month-by-month with easy-to-understand explanations and charts, including stars, planets, meteors, comets, eclipses and constellations.

Written and illustrated by astronomical experts, Storm Dunlop and Wil Tirion, and approved by the astronomers of the Royal Observatory Greenwich, the Guide to the Night Sky series is designed for use anywhere in the world.

These brand new guides to the stars, planets, meteors, comets, eclipses and constellations feature easy-to-understand explanations and charts for all night sky events in 2021, from the phase of moon diagrams; major planetary conjunctions; meteor showers; eclipse details and diagrams through to the dates of the main lunar phases and elongations of Mercury & Venus.

For: The fullest guide to stargazing is the perfect gift for amateur and seasoned astronomers.

The author: Storm Dunlop is an experienced astronomy and meteorology author. He is a Fellow of the Royal Astronomical Society, a member of the International Astronomical Union and of the Royal Meteorological Society.

IN THE SAME SERIES
Sports & Adventure
As the first person to ever swim around Great Britain, there is nobody better equipped than Ross Edgley to write about resilience. On his epic 1,780-mile journey, which lasted 157 days, Ross swam through giant jellyfish, arctic storms, ‘haunted’ whirlpools and polluted shipping lanes, going so hard, and so fast, his tongue fell apart.

He famously ran a marathon pulling a 1.4-tonne car and climbed a rope the height of Everest (8,848m), after living with Yamabushi warrior monks in Japan and partaking in Shamanic pain rituals with fire ants in the Amazon jungle.

In The Art of Resilience, Ross Edgley examines these feats, exploring how resilience, persistence, mental fitness and a disciplined mindset are essential to overcoming pain, adversity and hardship.

This ground-breaking book represents a paradigm shift in what we thought the human body and mind were capable of and will give you a blueprint to become a tougher, more resilient and ultimately better human – whatever the challenge you face.
Vassos Alexander takes us on a joyful canter through many of his marathons in a bid to inspire and empower people to take on the iconic distance and succeed. Whether that’s achieving a particular time, or simply crossing the finish line in one piece.

Including a 17-week training plan, experts are on hand with easily-digestible advice on everything from nutrition to injury prevention, psychology to gadgets and gear. Plus, there are tales and strategies from interesting and motivational runners throughout the field.

Sounds daunting, doesn’t it, running a marathon? And so it should: 26.2 miles is an awfully long way. But trust me, with the right motivation, advice and a will to finish - anyone can run a marathon. And doing so will change your life forever.
The Elements of Cricket is a cricket book unlike any other published before, an extraordinary, eccentric guide and charming visual representation of the game, from the weather and wood that make it possible to the achievements of its greatest and most famous players.

The book is divided into the three parts that make up the fundamental elements of cricket: bat, ball and field. Their harmony produces cricket’s unique environment; their centuries’ long conflict provides its innovation, adaptability and vast psychological hinterland.

These sections unite to map out in a completely original way the story of the sport that began as a country pursuit and is now followed by billions across the world.

Praise for The Meaning of Cricket:

‘A beautifully written meditation on the joys of summer.’ Tom Holland, Evening Standard, Book of the Year

‘Hotten is not just good, he is one of the best... He has the eye for a beautifully judged phrase.’ Cricketer

‘Hotten has emerged as a worthy addition to the lineage of writers who adhere to C L R James’s aphorism: “What do they know of cricket who only cricket know? This will be a worthy addition to any cricketing bookshelf.’ New Statesman

‘For those dreaming of summer, The Meaning of Cricket is accessible, fun and elegantly written.’ Hilary Mantel

‘Simultaneously playful and packed with insight [...] All cricketing life is here [...] Hotten’s writing is accessible and often moving.’ Observer

‘Memory and meditation twirled into a love song: Jon Hotten hits it out of the park.’ William Fiennes
SKINCARE

The Ultimate No-Nonsense Guide

Caroline Hirons

This is THE book her hundreds of thousands of fans were waiting for: a straight-talking, no-nonsense guide to skincare and beauty, by social media star and qualified aesthetician Caroline Hirons.

Caroline Hirons is the authority in skincare – and for the first time, she’s sharing her knowledge with the world. With over 100m views of her blog and over 13m views of her YouTube videos, she cuts out the jargon, tells you want you do and don’t need, and is finally going to get the nation off face wipes for good!

Skincare is the go-to book for people of all ages and skin types who want to feel and look fantastic. It explains the facts, the myths and the best way to get good skin – on any budget. With everything from Caroline’s signature cheat sheets, simple tips and tricks to glow (inside and out!) understanding ingredients lists, and advice on how to choose the products that are right for you, this is the ultimate guide to healthier, brighter skin.

Praise for Caroline Hirons:

‘Caroline is the only one I trust with my skincare.’ Zoella

‘The beauty fanatic is known and loved for her brutally honest reviews and encyclopaedic knowledge of the skin.’ Harper’s Bazaar

‘Hirons is THE skincare guru.’ Evening Standard

‘The impact on sales is something I have never seen in 30 years in the beauty industry.’ Petra Strand, founder of cosmetic brand Pixi

‘The beauty fanatic is known and loved for her brutally honest reviews and encyclopaedic knowledge of skin.’ Harper’s Bazaar

‘Skincare expert.’ British Vogue

‘Skincare Queen’ ITV This Morning

‘Hirons breaks down the world of skincare like no one else’ Red magazine

‘Caroline Hirons, aka the skincare oracle.’ Marie Claire Online

‘Caroline Hirons, a skincare expert whose no-nonsense product reviews have attracted a sizeable following on social media’ Guardian

‘Perhaps the most influential skin-care blogger in the Western hemisphere’ Yahoo

Imprint: HQ
Editor: Kate Fox
Publication: 30 Apr 2020
Format: Hardcover
Extent: 304pp

Genre: Beauty and skincare

For: Fans of Dr Anjali Mahto’s Skincare Bible and Sali Hughes’s Pretty Honest

Of note: Caroline has been featured in Vogue, Marie Claire, Grazia, Stylist, Glamour, Guardian, Harper’s Bazaar, the Independent, the Daily Mail, Radio 2, and BBC News

* Skincare was chosen by Evening Standard as one of the ‘Best books of 2020’

* Caroline has the biggest social media following across all channels in beauty and skincare: Instagram 300K; YouTube 205K; Twitter 80K and Facebook 24K. Her blog has had over 100m page views.

The author: Caroline Hirons is a qualified advanced aesthetician. Her career has involved training teams internationally for top brands in the UK, USA and Far East as well as developing bespoke facials. She has been in retail for 34 years, and has worked for over ten years as a consultant to brands in the beauty industry.
NOT A DIET BOOK

The Must-Have Fitness Book From the World’s Favourite Personal Trainer

James Smith

A number 1 Sunday Times bestseller and the fastest-selling non-fiction hardback of 2020, Not a Diet Book debunks toxic diet and fitness myths, helping the reader lose fat, gain confidence and become a happier version of themselves, all based on the key principle of calorie deficit.

Self-confessed disruptor of a billion-dollar diet industry, James is armed with every tool you’ll ever need to achieve incredible results from dieting, training, and staying in shape to identifying the fads, phonies and nonsense that get in the way of genuinely lasting progress.

But this is so much more than just losing fat. It’s getting to the root of why you always wear black; why you get undressed in the dark; why eating the foods you love make you feel guilty; why you’re afraid to step into the gym; why your confidence is at an all-time low; and how all of this is having a negative impact upon all areas of your life, relationships and happiness.

So, be prepared to transform your attitudes, fix bad habits, lose fat, gain confidence, and become the best possible version of yourself with the last ‘diet’ book you’ll ever need.

It’s so much simpler than everyone wants you to believe.

Stats:

Fastest-selling book of 2020 • #1 non-fiction hardback in the UK market (26.4k in first three days) • #1 Sunday Times bestseller • #1 Irish Times Bestseller • #1 Amazon bestseller • #1 Australian bestseller • #1 Google Bestseller • #1 Audible bestseller • #1 on Apple in ebook and Audio in both UK and Australia • Highest pre-ordered HC adult title of all time • Highest first-week sales for any HC audio title ever • Highest pre-ordered audiobook for a debut HC author ever • 500 x 5*star reviews in 5 days
Modern life is a minefield for stress. Whether it’s juggling work, relationships or money, we often get stuck mindlessly obsessing about all the wrong things, not knowing what to let go of.

In Ten Times Happier, Owen O’Kane reveals how to choose new, healthier perspectives and ditch harmful patterns in the 10 key areas we all overthink: the past, mistakes, unhealthy relationships, money and power, what others think, work, things that didn’t work out, uncertainty, ageing and death and the future.

Using the latest evidence-based tools and techniques from across a range of therapies including CBT and low self-esteem therapy, psychotherapist and mental health clinical lead Owen O’Kane provides empowering solutions to managing your mind and moving forward. Readers will learn how to break patterns, worry less and live more.

Accept, grow, let go, and get ten times happier with Owen O’Kane.

Praise for Owen O’Kane:

‘I’ve tried many, many methods over the years and Owen’s is the one that has clicked.’ Jack Monroe

‘Owen offers a unique, fresh perspective to anyone looking to improve their mental wellbeing.’ Dr Angharad Ruttley, Consultant Psychiatrist and NHS Clinical Director

The author: Owen O’Kane has a dual medical and psychotherapy training and is a clinical lead for an NHS mental health service, where he has worked for over 25 years. He has a unique ability to understand how to quell anxiety and manage stress, as well as unparalleled insight into what brings happiness and calm into people’s lives. Previous books include the bestselling Ten to Zen: Ten Minutes a Day to a Calmer, Happier You.
Expert immunologist Dr Jenna Macciochi unravels the new science around immunity and explains how we can boost our immunity and stay well in the modern world.

Imprint: Thorsons
Editor: Holly Blood
Publication: 16 Apr 2020
Format: Paperback
Extent: 320pp

Genre: Health and wellbeing
Themes: Immunity

For: The scope and content of this book will appeal to readers of all ages, from retirees to new parents.

The author: Dr Jenna Macciochi is an immunologist on a mission to help people understand their immune systems and cultivate long-term health. She has over 20 years’ experience and is extremely well connected, having the support of many big names in the lifestyle medicine field, including Dr Rupy Aujla, Dr Hazel Wallace and Dr Rangan Chatterjee. Jenna has been featured in the Times and Women’s Health magazine.

Rights sold to:
HarperCollins Holland
(Dutch)

The immune system lays the foundation for our health and this book will boldly change the way we look at immunity, decoding what it takes to be well in the modern day.

In Immunity, expert immunologist Jenna Macciochi debunks popular myths about the immune system and offers a simple, clear educated guide to cultivating long term health and wellbeing.

She explains why some people never get ill, how we can use sleep to increase our immunity, why germs might be the key to good physical and mental health and why, despite advances in science, auto-immune diseases are more prevalent than ever.
In The Success Code, specialist educational and mental health coach Amanda Dewinter brings together the latest neuroscience and behavioural psychology to show us the four simple, key stages to achieve success.

The Success Code is a practical guide that gives you the tools you need to identify your ambitions, prioritise your wellbeing, revolutionise your learning, and prepare for success.

Including the latest coaching, neuroscience and cognitive psychology on learning and success, from executive success coach and social scientist Amanda DeWinter, The Success Code empowers readers from every walk of life to set their own goals, invest time into shaping their future, and make their own success a priority. This is a game-changing book for anyone who wants to learn new skills and improve their performance.

Whether your dream is to land a new job, pass exams, head to university, or excel while heading in a new direction, this book will provide help you discover the code to your own success.

Amanda Dewinter is an executive, education and success coach. She has drawn on her social science, coaching and parenting research to write The Success Code, a master plan coaching and mentoring students. She has a social science degree from the University of Manchester, a master’s from the University of London and a Graduate Diploma in Law. She has previously worked in marketing, including positions at Sky TV and the Daily Telegraph where she launched an international newspaper.
Learn about the Japanese art of compassion with *Omoiyari* – the antidote to today's individualistic society, and the perfect gift to all Japan-lovers.

We live in an increasingly divisive world; but rather than building walls, what about adopting the principles of *omoiyari*, the Japanese custom of being caring, considerate and compassionate?

*Omoiyari* underpins all aspects of daily life in Japan and is essential to the social spirit – from sharing perspectives to striving to understand others better, it is demonstrated most clearly in the art of Japanese hospitality. It is the perfect antidote to today’s fast-paced, individualistic world, placing emphasis on community and helping others position and viewpoint.

This book shows us how to bring joy into our own lives and bring about happiness in the lives of others by embracing *omoiyari* and incorporating it into your daily life through practical and actionable steps. Chapters include: *Mottainai* (reducing waste); *Kirei* (cleanliness and organisation); *Teinei* (polite conscientiousness and gift giving); *Zakka* (finding beauty in ordinary or mundane objects); *Wa* (harmony, tranquility, respect and purity); *Omotenashi* (Japanese hospitality) and *Senbazaru* (one thousand paper cranes).

**BY THE SAME AUTHOR**

*Japonisme*

Erin Niimi Longhurst

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The author: Erin Niimi Longhurst’s is British Japanese. She currently lives in London. Her blog *Island Bell* focuses on food, travel and lifestyle. She currently works as a digital marketeer.

Rights sold to: That Al Salasi (Arabic), Visas Elama (Finnish), Vaga (Lithuanian), Insignis (Polish), Atticus (Russian), Matichon (Thai), Pegasus (Turkish), AZ Culture (Vietnamese), HarperCollins (Danish, Dutch, French, German, Italian, Swedish).
In answer to the crisis in boys’ mental health, the UK’s bestselling parenting author Steve Biddulph brings an interactive learning guide rich in content and exercises to prepare parents in providing for their sons.

In his ground-breaking new book, Steve Biddulph, presents interactive exercises that will help parents explore and build upon their relationship with their sons.

Containing questionnaires for each stage of a child’s development, guided exercises, conversations and reflections, 10 Things Boys Need Most is a guide to everything a parent needs to raise boys: from love and security, to mindfulness, setting boundaries, emotional well-being and emotional intelligence, education and learning, friendship, puberty and adolescence, sexuality, choosing partners and negotiating equality and respect.

The book is complemented by real-life case studies and full-colour photographs throughout.

‘If you have girls you must read this book, it will help you choose the best parenting path for you and your child. The risks to our daughters’ mental health are great and we must make changes. The battle for girlhood is one we should all be fighting.’ Sunday Times

‘Biddulph is electrifying.’ Telegraph

‘The world is so different to when today’s parents were young that it’s almost impossible to know how to raise children safely and well in the modern world. This book could make a real difference.’ Katie Fforde
Have you ever met a negative person who drained your energy? Asked yourself why the negative takes up so much space, or wondered how you can avoid being dragged along and dragged down? Have you become involved in misunderstandings and been unable to understand quite where it all went wrong? Or heard people say: ‘Come on! Surely we can talk about this like adults!’?

Have you reflected over how best to respond when faced with someone who is deeply upset? Asked yourself what actually makes us humans function as we do? Wondered how we can develop good relationships while avoiding energy-depleting connections and interactions?

The author writes instructively and from personal experience, with many colourful and compelling examples, in a book which is highly accessible but still grounded firmly in science. She explains common relationship issues and provides concrete advice and tools to use in a range of situations to bring about the best outcome for everyone.

Praise:

‘The Connection Code is a real page-turner about how, as humans, we can interact more optimally through increased understanding of ourselves and others. With insights and advice that work equally well in work and private life, this is an INTELLIGENT book for both the brain and the heart.’ Eva-Mia Westergren, IT Marketing Director with 15 years’ experience in leadership

‘In The Connection Code , the author explains in a down-to earth and clear manner what happens between people when they interact and what we can do to optimise our exchanges. A must-read for anyone who’s interested in developing better human communication.’ Ulf Hall, Author and lecturer In communication and leadership
This book is about how being shy can be a good thing; an enormous help rather than a hinderance. Being a shy child means you stand back and observe, you watch and listen. You pay attention to different behaviours. It can make you more empathetic. Shyness can also be a challenge so you have to find ways around it, which can make you stronger and develop your strategic skills.

Annie will look into childhood shyness, shyness and trauma and social anxiety. And with the help of some excellent psychotherapists, and psychologists, she will offer both explanations and tools on how to optimise shyness for success across all areas of your life.

So many famous people identify as a shy and Annie will be interviewing some high profile actors, celebrities, musicians, comedians and writers about their shyness and how it affected their lives for the better.

Shyness is so common; if you’re shy, you’re not alone and this book aims to re-frame shyness as something of great worth and not something that’s a barrier to success.

BY THE SAME AUTHOR

Shy, Annie Ridout reframes shyness as an asset to make the most of, rather than a barrier to success.
GET A GRIP, LOVE

Kate Lucey

An irreverent take on anxiety and depression – suffering from it, treating it, and dealing with well-meaning people who don’t know what to say about it.

A record-breaking number of anti-depressants are being prescribed each year, and while we are increasingly taking positive steps by speaking more openly about mental health, everyone seems to have a ‘miracle cure’ to throw at those who are struggling. But there is an enormous gap in the knowledge and understanding of what depression is and isn’t – not least because it doesn’t always manifest the same way.

In Get a Grip, Love, Kate Lucey speaks openly about how it feels to live with a mental health disorder and separates fact from fiction, explaining the steps one can take and the treatments that work, and even looks into where the advice to ‘go for a run’, ‘stay off Instagram’ or ‘make some new friends’ come from.

Exploring the science behind mental illness and its treatment, and interweaving expert advice with personal stories from sufferers of depression and anxiety disorders, Get a Grip, Love provides a witty, no-nonsense and accessible guide to mental health.
BE YOUR OWN BEST FRIEND

The Glorious Truths of Being Female

Chessie King

Stop doubting your brilliance and start living your best life with Chessie King’s badass book full of exercises, advice and motivation, inspired by her own journey from fitness blogger to brave, empowering body-positivity advocate.

Chessie is a total badass. She’s on a mission to spread her bold, fresh body-positive attitude to women of all ages. We bully our bodies when we try to force them to be what they’re not, looking for flaws instead of appreciating what they do for us and how far they’ve brought us – and this self-bullying shatters our self-esteem, affecting every aspect of our lives.

Chessie’s honesty and candidness is impactful, infectious and inspirational and in Be Your Own Best Friend she brings her sense of humour and lessons learned for us all to share. She’s created an interactive book around themes that matter to her and have helped her to reach an equilibrium in her life. Starting with our internal world – what goes on inside us (our emotions) zooming out to what other people see of us (our bodies) and then zooming out again to focus on our family, friends, to finally zooming out again to dealing with those people who don’t know us but can affect us so much.

Full of exercises, space for your musings, ideas to inspire and bolster you along the way, plus goal setting challenges, you’ll want to personalise this little book as it becomes your treasure trove of daily inspiration and personal growth.

Imprint: Thorsons
Editor: Holly Blood
Publication: 28 May 2020
Format: Hardback
Extent: 288pp

Genre: Self-help and personal development

Themes: Confidence, self-esteem, body positivity and feminism.

Of note: Chessie King has a rapidly growing following on Instagram (552K). She is already well-supported by traditional media and has been featured by OK!, Hello, the Telegraph and the Daily Mail and has been interviewed on BBC news.

The author: Chessie King is a presenter, role model, and creator of c.Kret. She has become an inspiration to many young women due to her honest and open attitude to life. She’s an ambassador for Nike Women and has been part of several large charity campaigns with Team GB.
Life is far too short to be bored. It’s time we start taking play seriously.

Playful people have more fun. Play can help us to forget our worries for while. And adopting a more playful attitude means we’re better able to cope with life’s ups and downs.

Play has been scientifically proven to make you less stressed. It is hugely beneficial, beyond simply the pleasure it brings. It can teach you new skills, allow you to think more creatively and imaginatively, it can help you problem solve and strengthen your social connections. So why don’t we dedicate more time to playtime?

Coralie Sleap is here to help you harness your imaginative instincts and live a life that’s a little less serious. Each chapter in this book focuses on one of the key aspects of play: Create, Connect, Imagine, Think and Move, each with a pop psychology angle, from improving dexterity and memory, to enhancing self-esteem, problem-solving and relationship-building.

Filled with over 100 unique activities and ideas, top tips from experts and fascinating explorations of the science behind it all, this book will inspire you to forget the rat race for a while and re-learn how to have fun.

Grab some friends or go solo, embrace your inner child and get creative with no agenda.
THE NATURE REMEDY

How To Find Calm and Healing in the Natural World

Faith Douglas

A beautiful, illustrated modern guide to nature for a new generation (including city-dwellers) and exploring how nature can enhance our mental and physical wellbeing.

Reconnect with nature and learn everything about the wonderful wild.

Curator of the Thorp Perrow arboretum, Faith Douglas takes us on an adventure, and spans across all areas of nature to show how trees, birds, insects, seasons, the weather can impact us for the better, how they can heal and improve our mental and physical wellbeing.

Modern day life puts pressures on us all. For city dwellers, getting to the great outdoors is never an easy feat. Faith shows you how to embrace it from right where you are, whether it’s making the most of your garden or creating your own inner sanctum in a tiny flat.

From foraging for herbs and nutritious pick-me-ups, outdoor meditation, growing your own therapeutic urban garden to making simple remedies and recipes, this practical and inspiring guide will take you back to nature wherever you are.

Filled with beautiful photography and line drawings, this is a book for those who want to discover more about the natural world and want to bring a little piece of the outdoors into their own home.

Imprint: HQ
Editor: Rachel Kenny
Publication: 25 Jun 2020
Format: Hardback
Extent: 256pp

Genre: Nature history and health and well-being
Themes: Foraging, well-being, forest-bathing, urban gardens, recipes, nature and wildlife

Of note: Awareness of the natural world and its derived psychological or therapeutic benefits is a growing trend around the world.

- Faith contributes to the Mr Plant Geek newsletter and was named one of the top twenty most influential horticulturalists.

The author: Faith Douglas trained in Horticulture. She has worked for a charity called Horticap which offers Horticulture therapy to adults with a wide range of learning disabilities. She became curator of Thorp Perrow Arboretum seven years ago, which she still does part time. Faith is a Usui Reiki Master Practitioner. She offers Forest bathing as a therapeutic activity. In 2016 Faith led a group from Help for Heroes to assist with the build on the ‘Welcome to Yorkshire’ garden designed by Matthew Wilson. The garden went on to win a Silver Award and the People’s Choice Award.
Positive self-care comprises three important parts: physical wellness, mental-emotional wellness, and life-balance. When these three facets are aligned, you feel grounded, with a positive mind and healthy body.

The Illustrated Self-Care Bible guides you through every component of an essential self-care routine, with detailed descriptions and step-by-step exercises. Learn key breathing techniques through yoga, Pilates, and more, to ensure a sense of calm and focus to combat stress and anxiety, strengthening your emotional resilience and compassion toward yourself and others for a greater sense of well-being.

Discover helpful tips on better sleep and a balanced diet. Find the physical wellness program that best suits your life and goals and learn how to make it a regular part of your routine.

And finally, ensure your life balance is taken care of by maintaining your social wellness. As critical to a healthy balance as your body and mind, a focus on friendships and kindness, curiosity and creativity, will ensure that you feel supported, nurtured, and loved.

This beautiful and comprehensive guide to maintaining self-care through everyday practice will leave you feeling focused, energized, and positive—ready to face the world as your best self.
Sales of products containing CBD oil are expected to top $5 billion this year, a 700% increase from 2018. By 2023 the market is predicted to be worth $24 billion, with bulk of those sales ($16.2 billion) expected to come from chain-store retailers. Cannabis has hit the mainstream.

CBD is an all-natural compound found in the cannabis plant. Not to be confused with Tetrahydrocannabinol (THC), the psychoactive component in the plant that causes the sensation of getting ‘high’. CBD is renowned for its anti-inflammatory properties and is also used in pain-relief products.

The hype is massive. But what are the facts? And is it legal? This book, from a leading CBD expert aims to wade through the research and explain what CBD is, conditions it can help, how it can be used, and the best ways to administer it. Case studies will illustrate some of the incredible stories around CBD.

CBD is the biggest news in wellness right now. This book will demystify the subject in an accessible way.
YOUR PERSONAL HOROSCOPE 2021

Month-By-Month Forecast For Every Sign

Joseph Polansky

From leading US astrologer Joseph Polansky, an in-depth guide to 2021, with month-by-month forecasts for every sign.

The only one-volume horoscope you’ll ever need, this is your essential guide to love, life and career success in 2021.

This popular guide contains all you need to know about your personal horoscope for 2021. Be prepared for the forthcoming year with monthly predictions for your own sign and discover how to maximise your opportunities and potential to make the most of the year.

This bestselling astrological guide contains a personality profile for each sign; a forecast for the year ahead – what you can expect in terms of wealth, home, health, social and love life; a month-by-month forecast of your best days and worst days – the ideal days to attract love, money or success, and when it’s better to just stay in bed!

Imprint: Harper Thorsons
Editor: Holly Blood
Publication: 18 May 2020
Format: Paperback
Extent: 384pp

Genre: Astrology and fortune telling

Themes: Star signs, zodiac, divination

Of note: This is the only one-volume horoscope on the market.

- Joseph’s Your Personal Horoscope guides have been translated into many languages, with this edition marking the 27th year of publication.

- Despite the digital revolution, and wealth of information online, the demand and appetite for Joseph’s expert guidance remains strong and steady. Since publication in 1992, we have sold in excess of 500K copies of these guides.

The author: Joseph Polansky is a leading US astrologer who has been practising astrology for over 20 years.

Previous rights sold to:
Eram (Estonian), Cappelen Damm (Norwegian), Orizonturi (Romanian), Barnes & Noble (US English)
Gift & Humour
THE LITTLE BOOK OF ALPACA PHILOSOPHY

A Calmer, Wiser, Fuzzier Way of Life

Jennifer McCartney

The secret to living a better, deeper, more fulfilling life. Or at least, the secret to chilling out just a tiny bit. More resourceful than a sloth, more thoughtful than an otter, the alpaca is like the Dalai Lama of animals, with many virtues that we can all learn from.

The alpaca is wise and kind, observant and gentle. Its days consist of quiet contemplation, reflection, empathy and gentle interactions with its herd. Alpacas are also neat and organised and have great hair. What better role model is there?

This book is packed with alpaca science, studies on empathy, the value of observation, the benefits of serving others, (spitting on others, too, on rare occasions) along with quotes, poems, and quizzes to help you reach a higher plane. With chapters on friendship, love, food and drink, home, and work, learn how best to switch off and incorporate the alpaca philosophy into every aspect of your life.

Imprint: Harper NonFiction
Editor: Lydia Good
Publication: 9 Jul 2020
Format: Hardback
Extent: 176pp

Genre: Gift books, humour
Themes: Cute animals

Of note: The Little Book of Sloth Philosophy has sold 120K copies in English language.

The author: Jennifer McCartney is a New York Times bestselling author. Her work has appeared in a variety of outlets such as Vice and the Atlantic, and she writes regularly for Publishers Weekly.

The new instalment in the bestselling Little Book of... Philosophy series, the perfect ‘anti-lifestyle’ gift and humour books for impulse gift and self-purchase buys.

BY THE SAME AUTHOR

Rights sold to:
Yuan-Liou Publishing (Chinese Complex), Beijing Fonghong (Chinese Simplified), JEA (Dutch), City Editions (French), Taramix (Hungarian), Health Chosun (Korean), Clever Publishing (Russian), Yeditepe (Turkish), AZ Culture (Vietnamese), HarperCollins (German, Italian, Japanese)
Since Christian Dior first brought leopard print to the catwalk in 1947, it has earned a cult following.

Popularised by everyone from 1940s screen sirens to pop goddesses and Instagram stars, the print has undergone numerous incarnations in the fashion world and has earned a reputation for being daring, bold and rebellious.

This unique and fun illustrated gift book celebrates all things leopard, from fashion to food and everything in between.
Embrace the Italian philosophy of Dolce Far Niente and find happiness and contentment in the here and now.

It’s time to embrace the Italian way of life!

The Sweetness of Doing Nothing explores the southern Italian philosophy of Dolce Far Niente to help you find pleasure in the everyday.

How often do you focus on being in the moment, doing nothing? Whether it’s sitting outside at a café watching the world go by, whiling away the hours with your loved ones sipping a glass of wine or being immersed in nature at the beach taking in the sun, these seemingly ordinary moments are the ones that bring happiness in the long run and highlight the joy in living.

The Italians know the importance of enjoying good food and good company and the pleasures of being idle. The Sweetness of Doing Nothing will share this philosophy, with recipes, suggestions and advice to help you to let go of anxiety and savour life’s precious moments.

Of note: This is a timely book that grants the reader permission to slow down from today’s busy interconnected world.

- Sophie Minchilli is totally immersed in the Italian way of life. Half Italian, half American, she is ideally placed to appreciate the subtleties that make the philosophy of Dolce Far Niente such a pervasive influence in the Italian way of living.

The author: Sophie Minchilli lives in Rome. She is passionate about all things Italian, particularly food and good company. She runs a food tour business with her mother, which gives people the opportunity to explore Rome through the eyes of a local.
WITCH, PLEASE

Vix Maxwell

The modern mystic’s guide to life, love and creating a magical existence. Find your own way, find your magic, and find yourself in the process.

A practical, accessible guide to modern magic and spirituality. With chapters on money, home, career and relationships, and full of inspiration, advice and prompts, this is the perfect book for someone who might be curious about spirituality but not quite ready to start casting spells and concocting potions.

Think of this book as a map. It offers inspiration, advice and practices to help guide you through the process and experience of discovering the magic you already hold within yourself: intuition, intention and self-empowerment.

Imprint: Harper NonFiction
Editor: Omara Eling-Hwang
Publication: 20 Aug 2020
Format: Hardback
Extent: 224pp
Genre: Modern Witchcraft
Themes: Magic, Witchcraft, Spirituality


Of note: There are publications like Refinery29 and The Cut often cover witchy practices and crystal beauty products are on the rise. Vix has also been featured as a rising star in Spirit and Destiny magazine and has appeared on Hay House Radio and in the Huffington Post and Vice.

The author: Vix is a modern mystic and spiritual teacher, devoted to serving the spiritual needs of her growing fanbase through online classes, in person workshops, private sessions, the membership subscription The Circle, the Spiritual Journey Pitstop Facebook group, New Age Hipster Radio Podcast, YouTube channel, blog and social media ministry. Vix helps her fans, followers, clients and students reconnect to their own light, their inner guidance, spiritual path and power so they can live out their best and highest lives.
THE PRINCESS AND THE PRICK

Anita Lehmann

Retold through a feminist lens as one liners, verses and rhyming couplets, The Princess and the Prick expertly highlights the sexism that has existed in a lot of children’s classics we grew up with.

‘May I kiss you, he asked.
She didn’t answer. She was asleep.
So he kissed her anyway’.

In a similar vein to the Ladybird for Adults and Enid Blyton spoofs, The Princess and the Prick superbly flips fairy tales, nursery rhymes and children’s books on their heads.

Imprint: HQ
Editor: Nira Begum
Publication: 15 Oct 2020
Format: Hardback
Extent: 192pp

Genre: Lifestyle

Themes: Feminism, Nursery Rhymes, Children’s classics

For: For readers who enjoyed the Ladybird for Adults and Enid Blyton spoof series, ideal for till points and non-trade

Of note: Anita has won several awards for her writing including the Geneva Literary prize for non-fiction, (winner, 2018); the Winchester Literary festival prize for flash fiction (winner, 2016); the Fish Flash Fiction competition (2014, 2015, 2018 shortlists and longlists); the Raging Aardvark competition (2016 shortlist) and the Worcestershire Flash Fiction competition (2014 shortlist)

The author: Anita Lehmann is a historian and an award-winning, internationally published author of picture books and flash fiction. Originally from Berne, Switzerland, she has sampled life in South America, Taiwan, and Geneva, before settling in Cambridge (UK) where she greatly enjoys drinking tea, working at the library, and writing her first novel.
Mary Poppins is arguably one of the most famous and well-loved films in the world, but how many of us are aware of the extent of the life lessons that it opens up to us? Yes, Mary Poppins has a great deal to say, and not just about talking umbrellas and bottomless bags (though both would come in handy). Messages are hidden within that can influence how we live, how we view our own choices and mental health, the relationship with our parents, and even explain how to navigate the crazy adult world that we have grown to live in.

In Practically Perfect, award-winning writer and comedian Katy Brand explores how we can apply the messages from Mary Poppins to our everyday lives, covering themes as broad as the importance to mental health of keeping your bedroom tidy, our need for fantasy, the suffragettes, the pressure of toxic ideals of men having to provide for families, and the power of the capitalist system that we still live with today. This life advice is interwoven with a satisfying amount of geekery in the form of film analysis, interviews, and insider knowledge, allowing us to learn more about this remarkable character, and film, along the way. Practically Perfect is the common-sense manual for life that you never knew you needed.

"This is a book to massively enjoy (as I did) and then immediately hand on to your daughter (as I did)! I’m off to watch Dirty Dancing again immediately, and so will you when you read this gem."  

Dawn French

"A joyous, funny, page-turner. I read it in one sitting."  

Deborah Frances-White

It takes a true obsessive to open the mind especially to something one has always taken for granted. [...] One of the best reads of the year."  

Emma Thompson

"Very, very funny."  

Sunday Times
Billie Eilish isn’t up for conforming to society’s expectations. She’s not going to be labelled, restricted or dismissed. She’s choosing to rewrite the rules, challenge the system, and for that, she is the greatest role model of our times.

With chapters on learning to be yourself, standing up for what you believe and dealing with haters, this book explores Billie’s incredible journey to stardom, and provides hints and tips on how to adopt her poise and give-a-sh*t attitude to get where you want to be.

A celebration of her refreshing outlook, creative spark and strong work ethic, Be Bad. Be Bold. Be Billie, is for anybody wanting a bit more Billie in their lives!
BE MORE DOLLY

Life Lessons Beyond the 9 to 5

Alice Gomer

A tribute to the Queen of Country and a guide to living your life a bit more Dolly – the perfect gift for Dolly fans old and new all over the world.

Imprint: Harper NonFiction
Editor: Harriet Dobson
Publication: 14 May 2020
Format: Hardback
Extent: 128pp

Genre: Gift books, music and lifestyle

Themes: Dolly Parton, country music, quotes, relationships and work

For: Fans of Pocket Dolly Wisdom and Dolly Parton: Little People, Big Dreams.

Of note: Dolly Parton is arguably the best-loved female musician of all time. Her performance at Glastonbury 2014 drew the biggest crowd of the weekend, testifying to how diverse and wide-ranging her public is.

• The Netflix film Dumplin’, released in 2018, is based entirely on a love for Dolly, and includes her original music.

• BBC 2 has commissioned a documentary on her, to be released in Autumn 2019

Rights sold to: Mango (US)

Dolly Parton famously said of herself: ‘It’s hard to be a diamond in a rhinestone world.’

Do you ever find yourself:
Tumblin’ out of bed and stumblin’ to the kitchen?
Searchin’ for a cup of ambition?
Sighin’ and groanin’ at the mundanity of life?

When you need some hard-hitting advice on business, love and family you know you can turn to Dolly Parton. Her warmth, spirit and no-nonsense mindset have inspired millions and now you can learn how to harness her attitude in every aspect of your life.

Filled with quotes, anecdotes, full-colour illustrations, activity/journaling pages and including chapters on work, relationships and heartache, charity and being a woman, this is the perfect book for Dolly fans everywhere.
Be More Sausage

How the Humble Dachshund Can Teach Us to Be More Human

Matt Whyman

A love letter to the small but mighty dachshund or, as it’s more affectionately known, the Sausage Dog.

Be More Sausage celebrates not only dachshunds’ adorable appearance, but the tenacity and bravery of this unassuming little dog and teaches us a few life lessons along the way.

Do not be deceived by the sausage dog’s stature, this breed is one of the most proud, loyal, wilful, clever, stubborn and courageous, and there is a lot we can learn from them.

With over 16m tags on Instagram and countless sausage dog ‘influencers’, their popularity is soaring, and this adorable illustrated book is the perfect impulse gift purchase for the sausage dog lover in your life.

Be More Sausage contains chapters on: Dachshund Throughout the Day (Work, Rest, Play), Mind and Body (Well-Being, Food & Drink, Body Confidence), Relationships (Love & Friendship, Loyalty laws, Managing Conflict), The Emotional Sausage (Being Brave, The Politics of Envy, Powers of Persuasion) and The Long View (Strategies to stay grounded, living simply and in the present, in order to transform your life).

Rights sold to:
Heyne Verlag (German), Planeta (Spanish), HarperCollins (Dutch, Italian, Polish)
OK, BOOMER

‘What Time is That on Netflix?’ and Other Daily Struggles

A hilarious collection of the very best ‘OK Boomer’ moments of the internet covering all aspects of modern life – the climate crisis to technology, customer service to pop culture, money to working life.

Favourites include:

Baby Boomers are always like ‘Did you put those holes in your jeans yourself?’ I DON’T KNOW, SUSAN, DID YOU PUT THE HOLE IN THE OZONE THERE YOURSELF? #OKBoomer

‘I just accidentally said LinkedIn Park while referring to the band’ #OKBoomer

‘My dad just told me to smile to get men to like me…” #OKBoomer

Every time an angry baby boomer misspells millennial, an angel gets its student loans forgiven.
Food plays a huge part in *Friends* and some of the meals the characters eat have gone down in TV history. Who can forget the meat trifle, Ross’s sandwich and all the cheesecakes?

This beautifully illustrated book will be there for you with 50 recipes from the show including onion tartlets, birthday flan and a full Thanksgiving feast (complete with three different types of potato).

It is the perfect book for *Friends* fans young and old.
Food & Drink
From Fortnum & Mason and award-winning food writer Tom Parker Bowles, the ultimate guide to tea and how to enjoy it, from the moment you wake until bedtime.

An entertaining yet informative guide to teas, infusions and sparkling teas, *Time for Tea* shows you how to discover the perfect cup, whether a fine Darjeeling, a smoky tea from China or a regular builder’s blend.

Packed full with suggestions on what to drink when, this is a fun and authoritative companion to tea drinking. *Time for Tea* travels to the world’s most important tea plantations, provides tasting notes on traditional favourites as well more modern blends, and explores which teas are best to start the day with, accompany afternoon tea or to wind down with in the evening.

**Imprint:** Fourth Estate  
**Editor:** Louise Haines  
**Publication:** 17th Sep 2020  
**Format:** Hardback  
**Extent:** 320 pp

**Genre:** Food & Drink

**Of note:** Fortnum & Mason is an internationally renowned and revered name, with worldwide appeal and stores ranging from Heathrow Terminal 5 to Dubai and Tokyo. Their products are supplied by stockists worldwide.

**The author:** Tom Parker Bowles (34K Twitter followers) is an award-winning food writer and the author of five previous cook books.

**Rights sold to:**  
Christian Verlag (German)
In **One**, award-winning cook Anna Jones once again blazes the trail for how we all want to cook: quickly, sustainably and stylishly.

In her exciting new book, *One*, the ‘queen of the greens’ gives over 150 vegetarian recipes alongside dozens of ideas for super-quick one-pan, one-tray suppers.

You can travel the world from your kitchen with dishes such as: Persian noodle soup; Korean carrot and sesame pancakes; African peanut stew; baked dahl with tamarind-glazed sweet potato; and halloumi, mint, lemon and caramelised onion pie.

With recipes for every occasion, from a weeknight tahini broccoli on toast to the puddings and feasts, these inventive and varied recipes will become kitchen staples. All delicious, whether made vegetarian or vegan, Anna also helps you to reduce waste, use leftovers and make your kitchen plastic free. This book is good for you, your pocket and for the planet.

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BOSH! HEALTHY VEGAN

Henry Firth and Ian Theasby

From the No. 1 Sunday Times bestselling authors of BOSH!, a healthy vegan recipe book featuring 80 easy, fun and mouth-watering recipes.

The authors: Henry Firth and Ian Theasby are lifelong friends and the guys behind BOSH!, the biggest plant-based video channel on Facebook. BOSH! create mouth-watering vegan recipes that are shared across the globe, reaching over 26m people a month. The duo’s first book sold over 200K copies in the UK, making it the highest selling vegan cookbook ever and the fastest selling debut cookbook of 2018. It was also the first ever vegan cookbook to get to No. 1 in the UK.

Henry and Ian are going to help you eat and feel better, using only the power of plants. With 80 delicious, plant-based recipes and nourishing meal plans to help you stay on track whatever your goal, this book is your ticket to a healthy life.

Packed full of nutrition hacks and lifestyle tips that BOSH! have learnt throughout their journey, this book will motivate anyone looking to achieve a fit, lean and healthy body while staying vegan.

BY THE SAME AUTHORS

Rights sold to:
Fontaine (Dutch), EMF (German), Bioenergetic (Hungarian), Studio Koluru (Polish), Lula de Papel (Portuguese), Eksmo (Russian), Tukan Forlag (Swedish)
Dr Rupy Aujla

Sunday Times bestseller Dr Rupy Aujla is back with a new recipe book and a brilliant, easily applicable concept to encourage healthy eating every day: 3 portions of fruit or veg, 2 people, 1 pan.

As a practising GP, Dr Rupy Aujla knows only too well that what you choose to put on your plate is one of the most important health interventions you can make.

In this new recipe book, he is back with a no-nonsense concept anyone can follow on a daily basis: 3 portions of fruit or veg (160g), 2 people, 1 pan.

This brand new collection of fast and flavourful recipes focuses on easy, minimally processed, stripped down dishes in which vegetables – rather than meat – are the star of the show, helping you get your 9-a-day in less time than a takeaway delivery takes.

Split in 10 chapters featuring 10 recipes each, from One pan Breakfasts, Brunches, Soups, Casseroles, Curries and Rice-based Dishes to Showstopping Salads, Powerful pasta, Traybake Dinners and Desserts, Doctor’s kitchen: 3–2–1 taps into the now widely adopted trend for flexitarian eating and is sure to appeal to the whole family.
Frozen food is no longer seen as second best, something for emergencies, or a poor alternative to a take-away. Learn how to batch cook for convenience, cut down on waste, and save money without sacrificing flavour.

Imprint: Harper NonFiction
Editor: Katya Shipster
Publication: 30 Apr 2020
Format: Hardback
Extent: 208pp

Genre: Cookery
Themes: Batch cooking, easy and quick cooking, low waste and low cost food

For: Ice Kitchen will appeal to fans of The Roasting Tin by Rukmini Iyer and Cook Now Eat Later by Mary Berry.

Of note: Preserving food is back in fashion – and now the pure and natural art of freezing, which has been somewhat lost in recent years, is the next big food trend.

The author: Shivi was born in Trinidad and she has made it her culinary mission to twist the classic Caribbean dishes and ingredients from her childhood into vibrant, fresh and easy-to-make recipes. Shivi’s recipes have been featured in the Sunday Times, Delicious magazine, Good Things magazine, Metro and the Guardian. She is a regular guest on Saturday Kitchen and has also been featured on BBC Woman’s Hour. Caribbean Modern: Recipes from the Rum Islands, her first cookbook, was published in 2015.

Learn to freeze your food with flair for perfect results time and time again. Ice Kitchen offers simple, delicious but deeply practical recipes, originating from an exciting range of cultures such as Caribbean, Japanese, Mexican, Indian, Chinese, Hungarian and beyond! Chapters include: breakfasts & brunches, lunches & dinners, snacks & sweets and quick fixes.

Nutritionally balanced and suitable for both vegans and meat-eaters, these recipes will go down a treat, no matter who’s around your table.

All recipes are freeze-able, meaning you can store portions for busy days when you aren’t able to cook from scratch but want to enjoy a proper meal. Recipes can easily be scaled up for batch cooking, to feed a family of four three times, or can be served as large portions.

Ice Kitchen answers all your questions about the intricacies of freezing: when to cook from frozen, how to defrost and cook food properly, how long you can store frozen food for. Tips will be scattered throughout the book.

Praise:

‘An efficient way of organising not just your freezer, but your kitchen and the way you think about meal-prep – it’s the way I’d like my kitchen to run. As you’d expect from Shivi, the recipes are fresh, modern and achievable.’ Rukmini Iyer

‘This is such a clever and useful book. Shivi’s fabulous recipes will get every home cook making the most of their freezer and stocking up on delicious meals for the week.’ Rosie Birkett

‘I don’t use my freezer at all for the simple reason that I don’t know the foolproof ways to do it. This is an inspiring book that will change the way you cook.’ Chetna Makan

‘The Ice Kitchen celebrates the much-maligned freezer whilst taking the snobbery out of using one. Not only does it offer great money- and time-saving ideas but also tips and tricks on batch cooking and ice cube wizardry. But, all this aside, the recipes are just very, very good! Brings the freezer in from the cold.’ Matt Tebbutt
THE BATCH LADY

Shop Once. Cook Once. Eat Well All week.

Suzanne Mulholland

The revolutionary Batch Lady brings the gift of time to even the busiest lives, with over 80 delicious, homecooked recipes.

Shop once, cook once, get your life back!

Suzanne Mulholland, a.k.a. The Batch Lady has been transforming how thousands of people cook and eat through her revolutionary online channel. Now she’s going to share her secrets with you.

With over 80 delicious, home-cooked recipes that are quick to make, create and store, Suzanne’s brilliant recipe combinations and time saving tips will transform your kitchen, and will buy you back extra hours in your week.

Packed with planners, helpful lists and more, this is the only guide you will ever need to save you money, time, and headspace, and banish that what’s for dinner question for good.

Praise for Suzanne Mulholland:

‘Cookery’s answer to Mrs Hinch, you’re going to love this lady.’ Hello!
RISING HOPE

Recipes and Stories From Luminary Bakery

Luminary Bakery

*Rising Hope* is the cookbook from Luminary Bakery, a social enterprise founded to support disadvantaged women, including those who have been homeless, in prison, or experience violence, by teaching them how to bake.

Combining delicious recipes with stories from the bakery, and the women Luminary has empowered, *Rising Hope* will take the reader on a journey that shows how anyone, anywhere, can learn how to bake, grow as an individual, and share these experiences with those around them.

*Rising Hope* is a collection of much-loved recipes, from the famous cinnamon swirls to espresso crinkle cookies and cauliflower cheese savoury muffins.

Alongside these recipes are powerful stories of inspiring women who have overcome adversity. *Rising Hope* is a chance for them to share these stories of hope, courage and determination along with some of their favourite bakes.

The Luminary Bakery believes that every person has talents, gifts and inner creativity that can be tapped into to make beautiful things, so the recipes are accessible to anyone short on time, money or technical skills. There really is something for everyone.

Imprint: HQ
Editor: Kate Fox
Publication: 20 Aug 2020
Format: Hardback
Extent: 252pp

Genre: Cookery
Themes: Baking, charity and social enterprise projects

For: People who already enjoy baking as well as those interested in how skills such as baking can positively affect society. It will appeal to readers of *Honey & Co, Together, The Immigrant Cookbook, Bake For Syria, The Violet Bakery Cookbook.*

Of note: The Luminary Bakery has received coverage in *Vogue, the Independent, Hackney Gazette, Huffington Post, Time Out, London Live, and the Evening Standard.*

The authors: The Luminary Bakery transforms the lives of vulnerable, disadvantaged women in East London on a daily basis. *Rising Hope* is their story, and their delicious recipes, to show the power of baking to inspire, heal and help share hope with others. Alice Williams, its founder – and the editor and main contributor of the book – was recognised in the *Evening Standard’s* ‘Progress 1000: Most Influential People of 2018.’
Disappointed by the lack of real marmalade on the market, Lucy decided to try her hand at making her own, using her mother’s pre-war jam pan. Her marmalade was so delicious, that people started asking for her recipe. In 2019, she won two Golds and three Silvers for the five flavours she entered in the World’s Original Marmalade Awards.

The Little Book of Marmalade! will take the reader on a zesty journey from a brief history of marmalade-making, to the arrival of the very best Seville oranges in January, to boiling, jarring, labelling and storing your glistening preserves to eat throughout the year. Not to mention, a recipe or two for the best bakes to enjoy with your delicious, freshly-made marmalade.
Golden and crispy on the outside, deliciously moist and spicy inside, what’s not to like about falafel? Over 60 delicious recipes inspired by this healthy and nutritious street food.

The falafel is a pretty humble food usually made from chickpeas, spices, and not much else, but there are countless things you can do with them.

This book will show you how to make falafels from traditional ingredients like chickpeas and fava beans to more unconventional ones like beetroot and spinach. With recipes for dishes like falafel souvlaki, many different falafel salads and falafel burritos, the possibilities are endless and there is something for everyone to enjoy.

Imprint: Harper NonFiction
Editor: Harriet Dobson
Publication: 20 Aug 2020
Format: Hardback
Extent: 112pp

Genre: Cookery

Themes: Healthy eating, vegetarian foods and Middle-Eastern cooking.

Author: Heather Thomas is a health and cookery writer and editor. She is the author of The Halloumi Cookbook, The Nut Butter Cookbook, and The Avocado Cookbook (Ebury). Heather has worked with many top chefs, women’s health organisations and charities and nutritionists and has contributed to health and food magazines in the UK and the United States. She practises what she preaches and eats a very healthy diet and stays slim and fit.
Brussels Sprouts have undergone a renaissance and are now in the culinary spotlight. Particularly high in antioxidants, low in calories, fat, cholesterol and carbs, sprouts are an excellent source of vitamins C, K and B6.

Not just for Christmas, this most versatile of vegetables can be enjoyed from early autumn to late spring in many delicious forms including Cabbagey Canapes, Sprouting Salads and Brussels Brunches.

From crunchy side dishes to a starring role in a main course, sprouts effortlessly take on the flavours of Italy, Spain, the Levant, Mexico and south-east Asia. Let them reach their full potential and transport you all over the world!
HUNGERPOTS

Over 70 super-simple one-pot dishes!

Bethie Hungerford

Hungerpots is a brand new one-pot cooking concept for foodies with limited time.

Imprint: Harper NonFiction
Editor: Lydia Good
Publication: 9 Jan 2020
Format: Hardback
Extent: 160pp

Genre: Cookery
Themes: Quick and easy cooking, budget cookery
For: Busy families, students and professionals who love food but don’t want to spend hours in the kitchen. The one-pot approach will appeal to fans of Rukmini Iyer’s The Roasting Tin.

Of note: One pot cooking is a perennially popular concept, helping you save time preparing food and washing dirty pots and pans and minimise food waste.

The author: Bethie Hungerford loves food. She cooks to eat and doesn’t believe there’s anything wrong with embracing ‘laziness’ in the kitchen when she needs to feed herself and her family delicious and nutritious food. She coined the ‘Hungerpots’ concept whilst creating recipes for her blog hungermama.com and they have been hugely popular. Bethie runs the podcast ‘Friends With Recipes’, where she cooks a favourite meal chosen by her guests (who include Instagram influencer Clemmie Hooper).

Delicious, comforting and incredibly simple, Bethie Hungerford’s one-pot recipes are the perfect solution for people who love food but lack time.

Bethie will teach you quick ways of making family favourites such as parmigiana, enchiladas, Thai noodles and even carrot cake – all in one pot, all at the same time.

Colourful, creative and requiring zero culinary ability, Bethie’s one-pot recipes can be on the table in twenty minutes, proving you don’t need to spend hours sweating over a hot stove to create food that will satisfy your taste buds.

There are chapters on pasta, rice, grains, beans and even desserts. All recipes can be made using a regular casserole dish or slow cooker. It’s almost too easy!
In need of some gin-spiration? Look no further!

Whether you are a gin aficionado or simply gin-curious, this book from the experts at Craft Gin Club contains everything you’ll ever need to know about the juniper spirit.

With sections ranging from different gin styles to matching glasses to cocktails, as well as helpful how-tos on projects like growing your own garnishes and upcycling your bottles, this is more than just a cocktail recipe book. Learn how to cook with gin, including gin pulled pork and gin carrot cake, and get ready to throw a gintastic New Years’ Eve Party!

Of course, Gin O’Clock wouldn’t be complete without a wide variety of cocktail recipes. Perfect the classics like the negroni and French 75, spruce-up tried and true recipes and make strawberry daiquirish or gin-a-aolada, or get adventurous and try delicious new concoctions like the Bakewell tart martini and chamomile hot toddy.

Organised by the seasons, this is the perfect book to discover new ways to enjoy gin all year long.
The sun is out, the mercury is finally hitting 30 degrees... what better way to toast the start of summer than with a frozen cocktail – on a stick!

With the onset of summer, the alcoholic ice-lolly trend is getting BIG. The adult popsicle market is one of the fastest-growing product areas in the ice cream market, with sales up 23% to £40m in the past year, according to Kantar Worldpanel.

From high-end gourmet ice pops on the festival scene to mass-market popsicles that were a sell-out at Aldi, people’s appetite for frozen booze is growing. Even Fortnum and Mason have produced their own alcoholic ice-lollies for the best people. But why go for shop-bought, when you can easily mix and freeze these drinks at home, and never spill a drop.

This book provides 60 recipes for popsicles, slushies and ice-cream frozen drinks, with stylish photography.
WINTER WARMERS

60 Cosy Cocktails for Autumn and Winter

Jassy Davis, Illustrated by Sarah Ferone

The perfect holiday gift for cocktail lovers and drinkers everywhere! 60 delicious cocktails for crisp autumn and cozy winter, all beautifully bundled up in a lavishly illustrated cocktail gift book.

Imprint: Harper NonFiction
Editor: Caitlin Doyle
Publication: 20 Aug 2020
Format: Hardback
Extent: 144pp

Genre: Food and drink
Themes: Spirits and Cocktails

The author: Jassy Davis is a writer, recipe developer, and food stylist. Her work has appeared in print and online including on lovefood.com, the Huffington Post and the Evening Standard. She has collaborated on cookbooks covering everything from kale and quinoa to cocktails, and she runs her own blog dedicated to her first love: gin. She is the lead recipe writer for Abel & Cole and her favorite bit of kitchen kit is her slow cooker, although her cocktail shaker comes a close second. She previously wrote Gin Made Me Do It and With Alcohol Anything Is Popsicle.

Twitter @ginandcrumpets

Crackling fires, the crunch of autumn leaves, toasty mittens, and frosted windows...

From mulled wine to festive spritzes, hot toddies to fireside tipples, Winter Warmers offers 60 cosy cocktails for autumn and winter.

Settle into an armchair by the fire and sip boozy treats of the season, including a Pumpkin Spice Espresso Martini, Hot Buttered Maple Bacon Bourbon, Peppermint Patty, Festive Cranberry Punch, 3-Booze Egg Nog, the best mulled wine, and much more.
Religion & Spirituality
MY FAVOURITE BIBLE STORIES

For Children Around the World

Sarah Fletcher and Kelly-Jade Nicholls

Featuring over fifty stories from the Old and New Testaments, this new children’s Bible will help children from diverse backgrounds get a fun, unique and engaging look at the world and its characters from Biblical times.

My Favourite Bible Stories: For Children Around the World takes children through the most exciting adventures found in the Bible. Each illustrated story reveals the character and nature of a loving and active Father God.

The stories are written in a child-friendly and dynamic way to encourage and support children in developing their relationship with God through the Bible. At the end of each story, children will enjoy the Have a Think, Have a Go and Have a Prayer sections to encourage exploration and prayers that will deepen the connection to the story, its characters and key message.

Thanks to the vibrant and animated illustrations of Kelly-Jade Nicholls, the stories come to life in an engaging way that all children can relate to. Kelly’s illustrations beautifully capture these stories like no other children’s bible.

The stories, written by Sarah Fletcher, are told in an easy-to-read, dynamic style that will spark the imagination of any reader.

Imprint: William Collins
Editor: Carlos Darby
Publication: 14 May 2020
Format: Hardback
Extent: 256pp

Genre: Children’s reference, religion
Themes: Bible stories
For: Parents, teachers, pastors, and children will love in this new and exciting visual and narrative presentation of the Bible for children.


The authors: Kelly-Jade grew up wanting to be an astronaut. However, as science and maths were never her thing, she used her creative flair and skills in art and fashion to reach for different types of stars. She began working for Sony music styling stars such as Little Mix and Rita Ora.

Sarah has loved stories ever since she was little. She studied English at University and for the next decade worked with Footprints Theatre Trust as a performance storyteller and writer. For the last four years she has been a writer on many much-loved BBC Children’s magazines.
THE NEW TESTAMENT EXPERIENCE

The Gospels for the Modern World (ESV)

Abrupt Media & Carlos Darby

The New Testament Experience: The Gospels for the Modern World is specifically designed to reach the next generation of believer and bring them a fresh insight into the Gospels and the relevance of the Word of God to their lives today.

Imprint: William Collins
Editor: Carlos Darby
Publication: 4 Apr 2019
Format: Paperback (P5)
Extent: 320pp

Genre: Illustrated reference and religion

Themes: Bibles

For: Teens and young adults, parents and youth leaders as well as new Christians who are looking for an easy introduction to the Bible.

The author: Carlos Darby is the Creative Director of Abrupt Media and looks after Bibles and Religious Publishing for William Collins. He studied Fashion Business at the London College of Fashion and has a degree in Fashion Marketing & Communications. His passion is to reach a visual generation by creating dynamic resources. His previous books include NT Bible Word (Hillsong, 2009), The One: Experience Jesus (Thomas Nelson 2015), Fearfully Made: Positively Shaping Society (SPCK, 2019) and The New Testament Experience: The Gospels for the Modern World (ESV/Collins, 2019).

Using the ESV translation and photography to bring the key characters and stories of each Gospel to life, this modern and immersive Bible aims to create a beautiful and engaging resource for the believer and for the local church leader. It is a tool to equip the youth of the Church and new Christians with the life and teaching of Jesus Christ.

The New Testament Experience works with a broad international team of photographers and creatives, depicting the Gospels in the modern world. Each Gospel is set in a different city: Matthew in London; Mark in New York City; Luke in Sydney; John in Bogota. There are also 7 articles to teach key themes found in the Gospels, these include: The Life of Jesus, The Gospels, Grace, The Holy Spirit, The Church, Prayer and The Bible. At the start and end of each Gospel there are sections bringing pertinent insights and context to the key themes.

This book utilises the method employed by Jesus himself to engage with and teach the people that followed him – the method of storytelling. Inspired by teaching through parables, The New Testament Experience works with the scriptures as a basis for the visual representation of the stories found in the Gospels but for a 21st century audience.

Praise:

‘With its brilliant duo of modern imagery and ancient Scripture, provides fresh perspective on the relevance of God’s Word. Open this book and awaken your senses to rediscover the Gospel’s timeless truths!’ Lisa Bevere, New York Times Bestselling Author & Co-founder Messenger International

‘This bible is exactly what this generation needed!’ Dan Watson, Youth & Young Adults Pastor, Hillsong Church UK

‘Illustrated bibles are nothing new but this impressive ‘magbook’ gives this tradition a modern twist so as to connect with a generation that is largely indifferent or even hostile to religion. It’s vitality, innovation and commitment is to be applauded.’ Mail on Sunday

@AbruptMedia

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Editions Scriptura (French)
Fontis (German), Monolit (Spanish)
Children’s Reference & Parenting
CREATE YOUR OWN CALM

Becky Goddard-Hill, illustrated by Claire Forrest

The Create Your Own series empowers children to shape their lives, and the lives of others around them, by taking practical, positive steps towards their own happiness and positive self esteem. It gives young people a handle on their own emotional wellbeing by equipping them with confidence for the everyday challenges of life and school.

From creating a collage and journaling, to unpacking emotions and cloud watching, learn about all the amazing ways you can Create Your Own Calm.

In a world that’s increasingly chaotic and fast-paced, this book sets kids on a path to becoming emotionally resilient and equips them with confidence for the everyday challenges of life and school. They’ll find simple tips for being calm and happy and learn about the inspiring and surprising science behind emotions along the way.

Imprint: Collins Geo
Editor: Michelle I’Anson
Publication: 17 Sep 2020
Format: Paperback
Extent: 160pp

Genre: Educational

The authors: Becky Goddard-Hill has worked as a child development social worker and trainer and is now a writer and award-winning blogger. She is a qualified psychotherapist and certified life coach. She runs five award-winning blogs.

BY THE SAME AUTHOR
BE HAPPY BE YOU
The Teenage Guide

Penny Alexander and Becky Goddard-Hill

This positive and insightful guide gives teenagers the tools to build confidence, eliminate negative feelings and boost happiness in all areas of their lives.

Being a teenager has its own unique challenges, but it’s also the perfect time to shape mental wellbeing and happiness.

Scientists reckon 40% of happiness is within our control, that’s A LOT of happiness and this book will help you to harness it.

There are tonnes of ideas to try from creating an anxiety toolkit, planning a digital detox to meditating and forest bathing, plus you’ll learn the science behind why they work. Carry out the activities independently or with family and friends and take your happiness into your own hands!

Imprint: Collins Geo
Editor: Michelle I’Anson
Publication: 9 Jan 2020
Format: Paperback
Extent: 192pp

Genre: Children’s reference
Themes: Self-esteem and confidence, mental health and wellbeing

Of note: Penny Alexander and Becky Goddard-Hill are award-winning bloggers with extensive social media influence. They are the authors of the best-selling book Create Your Own Happy.

The authors: Now a writer and award-winning blogger, Becky Goddard-Hill has worked as a child development social worker and trainer. She is a qualified humanistic psychotherapist and certified life coach. She runs five award-winning blogs all highly ranked within the UK, predominantly on creative family life on a budget.

Penny Alexander is a multi award-winning parenting blogger. Prior to that she was an education consultant, and Drama and Media Studies teacher. Her blog Parents shaped.co.uk was Family Traveller Best Travel Blog Runner Up in 2016.
LITTLE INVENTORS GO GREEN!

Dominic Wilcox and Katherine Mengardon

Following on from the success of *The Little Inventors Handbook*, we are delighted to add three new titles to the series. Each book contains step-by-step guides to thinking up fantastically funny or perfectly practical inventions and talks readers through the process of coming up with new ideas including: problem solving, considering how we use things and how we can make existing inventions even better.

Children are born nature lovers. As they discover the world with fresh eyes, they marvel at everything, turning conkers into treasure or a willow tree into a hidden fortress. This makes them great ambassadors for treating the environment with respect from an early age and inspire the world to take note.

*Little Inventors Go Green!* is full of ideas and inspiration to encourage green inventions that tackle the challenges our planet faces.

Imprint: Collins Geo
Editor: Michelle I’Anson
Publication: 7 May 2020
Format: Hardback
Extent: 152pp

Genre: Educational

The authors: Dominic Wilcox is an inventor, designer and artist. His work has been exhibited in museums and galleries around the world including the V&A and London’s Design Museum.

Katherine Mengardon is an education author with years of experience developing innovative online school programmes for the BBC, Cartoon Network, GSK, BP, Pearson and Nesta.

BY THE SAME AUTHORS

Rights sold to:
Postwave Kids (Chinese simplified), Cartamata Edizioni (Italian), Jolly Books (Korean), Nhan Tri Viet (Vietnamese)
YOU CAN GROW YOUR OWN FOOD

Annabelle Padwick

Get muddy, get green and get growing with these fun gardening projects!

Imprint: Collins Geo
Editor: Michelle I’Anson
Publication: 11 June 2020
Format: Paperback
Extent: 96pp

Genre: Children’s reference
Themes: Gardening, lifestyle, eco-friendly
For: Children between the ages of 7 and 11

The author: Annabelle Padwick is the founder of the blog and social enterprise organisation Life at No.27. A professional gardener, she also works as a radio host and freelance writer. She uses her fresh approach to promote the magic of gardening and growing your own produce, especially the difference it can make to our health and wellbeing. She is a qualified mental health first-aider and proud to be an Ambassador for Thrive UK, a charity changing lives through gardening.

Full of easy-peasy tips on how to grow all kinds of fruit, vegetables and herbs, You Can Grown Your Own Food is exactly what green-fingered kids need to become great gardeners.

Projects include cooking on a campfire and growing a pizza garden. There is also plenty of space in the book for children to scribble down their own ideas, make notes, draw pictures and keep track of their plants’ progress, inviting them to make the book their own.

You Can Grow Your Own Food is part of a forthcoming children’s reference series. Further titles will include: You Can Write Awesome Stories; You Can Have An Awesome Adventure; You Can Take Amazing Photos; You Can Draw Brilliant Pictures and You Can Save the Planet.
MY AWESOME YEAR BEING
6

Fill-in Fun and Ideas For Making Awesome Memories

A great gift for birthdays and other special occasions, My Awesome Year Being 6 is bursting with ideas and inspiration for making awesome memories!

Imprint: Collins Geo
Editor: Michelle I’Anson
Publication: 2 Apr 2020
Format: Paperback
Extent: 128pp

Being six is awesome! This book will help any six-year-old have even more fun as well as making it easy to record and share their amazing year with family and friends.

With tonnes of fun activities to try and prompts to jot down day-to-day experiences, this is the perfect place for a six-year-old child to record all the awesome things they do throughout the year. From stargazing to burying a time capsule, making ice cream to writing a poem, it’s great for getting kids outdoors and being active indoors!

Includes: plenty of space for doodling, drawing and journaling favourite music, hobbies, games and sport; ideas for outdoor adventures and family fun times; a place to think about school, friendships and goals for the year. My Awesome Year Being 6 encourages kids to think about what they care about and their place in the world.

IN THE SAME SERIES

My Awesome Year Being 7
My Awesome Year Being 8
My Awesome Year Being 9
My Awesome Year Being 10

Publication 2 Apr 2020
THE ULTIMATE UNIVERSITY SURVIVAL GUIDE

The Uni-Verse

Jack Edwards

From the creator of The Jack Experience, a complete, unadulterated, unfiltered handbook to university, with all the trimmings.

Imprint: Harper NonFiction
Editor: Lydia Good
Publication: 6 Aug 2020
Format: Paperback
Extent: 256pp

Genre: Self-help and personal development
Themes: Student life

Of note: Jack is a student vlogger with over 145K YouTube subscribers. His videos range from: how to cram for exams; what to pack for university; to ‘the struggles of wearing glasses’; live exam results reactions and exam self-care. He has over 52K Instagram followers and 42K Twitter followers. He presents The Wooden Spoon podcast.

Have the pre-university jitters got you down? Stressing out about what you need to pack? Still confused about the difference between a tutorial and a seminar? Want to make sure you don’t poison yourself the first time you cook?

From dressing as a jellyfish using only bubble-wrap and tape, to setting his microwave on fire with a single piece of toast, Jack Edwards has done it all, and now he’s imparting his wisdom to other potential freshers.

Jack will help calm all your worries, arming you with the tools you need to tackle uni and make the most out of the three years. This book will cover everything you need to know before you head off including sections on making lecture notes and understanding the grading system (why are you suddenly so happy when you get 60%?), making friends and finding people to live with, and even how to do laundry and pay bills.

Filled with helpful tips and tricks, real advice and fun anecdotes, this is the perfect book to turn to whenever university feels a tad overwhelming and you just wish you were back home.
True Life
Hollie’s ex-husband Daniel Capstick-Bedson was funny and charming. At the age of 15 she fell head-over-heels in love, quickly got engaged, and became pregnant. But it wasn’t long before Dan’s dark side surfaced. Controlled and alone, Hollie was beaten and tormented every day before being forced to sell her body with all money going straight to her abuser.

Living in fear for both her and her two children’s safety but unable to escape, Hollie ended up in hospital numerous times after sickening attacks, including being stabbed in the chest and having boiling water poured over her legs. Even so, with Dan always by her side, Hollie could find no way out but then a chance presented itself and she was free to tell the truth in all its horrifying detail... but at what cost?

A heart-breaking story that offers a deeper understanding of coercive control and the bleak reality of domestic abuse, but above all it lays bare the strength of the human spirit and how even true evil can never break it.
Like most children of five, Morwenn Moguerou was scared of monsters; but the monster she was the most afraid of wasn’t the imaginary kind hiding under the bed or lurking in the closet at night. It was one who lived with her and had total control over her – one she and her older brother Gwendal called ‘mum’.

Morwenn’s childhood was marred by her mother’s violence. Between the insults and the blows, Morwenn’s mother taught her a chilling lesson: that one is never safe anywhere.

Yet no one seemed to notice what she was going through: each time Morwenn tried to flee, she was brought back home. As years passed, she became ever more guarded, started acting up in school, and became one of these troubled kids society doesn’t know how to, or want to, handle. But just as she was on the path to self-destruction, she discovered the healing power of music, a discovery that ultimately set her free and helped heal the scars of a traumatic childhood.

Now a successful DJ, actress, model, TV and radio presenter, Morwenn, a.k.a. Ema Stokholma, tells her extraordinary story for the first time. Recounting her journey from traumatic childhood to success and happiness, *For My Own Sake (Per Il Mio Bene)* is the harrowing yet inspiring story of a young woman who defied the odds.
PC Gareth Greaves first met Theo, a German Shepherd, when he was a 14-week-old puppy. Since then they have been inseparable.

The best partner Gareth’s ever had, Theo has saved his handler’s life many times as well as the lives of countless others. In six-and-a-half years of active service, police dog Theo has located, tracked and detained suspects leading to more than 200 arrests. In that time, he has endured broken ribs, been bitten by assailants and been set on fire. From tackling and detaining an arsonist trying to set a house with three children inside on fire, to protecting Gareth from a gang of men with machetes in an armed robbery, Theo’s bravery knows no bounds. Time and time again, he has put his own life at risk to save others.

This is the heart-warming story of one man and his heroic dog – a bond that sees them go above and beyond the call of duty to keep each other safe.
MAX THE MIRACLE DOG
The Heart-warming Tale of a Life-saving Friendship

Kerry Irving

The heart-warming tale of a life-saving friendship between a dog and a man.

‘Are you ready, Max? If anyone’s going to help me do this, it’s you.’

In 2006, Kerry Irving’s life changed forever when a traumatic car accident left him with serious neck and back injuries. He went from cycling over 600 miles a month – taking in the beautiful local scenery of the Lake Districts along the way – to being housebound and facing an uncertain future. Kerry’s injuries left him needing nearly 30 tablets a day and the former salesman was forced to resign from his job. After his accident, Kerry developed severe depression, suffering from panic attacks and even thoughts of suicide.

Living just up the road at the time was Max – an adorable and inquisitive Springer Spaniel – who spent his days confined to a small front garden, not living the life or enjoying the love that every dog should. As part of his rehabilitation, Kerry knew that he needed to venture outside to build his strength, and one day he embarked on the short but, for him, extraordinarily challenging walk to visit Max. This journey marked the beginning of a turning point in both of their lives. Each day, Kerry would visit Max and as his health began to improve, they went on journeys further afield. In Max, Kerry found comfort and motivation, and in Kerry, Max found a caring new owner with whom he could finally explore the outdoors on long, rambling walks.

It took nearly six years for Kerry’s life to get back on track – he retrained as a locksmith and Max became an official therapy dog – and eventually it seemed only right to add to their new family with Paddy, a mischievous and excitable Springer puppy. Now, the trio document their adventures on their successful Facebook page and regularly arrange charity walks – raising money to help others through their darkest days.
Surviving the Storms brings together incredible first-hand accounts of rescue missions carried out by Royal National Lifeboat Institution’s volunteer crew, as well as recollections from the survivors themselves.

In this collection of heart-wrenching and life-affirming missions, we hear blow-by-blow accounts of some of the most dramatic rescues from the last 20 years. We see through the eyes of the crew as they must make life-or-death decisions; face fierce conditions; and often put their own safety at risk.

However, we also see the optimism, passion and courage that is crucial to a successful rescue, and experience the genuine joy felt by the volunteer crews to be a part of something so important.

Each extraordinary story is one of bravery, jeopardy and an unrelenting human compassion to battle the forces of nature and to save every life. Volunteers are the bloodline of the RNLI – men, women, husbands, wives, fathers, mothers – all risking their safety to protect perfect strangers.

Ordinary people doing the truly extraordinary.
Oskar’s school teacher raises the alarm. Oskar’s mother is abroad and he has been left in the care of ‘friends’, but has been arriving in school hungry, unkempt, and with bruises on his arms, legs and body. Experienced foster carer Cathy Glass is asked to look after him, but as the weeks pass her concerns deepen. Oskar is far too quiet for a child of six and is clearly scared of something or someone.

And who are those men parked outside his school watching him?
Harley, 13, has been sectioned under the mental health act after attempting suicide. She was spotted climbing the railings on a footbridge that crossed a busy motorway and pulled to safety by a member of the public. After six weeks in hospital, social services are looking for a short-term placement so she can be kept safe while family therapy takes place. Harley has a family – a widowed mother and an older sister, Milly, who left home with her long-term boyfriend just over a year ago. There is no prospect of Harley going home just yet though, as her mum, who has learning difficulties and addictions issues, feels she cannot cope. So she arrives with Casey and Mike under a twenty-eight day care order.

As Harley tries to hurl herself out of the moving car on the way home, it quickly becomes clear she is in urgent need of help. Three weeks into the placement, after Harley has made various attempts to abscond, it seems like zero progress is being made. Then all of sudden there is an unexpected breakthrough, and light at the end of a long dark tunnel, but only once Harley is finally able to share the truth about the abuse she suffered at the hands of a very dangerous man.
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